

ANNUAL REPORT 2018-2019



ehcW

Elspeth Heyworth
Centre for Women

Opportunity Lives



Immigrant and newcomer women,
seniors and families achieving
their full potential.

www.ehcw.ca



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Canadian Centre
for Accreditation



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de l'agrément

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My name is Gabriela De La Cruz, and I want to thank the ehcw especially Mrs. Monica Reyes for the help given and for having recommended me to the ehcw and give me interpreter services at all times, which I need as long as it is available without any cost and have the time to help me with my problems. I am new in Canada and ehcw has helped me a lot to stabilize me, and also helped me obtain things for my new home. This help center is very good because it helps a lot to people like me who do not have family and many times we feel alone without knowing what to do in a very big country like Canada.

I am very grateful to ehcw for having this type of service with the people who need it since they are very useful and at the time it takes away many worries from you, since your problems make it theirs and they look for a way to solve it and help you.

-Gabriela De La Cruz

ABOUT US

Our Vision

Immigrant and newcomer women, seniors and families achieving their full potential.

Our Mission

Empowering immigrant and newcomer women, seniors and families through advocacy and services focused on promoting healthy families, community relationships and economic self-sufficiency.

Objectives

At the Centre, we support immigrant and newcomer women, seniors and families by:

- working with our partners in the law enforcement and justice sectors to raise awareness of individual rights and reduce the incidence of domestic and intimate partner violence
- working with our partners in the public and private sector to reduce poverty and isolation while empowering our clients to become more financially literate
- connecting those who experience linguistic or cultural challenges to support programs and services
- collaborating with other organizations to address educational, cultural and linguistic issues
- assisting with their settlement and integration into Canadian society as respected and contributing members.

Strategic Direction

- Maintain and improve programs and services to benefit communities
- Focus on efforts to reduce Domestic Violence
- Elevate profile of ehcw and Expand outreach into new ethno-racial communities
- Increase the income generated from social enterprises

Chair and Executive Director’s Message

With over 26 years of service to the community, ehcw is moving towards trade skills awareness programs for women, newcomers and immigrants. We aim to have them enter into apprenticeship and training so that they can acquire trade skills in construction. Our partnership with the Toronto Community Benefits Network as their Community Host brought us within reach of this goal. Referrals for apprenticeship and training have begun. College of Carpenters have been open to receiving women and immigrants seeking training in the multiple fields of carpentry.

Our services were maintained and enhanced, as we met the priority needs of women and seniors. The community acknowledged our services with ehcw’s nomination for RBC Top 25 Canadian Immigrant Award in the Settlement Agency category. We received recognition with the Pioneers for Change Award from Skills of Change, as well as Police Foundation Award towards our Reduce Abuse Program, and more.

Our Board worked diligently, once again, to build the 3-year strategic plan to give sound direction to the organization. During the upcoming year the focus would be on reviewing all the policies, as well as prepare ourselves for the accreditation review.

Maintain and improve programs and services to benefit communities: We worked with RBC’s team to tackle the ongoing issues international students face. We have begun to create awareness among the youth of apprenticeship & training opportunities for them in the construction and other trades as they complete their education. We have continued to work towards ongoing growth and development on the priority needs of seniors and women.

Efforts to reduce Domestic Violence: We have begun to raise public awareness of the root causes of domestic abuse. By building community partnerships we have begun to communicate with women and their families to change the way children are raised in the educational system. We introduced the human studies for youth, taught them respect for elders and the parents and raised awareness of human connection and their role in communities.

Expand outreach into new ethno-racial communities: We experienced an increase in the visits for services by the Nigerian, Spanish, Chinese and Punjabi communities. We, together with our clients, take pride in the vast diversity we offer in our services.

Increase the income generated from social enterprises: With an addition of a full-time staff our social enterprise offering language services has been further enhanced and moving towards record breaking sales.

A great big thank you to the Board for its continuing support and the able expertise of experienced staff that is service oriented with its impeccable delivery of programs evidenced by slew of testimonials we received. It has been a pleasure to have been of service to our community!



