





# Table of Contents

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- 2 Strategic Direction
- 3 Message from the Chair & Executive Director
- **4 Key Successes**
- 5 Our Impact

#### **Program Highlights**

- 6-7 Newcomer Settlement Program (NSP)
- 8 Employment Program
- 9 Reduce Abuse
- 10 Prevention of Type 2 Diabetes Program
- 10 Financial Literacy & Women Empowerment
- 10 Art Classes & Program
- 11 Elderly Person's Centre
- 11 Aging at Home Program
- 12 Community Kitchen
- **12 Youth Summer Programs**

#### **Social Enterprise Highlights**

- 13 Rivint Interpretation & Translation Services
- 13 I Wurk
- 16-17 Financial Statements
- **18 Board of Directors**
- 19 Volunteers, Funders & Supporters
- 20-21 Community Partners



### **Our Vision**

Immigrant and newcomer women, seniors and families achieving their full potential.

### **Our Mission**

Empowering immigrant and newcomer women, seniors and families through advocacy and services focused on promoting healthy families, community relationships and economic self-sufficiency.

## **Objectives**

At the Centre, we support immigrant and newcomer women, seniors and families by:

- working with our partners in the law enforcement and justice sectors to reduce the incidence of domestic violence
- working with our partners in the public and private sector to diminish the conditions of isolation and poverty
- connecting those who experience linguistic or cultural challenges to support programs and services
- collaborating with other organizations to address educational, cultural and linguistic issues
- assisting with their settlement and integration into Canadian society as respected and contributing members.

## **Our Strategic Direction 2015-18**

## **Enhance and Expand the Quality of Services**

The Elspeth Heyworth Centre for Women will maintain our current services and our levels of service. We will focus any growth and development on the priority needs of seniors and women in our community.

#### **Advocacy**

We will raise public awareness about the issues of domestic violence and abuse of immigrant and newcomer women. We will do this by building and strengthening our partnerships with community stakeholders who share a common interest in addressing these issues.

#### **Infrastructure**

We will grow stronger as an organization and be able to better serve our community by building up the talent and expertise of our staff. We will preserve our funding relationships and also explore new funding opportunities.

# Message from the Chair & Executive Director

#### Dear Members & Friends,

This year has been a landmark year for the Elspeth Heyworth Centre for Women. We are celebrating our 25th Anniversary of delivering award winning, responsive community service and our successful accreditation as an organization. Notably, Social Planning Toronto acknowledged our outstanding community services with the 2017 Frances Lankin Community Services Award!

But we aren't resting on our laurels! Our key successes and growth areas this year include:

#### **Empowering women:**

We held our annual celebration of International Women's Day at Vaughan City Hall where we brought a diverse group of women together to highlight their achievements, hear from each other and to strengthen their personal and



Mary Boushel Chair



Sunder Singh
Executive Director

professional networks. We also continue to work closely with our wonderful partners at Toronto Police Division 31 team to provide support and empower our female clients to better understand their rights and responsibilities.

#### Supporting newcomers and immigrants:

Our Newcomer Settlement Program offered assistance to refugees and helped them find permanent Canadian residency. We also helped newcomers and immigrants find their way through complex processes while encouraging them to respect and understand the rich diversity this country offers.

#### Increasing employment opportunities:

We helped more low-income community members find meaningful employment and continued to provide employment opportunities to internationally trained professionals through our social enterprise RivInt Interpretation and Translation Services. RivInt performed excellently this year, thanks to our dedicated staff.

#### Supporting seniors:

Seniors attending our programs this year learned how to take care of themselves, made new friends and explored their creative sides.

#### **Enriching lives:**

Our Peacock Art Studio helped women, youth and seniors explore art in our space and with trips to the McMichael's Canadian Art Collection and the Royal Ontario Museum.

#### Strengthening community:

This year we held our first Peacock Walk, which brought a broad range of our community members together to get to know each other while getting some exercise. We also heard powerful stories of how the Centre has played a key role in transforming the lives of women and their families at our annual Peacock Ball, and our Annual General Meeting.

