

ANNUAL REPORT

2017-18



IMMIGRANT AND NEWCOMER WOMEN, SENIORS AND FAMILIES ACHIEVING THEIR FULL POTENTIAL.

Accredited by
Canadian Centre
for Accreditation



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Centre canadien
de l'agrément



ehcw

Elspeth Heyworth
Centre for Women

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ABOUT US

Our Vision

Immigrant and newcomer women, seniors and families achieving their full potential.

Our Mission

Empowering immigrant and newcomer women, seniors and families through advocacy and services focused on promoting healthy families, community relationships and economic self-sufficiency.

Objectives

- At the Centre, we support immigrant and newcomer women, seniors and families by:
- Working with our partners in the law enforcement and justice sectors to raise awareness of individual rights and reduce the incidence of domestic and intimate partner violence
 - Working with our partners in the public and private sector to reduce poverty and isolation while empowering our clients to become more financially literate
 - Connecting those who experience linguistic or cultural challenges to support programs and services
 - Collaborating with other organizations to address educational, cultural and linguistic issues
 - Assisting with their settlement and integration into Canadian society as respected and contributing members

STRATEGIC DIRECTION

Enhance And Expand The Quality Of Services

Empowering immigrant and newcomer women, seniors and families through advocacy and services focused on promoting healthy families, community relationships and economic self-sufficiency.

Advocacy

We will raise public awareness about the issues of domestic violence and abuse of immigrant and newcomer women. We will do this by building and strengthening our partnerships with community stakeholders who share a common interest in addressing these issues.

Infrastructure

We will grow stronger as an organization and be able to better serve our community by building up the talent and expertise of our staff. We will preserve our funding relationships and also explore new funding opportunities.

MESSAGE FROM THE CHAIR OF THE BOARD AND INTERIM EXECUTIVE DIRECTOR



NIYA BAJAJ
CHAIR



SHIRIN MANDANI
INTERIM EXECUTIVE DIRECTOR

This year has been a year of transition and growth for the Elspeth Heyworth Centre for Women. We have seen remarkable growth in our partnerships with organizations in the City of Toronto and the City of Vaughan. Notably, we received funding to launch a new multimedia awareness campaign to start to shift attitudes in a culturally sensitive way in order to reduce domestic violence and intimate partner violence.

We have also seen transformational growth within the organization as we built internal capacity in resource development, design, and communications. We refreshed our physical spaces by adding a kitchen to our location at Finch and Weston, and by setting up a more formal gallery space at our Blue Willow location. We continue to grow during this time of transition and invite you to join us as we start work on our next strategic plan.

OUR KEY SUCCESSES AND GROWTH AREAS THIS YEAR INCLUDE

EMPOWERING WOMEN

We held our annual celebration of International Women’s Day at Vaughan City Hall where we brought a diverse group of women together to highlight their achievements, hear from each other and to strengthen their personal and professional networks. We also continue to work closely with our partners at Toronto Police to provide support and empower our female clients to better understand their rights and responsibilities. In addition to a successful social media campaign to raise awareness of women’s rights and resources in March 2018, we are also developing a multimedia campaign that will build on that work and better connect newcomer and immigrant women with resources in their communities.

SUPPORTING NEWCOMERS AND IMMIGRANTS

Our Newcomer Settlement Program continues to offer assistance to women from diverse backgrounds and helped them apply for permanent Canadian residency. We continue to work with newcomer and immigrant women and families as they find their way through complex processes while encouraging them to respect and understand the rich diversity this country offers.

INCREASING EMPLOYMENT OPPORTUNITIES

We helped more low-income community members find meaningful employment and continued to provide employment opportunities to internationally trained professional through our social enterprise RivInt Interpretation and Translation Services. RivInt performed excellently this year, thanks to our dedicated staff.

SUPPORTING SENIORS

Seniors attending our programs this year learned how to take care of themselves, made new friends, shared meals, participated in celebrations and explored their creative sides.

ENRICHING LIVES

Our Peacock Art Studio helped women, youth and seniors explore art in our space and with trips to the McMichael’s Canadian Art Collection and the Royal Ontario Museum.

STRENGTHENING COMMUNITY

This year we held our annual Holi, Canada Day and Navaratri events, which brought a broad range of our community members together to get to know each other while trying new dance steps, exploring traditional cultural foods and getting some exercise. We also heard powerful stories of how the Centre has played a key role in transforming the lives of women and their families at our last year’s Annual General Meeting.