## Key Successes in 2016-17

## **Awards and Recognition**

As in years past, we have been recognized for the excellent quality of service we deliver. This year:

- our Executive Director received the 2017 Frances Lankin Community Service Award from Social Planning Toronto
- we marked 25 years of services in the community
- we are operating as a fully accredited community-based social service organization
- We held our first Peacock Walk to raise funds for our community programs.

## **Program Successes**

Notable program successes this year include:

- 14,970 visits by seniors participating in health promotional and art activities
- 376 people who were at-risk for developing Type 2 diabetes received health education
- **151** women received support through the Reduce Abuse Program.
- 68 people secured meaningful employment with our support.
- 23% increase in social enterprise sales.
- Restored permanent residencies of 2 clients.
- Assisted client in the removal of criminal charges from her record.

## **Raising Awareness**

We conducted 3 focus groups with 57 women to raise awareness of social stigma associated with domestic violence.

### **Celebrations**

We hosted our 4th International Women's Day in partnership with the City of Vaughan and participated in the Festival of Lights held at Vaughan City Hall.





## **Our Impact** Program Successes

We believe strong women equal a strong community. We empower and build collective capacity. We believe that when we invest in newcomer and refugee women and girls, we help support individuals, our community and Canadian society. Even more importantly, this investment has lasting positive effects on the next generation.

Whether it is finding a safe, affordable place to live, being admitted into a post-secondary program, progressing on their healing journey, sharing their stories to reduce domestic violence and abuse, gaining meaningful employment, or completing school, the newcomer and refugee women who come to the Centre make it happen in their own lives, on their own terms.

Why do women keep coming back to the Centre, year after year? In addition to it being a safe, non-judgmental place to access culturally appropriate support and services, ehcw enables newcomer and refugee women and their families to build strong ties with their new communities while learning new skills and enhancing existing ones.

"Thank you for your excellent and professional service. We greatly appreciate what you have done. The center is the best community center in our area. Every month we also get groceries and heathy food from the centre. Being new in Canada, it's a huge support for us." R.S.



# Program L Highlights

## **Supporting Newcomer Women and Families**

#### **Newcomer Settlement Program (NSP)**

Funded by Ministry of Citizenship & Immigration

Our settlement services support clients by:

- helping them navigate the settlement process
- creating opportunities for them to overcome their challenges
- linking them to other service providers to develop their strengths
- creating an environment that allows them to live a meaningful and enjoyable life in Canada.

#### **Our Successes**

- **1,380** One-on-one settlement counseling
  - **921** New clients accessed settlement services
  - **713** Clients who participated in settlement related workshops/group sessions
  - **52** Settlement related workshops/group sessions



"Excellent and cooperative staff. I am fully satisfied with the services offered by my counsellor - Susmita. She gave me exact information in respect of sponsorship application for my husband and assisted in completing that application- almost 6 to 7 different forms which helped me getting his permanent residency of Canada within one and half years. Simply Susmita is the best. I am grateful to you that you helped me achieved my dream of staying together with my husband and my family."







#### **Employment Program**

Our program has helped participants from Toronto and Vaughan become job ready. We continued to raise awareness and hope within the Filipino community and women's shelters about how the Canadian labour market works and how newcomers and refugees can adapt to the system. We provided one-on-one counselling and emotional support throughout the stressful search for a job. Clients attended job search workshops and training sessions. They also developed their resume writing and interviewing skills. Employers who participated in our job fairs hired our clients.

#### **Our Successes**

- **345** Employment Registrants
- **68** Participants hired for gainful employment
- **32** Partnerships with employers
- 4 Job Fairs

"It was very much motivational! The meeting was very helpful for my job searching... helped me to be more focused and modify my strategies according to specifics of the Canadian job market." M.P.

"The session was really helpful in updating my resume. I'm better aware that I can job search on my own, and not to depend too much on employment agencies, making money out of job seekers. I'm better aware which career is on demand that fits my skills and goals." A.L.