AWARDS AND RECOGNITION

As in years past, we have been recognized for the excellent quality of service we deliver. This year:

- Our Executive Director (currently on leave of absence) was appointed as Regional and Local Councillor for the City of Vaughan
- We marked 25 years of services in the community
- We continue to operate as a fully accredited community-based social service organization
- We were in receipt of Mayor's Generosity Fund to support the programs and services for Vaughan location



PROGRAM HIGHLIGHTS & SUCCESSES

Raising Awareness

We conducted weekly focus group discussions and social media campaigns to raise awareness on social stigma associated with domestic violence. We were invited to speak on Global TV on violence against newcomer women.

Celebrations

We hosted our 5th International Women's Day in partnership with the City of Vaughan and participated in the Festival of Lights held at Vaughan City Hall. We hosted Festival of Colours at Vellore Village, Vaughan engaging 400 residents and building a more connected community.

We believe strong women equals a strong community. We believe that when we invest in newcomer and refugee women and girls, we help support individuals, our community and Canadian society. Even more importantly, this investment has lasting positive effects on the next generation.

Whether it is finding a safe, affordable place to live, being admitted into a post-secondary program, progressing on their healing journey, sharing their stories to reduce domestic violence and abuse, gaining meaningful employment, or completing school, the newcomer and refugee women who come to the Centre make it happen and they take charge of their own lives, on their own terms.

Why do women keep coming back to the Centre, year after year? In addition to it being a safe, non-judgmental place to access culturally appropriate support and services, ehcw enables newcomer and refugee women and their families to build strong ties with their new communities while learning new skills and enhancing existing ones.



"Thank you for your excellent and professional service. We greatly appreciate what you have done. The center is the best community center in our area. Every month we also get groceries and healthy food from the centre. Being new in Canada, it's a huge support for us." R.S.

SUPPORTING NEWCOMER WOMEN AND FAMILIES

Newcomer Settlement

Funded by Ontario Ministry of Citizenship, Immigration and International Trade

Our settlement services support clients by:

- Helping them navigate the settlement process
- Creating opportunities for them to overcome their challenges
- Linking them to other service providers to develop their strengths
- Creating an environment that allows them to live a meaningful and enjoyable life in Canada

EMPLOYMENT

Our program has helped participants from Toronto and Vaughan become job ready. We continued to raise awareness and hope within the community and women's shelters about how the Canadian labour market works and how newcomers and refugees can adapt to the system. We provided one-on-one counselling and emotional support throughout the stressful search for a job. Clients attended job search workshops and training sessions. They also developed their resume writing and interviewing skills. Employers who participated in our job fairs hired our clients.

OUR SUCCESSES

- Gainful partnerships with employers who hired ehcw clients: 42
- Number of clients who gained employment: 49
- Number of employment registered clients in Toronto and Vaughan: 119
- Number of workshops conducted: 40
- Total Job Fairs conducted in Toronto: 4

HERE IS WHAT THE CLIENTS SAY

"I got assistance in my resume writing, cover letter writing, and job search. They arranged appointments and listen to all the questions and helped me by discussing and guiding me in proper direction, what to do and what not to do as a newcomer. They guided me about the Canadian job market and how to start career, new life in Canada" - SP

In addition to supporting program participants secure appropriate, meaningful employment, we continue to employ women with diverse educational backgrounds and training to deliver our programs and services. Our approach to empowering women from all walks of life is evident in our organizational policies and practices, as well as in our programs. We support our staff with opportunities for them to use their existing skills and gain new ones, while providing them with valuable experience in the Canadian labour market.

HERE IS WHAT OUR STAFF SAY

"I first became acquainted with Elspeth Heyworth Centre for Women as a student in the summer of 2017. I was in the final year of my Bachelor of Social Work degree at Ryerson and was searching for a non-profit organization that aligned with my views with whom I can complete my placement hours with. At that point I was very unfamiliar with EHCW and was not aware of the work that they did on a personal level. I was given the opportunity to work as a summer student with the organization as a day camp counsellor and in that position, I was able to familiarize myself with this organization and slowly come to know of the work that EHCW does. My background in social work stems from my passion to empower women and newcomers and soon enough I realized that everyone at this organization works towards the same passion. Once I began my placement, I was able to gain frontline experience at every capacity that this organization offers and truly interacted with the community members that utilize the centers program's and services. Working with the settlement clients made me aware of the multiple barriers they face as newcomers to this country. Furthermore, it made me aware of how important our services/programs are and how they truly promotes and encourages de-isolation, community integration and empowerment. The impact that this center and its staff had on its clients was evident in the strong community bond that was built as a result. Whether it be the newcomers that seek settlement services, the senior women who participate in the weekly programs or those who request the translating services of RIVINT, empowerment takes place in all facets of this organization. EHCW truly goes above and beyond to ensure that the needs of their clients are being met. Now that I have completed my degree, I am privileged to have the opportunity to be a Women's Program Coordinator in an organization that aligns with my views and passions and continue the great work that this center is doing by making a positive difference in the lives of others." - Michelle Amaladas (July 5th, 2018)

"My name is Sediqa Nawrozian and I am a community service worker at Elspeth Heyworth Centre for Women. It was difficult for me to live without social activities and trying to find work without Canada's education and work experience. I went to LINC classes to improve my English and tried my best to adapt to the community. Within six months I wanted to integrate into the community so I began volunteering. I was referred to Elspeth Heyworth Centre for Women.

I began attending meetings with colleagues and building capacity at workshops. Slowly, I began integrating into the community and believing that I can work for women like I did in my past. Because of ehcw, I am now avoiding isolation, engaging with the community and empower women. I now think of this place as my home. With the help of Elspeth Heyworth Centre for Women, I can continue to help women by helping them build their capacity. This organization has made it possible for me to access a social network again with the love and interest of the people." - Sediqa Nawrozian



REDUCE ABUSE

In partnership with Toronto Police Service - 31 Division and Royal Bank of Canada. We are grateful to Noland Merrick, Immigration Lawyer; Aman Patel, Criminal Lawyer and Uzma Akhtar, Family Law Lawyer for their contributions in assisting clients facing domestic violence, with their legal issues.

Our program transforms victims of domestic violence into survivors by building their self-confidence and helping them become more independent. It has empowered women to summon the courage to escape the psychological and socio-economic controls imposed upon them by their abusers, breaking the cycle of violence.



OUR SUCCESSES

TOTAL NUMBER OF CLIENTS SERVED: 162



KALPANA'S STORY

Kalpana, a Toronto resident who originated from India, fell in love over the internet with a man of Indian origin, who lived in the United States. Soon after his education he returned to India. They got married against family wishes as Kalpana followed him in India. Her husband was unemployed, and after much struggle they decided to move to Toronto.

Working to support the family was not on his agenda. He was alcoholic, abusive and would often slap her for no reasons and hit her with objects such as a cane, leather belt or with his own shoes. A justification under cultural and traditional norms along with the fear of social isolation and stigma stopped her from sharing with someone or lodging a complain. She thought silence behind the close doors is a better option then to speak up about family matters.

When situation started becoming worse and the bruises were much more evident, her family got her to ehcw centre. Susmita Vaidya, ehcw settlement councillor helped Kalpana. She made her become aware what her rights are and how she can protect herself. After few sessions, Kalpana developed the courage to choose a path that will free her from abuse and give her a life of safety, self-dignity and emotional well-being.

This case study is reflective of the vital role ehcw centre plays in reducing violence and giving women like Kalpana an opportunity to speak and think for the better future of themselves and their families.

When she decided that enough was indeed enough, she was able to live a violence-free life and her husband was reported to the police and finally received deportation. Escaping violence gave her better mental health and ability of decision making. Today she is enrolled in a master's program at University of Waterloo.

ehcw provided the support system for her to think and believe that she as an individual has the right and ability to be part of the bigger community and become connected through our volunteering and cultural programs.

ehcw employment programs also helped her to get on her feet to reduce poverty and become financially self-dependent so that she can be an empowered citizen.

FINANCIAL LITERACY PROGRAM

Supported by Royal Bank of Canada and Ontario Real Estate Board.

Our financial literacy and empowerment program teaches participants how to manage their personal finances and become more self-reliant. It informs them of the wide range of financial services available and techniques on how to avoid unfavourable lending practices.

OUR SUCCESS TOTAL NUMBER OF CLIENTS PARTICIPATED: 35

“Eye opening program- specifically information on credit cards and financial frauds are very useful. Programs should be conducted more frequently so newcomers like me cannot be cheated by others.” Kerryann Mullings



PEER-LEADERSHIP PROGRAM FOR PREVENTION OF TYPE 2 DIABETES

One Step At A Time Program – in partnership with Toronto Public Health

This health and wellness program focuses on diabetes prevention. It promotes the message: “Learn, Laugh and Live Healthy.” Participants set personal goals to live a healthy lifestyle by eating healthy with regular exercises and weight management. They receive information and coaching to support their progress.