"I'm satisfied, because the facilitator was very helpful in explaining how to search for jobs. I have to do more active job search in order to get a job." K.S.

"The coaching session addressed all my concerns and have given me resources that will enhance my job search and interview success. I learned the importance of planning ahead and having a good action plan." V.S.

"I feel empowered and confident, with my temporary situation. I learned more details re: resume writing." D. S.W.

#### **Reduce Abuse Program**

In partnership with Toronto Police Service - 31 Division.

We are grateful to Noland Merrick, Immigration Lawyer; Aman Patel, Criminal Lawyer and Uzma Akhtar, Family Law Lawyer for their contributions in assisting clients facing domestic violence, with their legal issues.

Our program transforms victims of domestic violence into survivors by building their self-confidence and helping them become more independent. It has empowered women to summon the courage to escape the psychological and socio-economic controls imposed upon them by their abusers, breaking the cycle of violence.

#### **Our Successes**

151 Clients

#### Shelena's Story

Shelena came to ehcw to receive counselling and assistance to apply for subsidized housing. She needed furniture. ehcw helped her to connect with the Furniture bank.

Shelena was born and brought up in Canada to a family that raised her with love and care. Her parents gave her a wonderful gift of self-confidence. While studying for Food and Nutrition diploma, she met her prince charming, whom she dated for 2 years. She completed her studies and became a nutritionist, while he failed to complete his education. He started a full-time job in a warehouse. Shelena encouraged him to complete his studies and offered to support him. He declined but promised to complete his studies later after she agreed to marry him. She accepted his proposal and they were married.

As the time passed, he displayed lots of anger and jealousy, as Shelena had a better job than him. She offered to manage the household, while he could be the bread earner. He accused her for putting him down and insulting him. He later apologized and admitted his mistake. After 4 years into their marriage, Shelena was pregnant. Her husband did not accept the arrival of the baby. Shelena's life began to change. Her husband began to abuse her verbally.

When their child was 4 years old, her husband lost his job and went into depression. During arguments, he physically choked her and beat her. He reduced her life to that of a prisoner. She could only do what he permitted her to do, i.e. what and when she ate, when they slept and what they watched on TV. She was not to socialize with anyone, but she could, however, go to work. This he permitted, so that she could bring in money into the household. Shelena was aware that she was physically, emotionally and financially abused.

To protect herself and her son, one day she yelled back. He pushed her to the ground and screamed, until their son woke up frightened. He left home and came back drunk, locked his son in a room and threatened to kill the child if she interfered. He pulled her hair and kicked her in her stomach and left the house again. With severe abdominal pain, she began to bleed. She called 911 and reported the abuse. She was admitted to the hospital where she miscarried her second baby. Her health was affected and she was forced to leave her job. For 7 years, Shelena tried to save her marriage. In the process, she lost her self-esteem and confidence.

ehcw provided her with counselling support and assisted her in applying for subsidized housing. She received food and clothing and participated in empowerment workshops and group sessions. Shelena has moved to her subsidized apartment and is dealing with her health issues. She expressed that she was reborn and happy to live her life again with the support she got from ehcw.

In her words "I cannot say enough good things about Center! Their dedication to support the needy families and single mothers like me, is beyond expression. It gives families hope for a better tomorrow."

#### **Testimonials:**

"I want to express my thanks and gratitude, for the help you gave to me when I accessed your counselling and other settlement services. I am at present waiting for my divorce, staying with my daughter, attending school and enjoying my student life and it wouldn't be possible without your support in teaching me in believing my inner strength and maintain a positive outlook." M.N.

#### **Financial Literacy and Women Empowerment Program**

#### Supported by Royal Bank of Canada

Our financial literacy and empowerment program teaches participants how to manage their personal finances and become more self-reliant. It informs them of the wide range of financial services available and techniques on how to avoid unfavourable lending practices.

#### **Our Successes**

713 Clients participated

#### **Testimonial**

"The workshops were very useful. I know how to build my credit history. I know the importance of savings and budgeting my monthly expenses." P.G.