OUR SUCCESSES TOTAL NUMBER OF CLIENTS PARTICIPATED: 162

“I like the program very much. It is helping me to develop a healthy life style – eating healthy, doing exercise. Every Thursday I look forward to attending the program as everybody feels so comfortable to share everything, discuss many things affecting our day -today life and making me happy and healthy.” Bridgette Cheung

ART CLASSES

Supported by Ontario Trillium Foundation and the City of Vaughan



OUR SUCCESSES

NUMBER OF WOMEN AND SENIORS ENGAGED IN ART SESSIONS: 44
NUMBER OF YOUTH ENGAGED IN ART CLASSES: 24
TOTAL NUMBER OF VISITS: 1776

TESTIMONIALS



"I have been attending art classes at Elspeth Heyworth Centre for Women for four years now and have enjoyed it very much. Though I also attend other classes at the centre, art has always spoken to me. I am so glad that I am able to partake in the classes and express myself freely through painting and drawing. It provides me with stress relief and relaxation." - Elizabeth Portman



"When I first attended programs at Elspeth Heyworth Centre for Women, the first thing I noticed were the beautiful paintings across the walls of the building. I admired these pieces of art to the point that I was motivated to create my own. Through Minal's teachings I learned different techniques and skills that enabled my talents which now exceed my expectations. Art is no longer just a hobby but a passion as it is stress relieving and therapeutic" - Elvia Gliosla.

SUPPORTING SENIORS AND YOUTH

ELDERLY PERSON'S CENTRE

Funding provided by Ministry of Health and Long-Term Care

Seniors in Vaughan participate in a wide variety of activities that encourage a healthy lifestyle. They participated in regular brain-stimulating games, exercises, line-dancing, community gardening, English conversation, computer training, workshops, yoga and congregate dining. Our activities are delivered from our satellite office at the Blue Willow Activity Centre as well as from the Vellore Village Community Centre.



OUR SUCCESSES

CLIENT VISITS: 14,982
TOTAL PARTICIPATION IN ALL PROGRAMS: 1498
SENIORS IN YOGA AND LINE DANCING: 170
EXERCISE AND FUNCTIONAL FITNESS: 180
CLIENT ATTENDEES AT WORKSHOPS AND GROUP SESSIONS: 335
ENGLISH CONVERSATION CLASSES AND COMPUTER CLASS: 74
HOME AND COMMUNITY GARDEN PARTICIPANTS: 17
VOLUNTEERS: 105
EDUCATIONAL TRIPS: 4

TESTIMONIALS



"Thanks I really appreciate all the services that we enjoy coming to the community centre. I have been coming to the Elspeth Heyworth Centre for Women for years. The social activities which are provided by the centre are very useful and beneficial to all the senior citizens like myself which keeps us going both physically and mentally. The atmosphere at this centre is really very enjoyable. I really appreciate that we have a place where we can share the activities like arts and craft, Line Dance, Yoga, Exercise and other activities for seniors like myself. This is the place where we meet and greet our dignitaries. It was especially a fun to celebrate the CANADA DAY festivities this year with every one and we really enjoyed the food and entertainment which was provided by this community centre. I've made some good friends through this centre and we all love it". - Kuldip Parmar



"My husband and I have been coming to the Elspeth Heyworth Center for women for the past six years. We enjoy the line dancing and exercise. We have also volunteered at the lunches which is a great way to socialize.

I enjoy line dancing so much that I started teaching beginners this year. My husband and I enjoy the social aspect of the Center and the trips to the ROM, Niagara Falls and the zoo." - Grace and Joe Esposito



"As a member of the Elspeth Heyworth Centre for Women, I greatly appreciate the services it offers. My favorite programs at the centre include line dancing, yoga, and the general exercise offerings. These programs have helped me significantly by keeping me active and by providing me with opportunities to socialize with other seniors. I also greatly appreciate the centre's special events, where we are able to listen to guest speakers and enjoy lunch together. Every week, I look forward to participating in the centre's programs and all that they have to offer me, from the friendships that they have inspired to the many activities that I am able to enjoy. - Pia Lutz



AGING AT HOME PROGRAM

Funding provided by Toronto Central Local Health Integration Network with special acknowledgement of the Seniors Community Program

This program provides recreational activities for seniors that nourish body and mind. Our seniors participate in mentally stimulating games, discussions on current events, physical exercise programs, yoga, healthy cooking, community events and festivities.



OUR SUCCESSES

TESTIMONIALS

- //

"I like to socialize with other senior's and want to make new friends. This program gives best opportunity to make new friend. I like the fun trips and healthy snacks provided by ehcw, which keeps us energized during the trips." - Joginder Kaur
- //

"Senior's Program is very good for all of us, we get health related beneficial information. We like singing and dancing on our cultural songs. At this program we get the opportunity to sing and dance freely and entertain our selves and others. We like going to Niagara Falls trip every year with our friends, I am very thankful to Elspeth Heyworth Centre for Women to offer us this wonderful program." - Manjeet Hundal
- //

"I like to be physically active, the physical activities provided to our seniors group changed time to time so that we do not lose our interest in the program. This program is very well organized, we come and meet seniors from different cultures and learn new and unique skills from each other." - Krishna Sharma.
- //

"I like this senior's program because people are very friendly and respectful, facilitators are very caring." - Charan Kaur
- //

"This Senior's program is very well organized, I like coming to the program for beneficial information, healthy food, physical activities and fun trips. I tell everyone in our community about this program." - Kanta Sharma
- //

"I like this program because we feel bored at home, when we come here we feel so alive. I made so many new friends, we get information regarding different diseases and their preventions. We get healthy snacks and do light exercises which keep us healthy and active." - Chanchala Rani.