#### **Prevention of Type 2 Diabetes Program**

One Step At A Time Program – In partnership with Toronto Public Health

This health and wellness program focuses on diabetes prevention. It promotes the message: "Learn, Laugh and Live Healthy." Participants set personal goals to live a healthy lifestyle by eating healthy with regular exercise and weight management and receive information and coaching to support their progress.

#### **Our Successes**

376 Participants

#### **Testimonial**

"This program has taught me how to eat healthy and keep myself physically active and reduce the risk of developing type II Diabetes. I enjoy the program because I have met many people who also struggle with diet and exercise. We share healthy recipes and motivate each other to exercise. I now read food labels. I am looking forward to a long, healthy life with my children and grandchildren." E.R.



#### **Art Classes**

#### Supported by Ontario Trillium Foundation and the City of Vaughan

Led by artist Minal Kulkarni, this program instills a sense of creativity within participants and inspires seniors, women and young people in Toronto and Vaughan to express their ideas through art.

#### **Our Successes**

3,660 Drop-in Visits

**315** Women and Seniors Engaged in Art Sessions

**26** Youth Engaged in Art Sessions

#### **Testimonial**

"I have always wanted to be an artist, but never had time to pursue my dreams. At the centre, I have a chance to express and showcase my talents. During art class, I do many kinds of arts and crafts, so it is never boring. The centre has a friendly environment that allows me to socialize. Art keeps me busy, calm and peaceful. Minal is a great teacher, she is generous and social. She keeps a friendly environment for all of us. The art classes are multicultural. I've had a chance to meet people and socialize, while feeling at home." L.P.



## **Supporting Seniors and Youth**

#### **Elderly Person's Centre**

#### Funding provided by Ministry of Health and Long-Term Care

Seniors in Vaughan participate in a wide variety of activities that encourage a healthy lifestyle. They participated in regular brain stimulating games, exercises, line-dancing, community gardening, English conversation, computer training, workshops, yoga and congregate dining. Our activities are delivered from our satellite office at the Blue Willow Activity Centre as well as from the Vellore Village Community Centre.

#### **Our Successes**

- 14,970 Client Visits
  - **840** Total program participants
  - **265** Client attendees at workshops and group sessions
  - **168** Seniors in Yoga and Line dancing participants
  - 148 Exercise and Functional Fitness participants
  - **102** Volunteers
    - **65** English conversation and computer classes
  - **16** Home and community garden participants
  - 4 Educational trips

#### **Testimonial**

"EHCW has provided a great and friendly environment. I enjoy coming to exercise, yoga and computer classes at the centre. Bianca is a helpful and caring computer teacher. Minal is energetic and is always ready to listen and makes everyone feel welcome personally. Classes are welcoming and enjoyable. I learned a lot while at the centre. There are so many activities to get involved in, such as computer classes, yoga, cooking and exercise classes." A.P.

#### **Aging at Home Program**

## Funding provided by Central Local Health Integration Network with special acknowledgement of the Seniors Community Program

This program provides recreational activities for seniors that nourish body and mind. Our seniors participate in mentally stimulating games, discussions on current events, physical exercise programs, yoga, healthy cooking, community events and festivities.

#### **Our Successes**

- **4,400** Visits to seniors programs
  - **360** Senior participants in outdoor activities and trips
  - **320** Clients served
  - **76** Health promotional workshops
  - **30** Senior Volunteers

#### **Testimonial**

"I like everything of this program all the activities happening here, I like meeting people socializing, playing games, exercising, information regarding different diseases, we get nice food, soup, biryani, noodles and so many other things to eat and drink. Samra is very nice and intelligent girl. She loves us so much and she makes us so happy and joyful always, we are seniors living alone, sometimes we are feeling very depressed and lonely. We feel lively and happy when we come to this program, in the morning when we wake up we just look forward to coming upstairs to join the program." B.D.



#### **Community Kitchen**

#### In partnership with North York Harvest Food Bank

This program gives seniors a taste of a variety of healthy dishes while teaching them how to create the flavorful and nutritional meals at home. The goal is to make healthy cooking not only easy, but an enjoyable aspect of our participants' lives.

#### **Testimonials**

"I am refugee from Sri Lanka. Community kitchen program provided by ehcw is a great help for me and my children. This is a great opportunity for us to have healthy food free of charge and learn different ways to cook healthy food with in small budget." K.R.

"Being a member of low income family, I really appreciate the community kitchen program. Its very helpful in every session I learned new healthy recipes and get healthy food I get chance to make new friends." J.K.

#### **Youth Summer Programs**

Our young people participate in a variety of activities during the summer including:

- study programs in English, math and science
- outdoor physical games
- arts and crafts
- computer skills training
- food preparation and cooking
- watching movies.

#### **Our Successes**

42 Youth Participants

#### **Testimonials**

"I wanted to take a moment to recognize the Youth Program my kids have been attending for last three years at Elspeth Heyworth Centre for Women.

I have developed a long lasting relationship with the team of Elspeth Community center. The Youth Program focuses not only on strengthening the academics but also engaging our kids in fun activities and arts/crafts. I also want to take an opportunity to thank Minal for providing the leadership, support and guidance to the young children and giving her time/talent for extra support. Her efforts are inspiring! She also plays an instrumental role in the safety, success and well-being of our kids. My kids look forward to attending the youth program every summer as they make new friends and learn new skills." P.G.



### Social Enterprise Successes

The Centre operates two social enterprises that generate crucial core funding for the organization. The income we generate goes to fund programs and services for refugee, immigrant and newcomer women and their families at the Centre. In addition, our social enterprises create jobs for clients from the Centre who undergo rigorous training to become interpreters and translators and to develop their artistic talents. By choosing these enterprises as your service provider you provide much needed support to our community.

#### **RivInt Interpretation & Translation Service**

At RivInt we envision a world where anyone is perfectly understood in any language.

Our mission is to deliver outstanding interpretation and translation services that are accurate, timely, affordable and create a shared understanding among people. We maintain a strict adherence to quality of interpretation services by ensuring that all interpreters are trained and certified through CILISAT/ILISAT (Cultural/ Interpreter Language and Interpreting Skills Assessment Test).

Learn more at our website at www.rivint.ca

#### **Our Successes**

**900** active interpreters

**112** Languages and dialects

#### **Testimonials**

"We were extremely satisfied with the quality of work provided by RivInt - their level of professionalism, availability of required languages, prompt communication, and quick turnaround. As a social enterprise it was very important for us to partner with organizations with a mandate to create positive social impact, so we are very happy to have found RivInt to meet all of our translation and voice recording needs!" V.B.

#### **I Wurk**

I Wurk creates and sells handmade crafts which make great gifts for those looking for one-of-a kind items to give to a loved one at a wedding, birthday, holiday or any special occasion. Make an appointment to visit and view the handmade crafts. All sales go toward our programs that support survivors of domestic violence.

























## **Financial Statements**

STATEMENT OF FINANCIAL P	OSITIC	ON	
AS AT MARCH 31, 2017	7		
<u>ASSETS</u>			
CURRENT Cash Short-term Investments (Notes 2 and 9) Accounts Receivable Grants Receivable Prepaid Expenses	\$	2017 95,621 80,571 44,834 30,269 7,204	\$ 2016 76,096 79,758 57,336 22,689 3,400
CAPITAL ASSETS (Note 3)	\$	258,499 31,037 289,536	\$ 239,279 42,108 281,387
CURRENT  Accounts Payable and Accrued Charges Source Deductions Payable HST Payable Deferred Operating Grants (Note 4)	\$	28,552 3,349 683 - 32,584	\$ 37,934 - 1,876 11,250 51,060
<b>DEFERRED CAPITAL GRANTS</b> (Note 5)		14,067	20,473
FUND BALANCES	\$	242,885 289,536	\$ 209,854