COMMUNITY KITCHEN

IN PARTNERSHIP WITH NORTH YORK HARVEST FOOD BANK

This program gives seniors a taste of a variety of healthy dishes while teaching them how to create the flavorful and nutritional meals at home. The goal is to make healthy cooking not only easy, but an enjoyable aspect of our participants' lives.

YOUTH SUMMER PROGRAMS

Our young people participate in a variety of activities during the summer including:

- Study programs in English, math and science
- Arts and crafts
- Computer skills training
- Job readiness and skills
- Community outreach
- Inter-generational activities
- Watching movies

OUR SUCCESSES

NUMBER OF YOUTH PARTICIPANTS: 42

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"We first joined the Elspeth community in 2017 as senior and youth coordinators and very much enjoyed its atmosphere and activities that we decided to come back. We received the opportunity to participate in yoga, do light exercises and functional fitness classes as well as teaching seniors how to properly work with a computer. We also got the chance to display leadership through the youth program as summer counselors. All of the skills that we learned here encouraged us to apply them to everyday life." - Alessia & Julia

SOCIAL ENTERPRISE SUCCESSES

The Centre operates two social enterprises that generate crucial core funding for the organization. The income we generate goes to fund existing programs and services for refugee, immigrant and newcomer women and their families at the Centre. It also helps us address emerging needs in our community through customized programs and services.

Our social enterprises also create jobs for clients from the Centre who undergo rigorous training to become interpreters and translators and to develop their artistic talents. By choosing these enterprises as your service provider you provide much needed support to our community.

RIVINT INTERPRETATION & TRANSLATION SERVICES



At RivInt we envision a world where anyone is perfectly understood in any language.

Our mission is to deliver outstanding interpretation and translation services that are accurate, timely, affordable and create a shared understanding among people. We maintain a strict adherence to quality of interpretation services by ensuring that all interpreters are trained and certified through CILISAT/ILISAT (Cultural/ Interpreter Language and Interpreting Skills Assessment Test). Learn more at our website: www.rivint.ca