#### STATEMENT OF OPERATIONS

### FOR THE YEAR ENDED MARCH 31, 2017

	<u> 2017</u>	<u> 2016</u>
REVENUE Fees for Services	\$ 320,300	\$ 260,263
Less: Interpreter Fees (Note 15) Net Fees for Services Revenue	$\frac{(182,518)}{137,782}$	<u>(141,777)</u> 118,486
Grants (Note 6)  Donations and Fundraising  Other Income	407,509 77,414 2,478 625,183	376,364 90,463 3,140 588,453
EXPENSES  Professional Fees Administration Fundraising Activities Occupancy Program Supplies Staffing	9,795 40,662 3,778 40,209 34,712 458,332 587,487	10,699 33,309 10,376 40,579 36,197 451,413 582,573
EXCESS OF REVENUE OVER EXPENSES BEFORE AMORTIZATION	37,696	5,880
AMORTIZATION (Note 7)	(4,665)	(5,361)
EXCESS OF REVENUE OVER EXPENSES	\$ 33,031	\$ 519



# Board of Directors

2016-2017

# Leadership & Operations

#### **Executive Committee**

Mary Boushel, Chair Niya Bajaj, Vice-Chair Carolyn Hibbs, Secretary Meezan Kotylo, Treasurer

#### **Members**

Alicia Mondesire Alok Mukherjee Michael Mladjenovic Michael Denyszyn Rose Savage Sona Dhawan

#### Media Sponsors

The Indian Diaspora SNAP

#### Staff

Sunder Singh, Executive Director
Maria Kritskaia, Administrative Coordinator
Susmita Vaidya, Settlement Coordinator
Samra Hafeez, Seniors Program Coordinator
Minal Kulkarni, Art Program Coordinator
Irina Koroleva, Social Enterprise, RivInt Program Coordinator
Parto Hojja, Employment Coordinator
Farha Sohani, Staff Artist and Employment Support
Afusat Osujoye, Social Enterprise, RivInt Program Support

#### **Community Advisor**

Mirella Tersigni, Culture and Community Development, City of Vaughan



## Our Volunteers

In addition to the tremendous work done by staff and the Board of Directors, the Centre was supported by dedicated volunteers who contributed significantly to our work. Our volunteers support multiple activities including:

- planning and organizing programs
- monitoring and assisting youth in outdoor activities
- participating in and training youth for talent shows
- preparing healthy food for seniors' communal dining
- organizing trips for seniors
- •helping staff with loading and unloading program materials for off-site activities
- supporting the planning an execution of our signature fundraiser, the Peacock Ball

In 2015-16, 200 volunteers gave their time, energy, and passion to make ehcw strong. In total, they contributed 9,600 volunteer hours!

#### **Special Mention Volunteers**

David Di Benedetto, Bianca Fernando, Keshubhai Chaudhari, Kalidas Patel, Arvind Narale, Ramesh Bajaj, Sagar Kulkarni.

# Funders & Supporters

The Elspeth Heyworth Centre for Women is grateful for the valuable support we received from our funders, supporters and partners.

#### **Federal Funders**

Service Canada

#### **Provincial Funders**

- Ontario Ministry of Citizenship, Immigration and International Trade
- Ontario Ministry of Health and Long-Term Care
- Ontario 150

#### **Municipal Supporters**

- City of Toronto
- Toronto Public Health
- Toronto Central Local Health Integration Network
- City of Vaughan
- York Region Employment and Social Services
- Toronto Police
- York Region Police

#### **Donors and Sponsors**

- RBC Financial Group
- Scotiabank

#### **Foundations**

- Ontario REALTORS Care Foundation
- Ontario Trillium Foundation
- RBC Foundation

#### Supporters

- Nork York Harvest Food Bank
- Vaughan Food Bank
- Toronto Community Housing
- Jane/Finch Community and Family Centre
- WindFall
- Housing Help Centre

2016-2017

## **Community Partners**

211 Toronto

Access Alliance

Addiction Services for York Region

AlLIA – Association de l'Industrie de la Langue

Anduhyaun Inc.