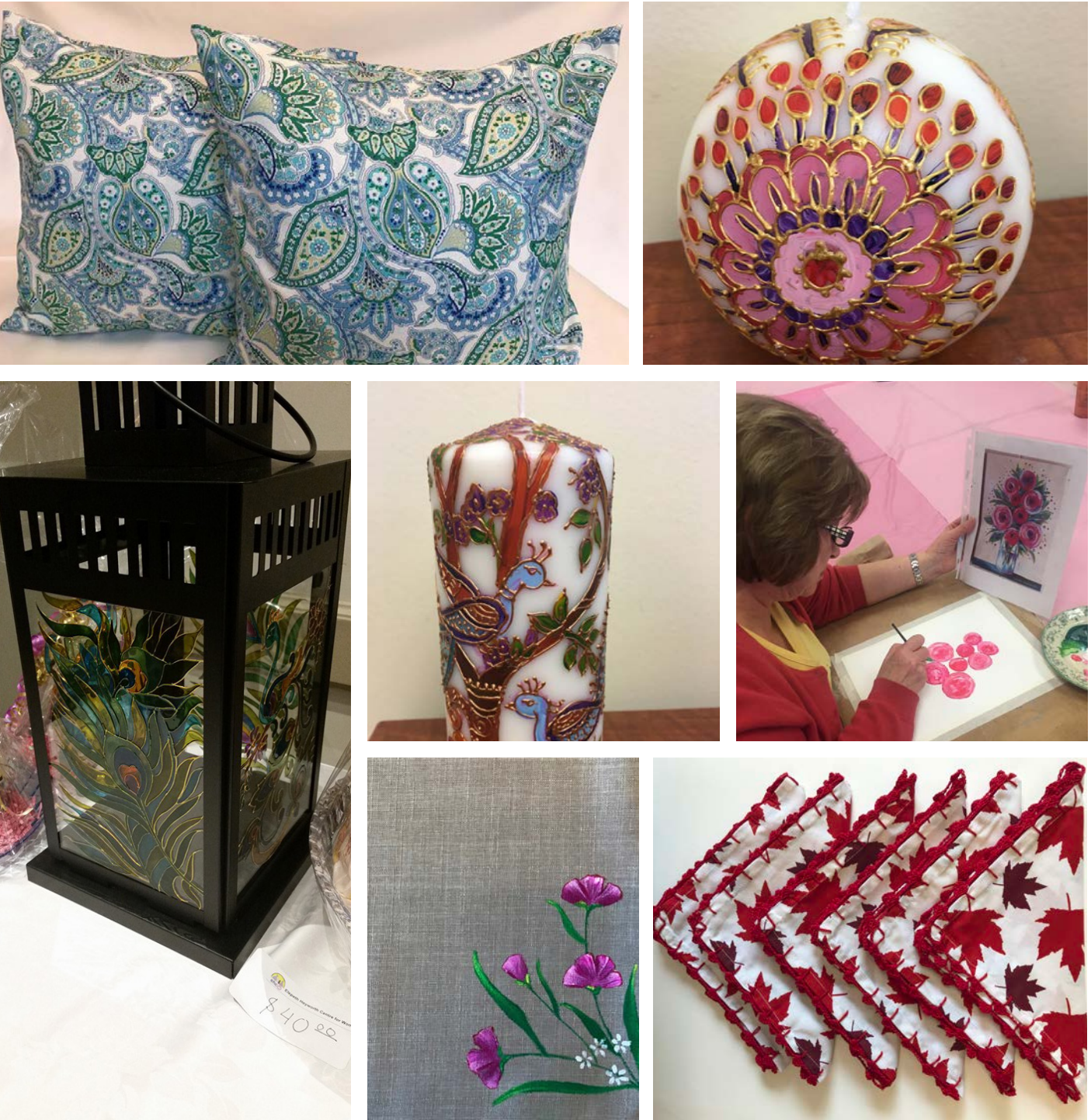


OUR SUCCESSES

NUMBER OF ACTIVE INTERPRETERS: 900
LANGUAGES AND DIALECTS: 112

I WURK

I Wurk creates and sells handmade crafts which make great gifts for those looking for one-of-a-kind items to give to a loved one at a wedding, birthday, holiday or any special occasion. Make an appointment to visit and view the handmade crafts. All sales go toward our programs that support survivors of domestic violence.



ELSPETH HEYWORTH CENTRE FOR WOMEN (NORTH YORK)

STATEMENT OF FINANCIAL POSITION

AS AT MARCH 31, 2018

	2018	2017
ASSETS		
CURRENT		
Cash	\$ 205,993	\$ 95,621
Short-term Investments (Notes 2 and 9)	82,123	80,571
Accounts Receivable	67,376	44,834
Grants Receivable	14,993	30,269
HST Recoverable	1,407	-
Prepaid Expenses	11,722	7,204
	<u>383,614</u>	<u>258,499</u>
CAPITAL ASSETS (Note 3)	<u>23,348</u>	<u>31,037</u>
	<u>\$ 406,962</u>	<u>\$ 289,536</u>
LIABILITIES AND FUND BALANCES		
CURRENT		
Accounts Payable and Accrued Charges	\$ 41,310	\$ 28,552
Source Deductions Payable	3,179	3,349
HST Payable	-	683
Deferred Revenue	15,000	-
Deferred Operating Grants (Note 4)	18,734	-
	<u>78,223</u>	<u>32,584</u>
DEFERRED CAPITAL GRANTS (Note 5)	<u>10,193</u>	<u>14,067</u>
NET ASSETS	<u>318,546</u>	<u>242,885</u>
	<u>\$ 406,962</u>	<u>\$ 289,536</u>

STATEMENT OF CHANGES IN NET ASSETS

FOR THE YEAR ENDED MARCH 31, 2018

	Unrestricted Operating	Internally Restricted Reserves (Note 9)	2018	2017
BALANCES,				
Beginning of the Year	\$ 126,570	\$ 116,315	\$ 242,885	\$ 209,854
FUND TRANSFER (Note 9)	(74,000)	74,000	-	-
EXCESS OF REVENUES OVER EXPENSES	79,476	-	79,476	37,696
AMORTIZATION (Note 7)	(3,815)	-	(3,815)	(4,665)
BALANCES, End of the Year	<u>\$ 128,231</u>	<u>\$ 190,315</u>	<u>\$ 318,546</u>	<u>\$ 242,885</u>

STATEMENT OF OPERATIONS

FOR THE YEAR ENDED MARCH 31, 2018

	2018	2017
REVENUES		
Fees for Services	\$ 406,260	\$ 320,300
Less: Interpreter Fees (Note 14)	(237,537)	(182,518)
Net Fees for Services Revenue	<u>168,723</u>	<u>137,782</u>
Grants (Note 6)	412,063	407,509
Donations and Fundraising	78,335	77,414
Other Income	10,585	2,478
	<u>669,706</u>	<u>625,183</u>
EXPENSES		
Professional Fees	10,363	9,795
Administration	53,510	40,662
Fundraising Activities	2,429	3,778
Occupancy	41,790	40,209
Program Supplies	48,781	34,712
Staffing	433,357	458,332
	<u>590,230</u>	<u>587,487</u>
EXCESS OF REVENUES OVER EXPENSES BEFORE AMORTIZATION	79,476	37,696
AMORTIZATION (Note 7)	(3,815)	(4,665)
EXCESS OF REVENUES OVER EXPENSES	<u>\$ 75,661</u>	<u>\$ 33,031</u>

LEADERSHIP AND OPERATIONS

Executive Committee

- Niya Bajaj, Chair
- Michael Denyszyn, Vice-Chair
- Carolyn Hibbs, Secretary
- Meezan Kotylo, Treasurer

Members

- Alicia Mondesire
- Michael Mladjenovic
- Rose Savage
- Sona Dhawan
- Raushan Bhuiyan

Staff

- Shirin Mandani, Interim Executive Director
- Maria Kritskaia, Administrative Coordinator
- Susmita Vaidya, Settlement Coordinator
- Samra Hafeez, Community Mental Health and Seniors Program Coordinator
- Minal Kulkarni, Art Program Coordinator
- Irina Koroleva, Social Enterprise, RivInt Program Coordinator
- Yougeita Jagdesh, Employment Coordinator
- Michelle Amaladas, Women’s Program Coordinator
- Obioma Dike, Fundraising Assistant
- Sediqa Nawrozian, Community Service Worker
- Benedicta Ambrose Esede, Internal Operational Assistant
- Dr. Mary- Jane Adole, Marketing, Outreach and Social Media Assistant

OUR VOLUNTEERS

In addition to the tremendous work done by staff and the Board of Directors, the Centre was supported by dedicated volunteers who contributed significantly to our work. Our volunteers support multiple activities including:

- Planning and organizing programs
- Monitoring and assisting youth in outdoor activities
- Participating in and training youth for talent shows
- Organizing trips for seniors
- Helping staff with loading and unloading program materials for off-site activities
- Supporting the planning and execution of our signature fundraiser, the Peacock Ball

In 2017-18, 220 volunteers gave their time, energy, and passion to make ehcw strong. In total, they contributed 10,500 volunteer hours!

SPECIAL MENTION VOLUNTEERS

- | | | |
|-----------------------|---------------------|---------------------|
| • Keshubhai Chaudhari | • Grace Esposito | • Elizabeth Portman |
| • Kalidas Patel | • Sara Donoso | • Joe Esposito |
| • Arvind Naral | • Tery Harb | • Saverio Sestito |
| • Sagar Kulkarni | • Christina Marra | |
| • Asha Rani | • Angela Lanna | |
| • Kanta Sharma | • Maria Di Orio | |
| • Anju Mohindru | • Jean Deveau | |
| • Gursharan Sahota | • Maria Sozinho | |
| • Nighat Khalid | • Doreen Borst | |
| • Kamal Prasaud | • Mary Sestito | |
| • Setamah Singh | • Pia Dal Bello | |
| • Leena Kapadia | • Paula Liegghio | |
| • Parvati Patel | • Beatrice Conforti | |
| • Nighat Jamal | • Beatrice Carmen | |
| • Lucy Pupulin | • Elvia Gliosca | |
| • Neal Pupulin | • Nahid Khan | |

FUNDERS

FEDERAL

- Service Canada
- Canadian Heritage

PROVINCIAL

- Ontario Ministry of Citizenship, Immigration and International Trade
- Ontario Ministry of Health and Long-Term Care
- Ontario 150

MUNICIPAL

- City of Toronto
- Toronto Public Health
- Toronto Central Local Health Integration Network
- City of Vaughan
- York Region Employment and Social Services
- Toronto Police
- York Region Police
- Mayors Spirit of Generosity Fund

SUPPORTERS

- Nork York Harvest Food Bank
- Vaughan Food Bank
- Toronto Community Housing
- Jane/Finch community and Family Centre
- Brands for Canada
- Housing Help Centre

DONORS AND SPONSORS

- RBC Financial Group
- Scotiabank
- Sharma Lawyers
- Krishna and Ramesh Chotai
- Sorbara Charitable Foundation
- Woodbridge Toast Masters
- Teachers Fund