Assaulted Women's Help Line

Barbara Schlifer Commemorative Clinic

Black Creek Community Health Centre

Black Creek Micro Loan Fund

Black Creek West Comm. Capacity Building Project

Brands Canada

Canada Revenue Agency

Canadian Armed Forces

Canadian Breast Cancer Foundation - Ontario

Canadian Mental Health Association

Caregiver Ministry

Centre for Addiction and Mental Health

City of Toronto, Parks, Forestry and Recreation

City of Vaughan, Recreation and Culture

Community Living York South

**Community Shared Services** 

**COSTI** 

Delta Family Resource Centre

Digital Net Systems\*

Doorsteps Neighbourhood Services

**Dress for Success** 

Emery Village BIA\*

FilTown

Focus Rexdale

Home Depot

Housing Help Centre

India Rainbow Community Services\*

ISSO Cultural Centre

Coro Italia Toronto

Jane/Finch Community and Family Services

Jane and Finch Community Legal Services

Jane-Finch Community Ministry

Jane Medical Pharmacy

John Howard Society of Toronto

JRCC Furniture Depot

JVS Toronto

Kiwanis Club

Next Steps Employment Centre

Northwood Neighbourhood Services

North York General Hospital

North York Harvest Food Bank

North York Sikh Temple

**OCASI** 

OCCI

Ontario Realtors Care Foundation

Pain and Wellness Centre, Vaughan

Priya Import and Export Services

Regional Municipality of York

Ronnie's Helping Hand Homecare

Royal Bank of Canada

Ryerson University, Faculty of Urban Planning &

**Community Services** 

South Asian Executive Directors (SAED)

SAVI

San Romanoway Community Services

Scotiabank

Seneca College

**SNAP** 

St. Joseph's Health Centre Toronto

The Sensei Group

Toronto Community Housing Corporation

Toronto District School Board

Toronto Employment and Social Services

Toronto Housing Connection

Toronto Police Service 31 Division

Toronto Public Health

Toronto West Local Immigration Partnerhsip

University Health Network

Vaughan Community Health Centre

Victim Services Toronto

Vaughan Food Bank

Vaughan Libraries

vaughan Libranes

Vellore Village Community Centre

Welcome Pack Canada

Women's College Hospital

Women's Healthy Environment Network

Woman Abuse Council of Toronto

York Regional Police

York University





















































## Make a Gift

To make a secure online donation, please visit

#### www.ehcw.ca

Your support is extremely valued! Donations of all sizes allow us to continue to support newcomer women and their families gain life-enhancing resources, develop their skills, meet other women and build our collective capacity. As a nationally registered charity your generous donation will be eligible for a tax receipt. The Centre offers donors a number of options to continue to support our important award winning work in the community:

#### **Monthly Giving**

Our monthly giving program is a safe, secure, and convenient way to put your money to work automatically each month. At the end of the year you will receive a tax receipt for total value of all your donations.

#### **Annual Gifts**

You can make general gifts to support the work of the Centre at any time throughout the year. Gifts will receive a tax receipt subject to CRA regulations.

#### **Honourary or Memorial Giving**

Celebrate a special person in your life by making a gift in their honour, or in their memory. The Centre can arrange for a card with your personalized message to be sent to anyone you would like notified of your gift.

#### **Corporate Support & Foundations**

To learn more about the Centre's work and opportunities for support and longer term giving, please contact the Executive Director (info@ehcw.ca) or call (416) 663-2978 for more information.

#### **Bequests**

These are gifts made through your will and are the most common form of planned gifts. You can give a specific piece of property, a sum of money, or a percentage of your estate. It's important to choose the planned giving option that is best for you. The Centre recommends that you consult an attorney and/or financial planner to help you decide and make the necessary arrangements for you to begin your legacy.

#### **Gifts of Securities**

Donating appreciated stocks, bonds, and mutual funds is the most tax effective way to make a gift to a registered charity. Whether you donate cash or appreciated securities, you will receive a tax receipt that is eligible for a tax credit.

CHARITABLE REGISTRATION NUMBER: 139096135RR0001