Foundations

- Ontario REALTORS Care Foundation
- Ontario Trillium Foundation
- RBC Foundation
- Jackman Foundation
- Toronto Arts Council
- Canada Gives Foundation

MEDIA SUPPORTERS

- Indian Diaspora
- SNAP

211 Toronto
Access Alliance
Addiction Services for York Region
AILIA – Association de l'Industrie de la Langue
Anduhyaun Inc.
Assaulted Women's Help Line
Barbara Schlifer Commemorative Clinic
Black Creek Community Health Centre
Black Creek Micro Loan Fund
Black Creek West Comm. Capacity Building Project
Brands of Canada
Canada Revenue Agency
Canadian Armed Forces
Canadian Breast Cancer Foundation - Ontario
Canadian Mental Health Association
Caregiver Ministry
Centre for Addiction and Mental Health
City of Toronto, Parks, Forestry and Recreation
City of Vaughan, Recreation and Culture
Community Living York South
Community Shared Services
COSTI
Delta Family Resource Centre
Digital Net Systems*
Doorsteps Neighbourhood Services
Dress for Success
Emery Village BIA*
FilTown
Focus Rexdale
Home Depot
Housing Help Centre
India Rainbow Community Services*
ISSO Cultural Centre
Coro Italia Toronto
Jane/Finch Community and Family Services
Jane and Finch Community Legal Services
Jane-Finch Community Ministry
Jane Medical Pharmacy
John Howard Society of Toronto
JRCC Furniture Depot
JVS Toronto
Next Steps Employment Centre
Northwood Neighbourhood Services
North York General Hospital

North York Harvest Food Bank
North York Sikh Temple
OCASI
OCCI
Ontario Realtors Care Foundation
Pain and Wellness Centre, Vaughan
Priya Import and Export Services
Regional Municipality of York
Ronnie's Helping Hand Homecare
Royal Bank of Canada
Ryerson University, Faculty of Urban Planning & Community Services
South Asian Executive Directors (SAED)
SAVI
San Romanoway Community Services
Scotiabank
Seneca College
SNAP
St. Joseph's Health Centre Toronto
The Sensei Group
Toronto Community Housing Corporation
Toronto District School Board
Toronto Employment and Social Services
Toronto Housing Connection
Toronto Police Service 31 Division
Toronto Public Health
Toronto West Local Immigration Partnerhsip
University Health Network
Vaughan Community Health Centre
Victim Services Toronto
Vaughan Food Bank
Vaughan Libraries
Vellore Village Community Centre
Welcome Pack Canada
Women's College Hospital
Women's Healthy Environment Network
Woman Abuse Council of Toronto
York Regional Police
York University

MAKE A GIFT

TO MAKE A SECURE ONLINE DONATION, PLEASE VISIT WWW.EHCW.CA

CHARITABLE REGISTRATION NUMBER: 139096135RR0001

Your support is extremely valued! Donations of all sizes allow us to continue to support newcomer women and their families gain life-enhancing resources, develop their skills, meet other women and build our collective capacity. As a nationally registered charity your generous donation will be eligible for a tax receipt. The Centre offers donors a number of options to continue to support our important award winning work in the community



MONTHLY GIVING

Our monthly giving program is a safe, secure, and convenient way to put your money to work automatically each month. At the end of the year you will receive a tax receipt for total value of all your donations.

ANNUAL GIFTS

You can make general gifts to support the work of the Centre at any time throughout the year. Gifts will receive a tax receipt subject to CRA regulations.

HONOURARY OR MEMORIAL GIVING

Celebrate a special person in your life by making a gift in their honour, or in their memory. The Centre can arrange for a card with your personalized message to be sent to anyone you would like notified of your gift.

CORPORATE SUPPORT & FOUNDATIONS

To learn more about the Centre's work and opportunities for support and longer term giving, please contact the Executive Director (info@ehcw.ca) or call 416-663-2978 for more information.

BEQUESTS

These are gifts made through your will and are the most common form of planned gifts. You can give a specific piece of property, a sum of money, or a percentage of your estate. It's important to choose the planned giving option that is best for you. The Centre recommends that you consult an attorney and/or financial planner to help you decide and make the necessary arrangements for you to begin your legacy.

GIFTS OF SECURITIES

Donating appreciated stocks, bonds, and mutual funds is the most tax effective way to make a gift to a registered charity. Whether you donate cash or appreciated securities, you will receive a tax receipt that is eligible for a tax credit.



IMMIGRANT AND NEWCOMER WOMEN, SENIORS AND FAMILIES ACHIEVING THEIR FULL POTENTIAL.



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