ROSE SAVAGE
Board Chair

Rose Savage



SUNDER SINGH
Executive Director

Sunder Singh

KEY SUCCESSES IN 2018-19

Awards and Recognition

- Nominated for RBC Top 25 Canadian Immigrant Awards – Settlement Agency Award
- 2019 recipient of a Pioneers for Change Award – Skills for Change
- Police Foundation Award towards Reduce Abuse Program - presented by Living Word Assembly of God
- Recognition of ehcw’s community work - presented by Gerrard India Bazaar BIA
- Established partnership with Toronto Community Benefits Network – Community Host – to encourage newcomers to build trade skills in construction
- Established partnership with College of Carpenters and Allied Trades
- Distributed a total of 50 trees in the community, supported by Toronto Parks and Trees Foundation
- 8 students placed in summer jobs in 2019

Raising Awareness

- Maintained weekly group discussions and social media campaigns to raise awareness of social stigma associated with domestic violence.
- Participated in weekly FOCUS Rexdale meetings with other community partners to address high risk cases of abuse, housing, tenancy, etc. in the community.

Celebrations

- We hosted our 6th International Women’s Day in partnership with the City of Vaughan.
- Celebrated Holi with Garba and Dandiya Raas, with youth, adults and seniors.

Our Impact

With our conviction and belief that strong women build strong communities, we engaged women, newcomers and immigrants to join pathways to apprenticeship. This career journey encourages under-represented groups to learn about diversity in trade and opportunities for training, leading to Red Seal Trades.



SUPPORTING NEWCOMER WOMEN AND FAMILIES

Newcomer Settlement Program

We offered support to newcomer and immigrant women and their families in group or individual settings and in culturally competent manner through our multilingual staff. The services included: client needs assessment, information, orientation and overview about community and government services, referrals and linking to service providers, as well as assistance in form completion and interpretation. Tools were provided to clients to enable them to take charge of their own settlement and integration process, with our support and guidance, and to effectively navigate the Canadian systems and its processes

We take pride in working with people from diverse backgrounds and cultures

We expanded our services in the following newcomer and immigrant communities: Nigerian, Spanish and Punjabi

Our Spanish and Punjabi speaking staff accompanied clients to various appointments where interpretation was needed

Brands for Canada supplied clothing and household items to assist clients in their settlement

Our goal was to ensure all clients felt supported, encouraged and empowered in their settlement process

We strive to see that our clients feel ready to confidently engage and participate in their communities as responsible members living in Canada

We collaborated with RCMP and Toronto Police Services to tackle social issues faced by newcomer youth and women who are trying to settle in Canada

We partnered with the Jane & Finch Community Legal Clinic to create stronger legal connections, supports, education and awareness for low-income clients in areas such as Tenant Rights, Immigration, Citizenship, Ontario Works, etc.

We collaborate with Employers and identify opportunities for immigrants willing to get into apprenticeship and training programs for well paying jobs.

OUR SUCCESSES:

682	New clients registered	410	Clients receiving clothing and household items
802	Client visits	100	Newcomer seniors, women and youth engaged in civic participation
387	Participants in Programs/ Workshops	15	Participating volunteers

TESTIMONIALS:



“My name is Rina Veliz and I want to thank ehcw for the help they have given me, especially to Monica Reyes for taking the time to help me as a translator (English to Spanish) and help me with my problems of Toronto Housing and with the bank. Thank you so much ehcw, for providing this kind of service that are a great help for the people who do not know much English. It gives us great satisfaction to have your help. Many thanks and greetings to Monica Reyes for being a very charismatic person and having a lot of respect for the Hispanic community and in general.

~Rina Veliz~

“I was having some trouble with my Ontario Student Loan Application (OSAP) and Monica was able to help me send the correct information so that my application was processed as quickly as possible. I am very grateful to all the people who work at ehcw because they were all very warm and welcoming.

~Liliana Almeida~

TESTIMONIALS:



“I am very happy with the service I received at ehcw. My settlement counsellor, Nissa was very nice and helpful. I received help to sponsor my husband in Afghanistan, and Nissa helped me fill out all forms and ensure all documents were in order.

I was going to an expensive lawyer before finding ehcw and they were not as helpful as this organization. I also received help applying for housing. Nissa helped me apply for housing in three different municipalities. I am so grateful for her patience and assistance in these matters. I appreciate her friendly manner and excellent service. I will be coming to ehcw again when I need help.

~Muzhgan Najem~

“I have been a client with ehcw since 2017. Nissa helped me to fill my Permanent Resident application, Refugee Travel Document and also she helped/advised me in my current program at Humber College. The applications were all done in order and I since got my travel document and PR application still in process. Nissa was very nice, calm and patient while filling the application. I felt so relax dealing with Nissa. Thanks to Nissa again and ehcw.

~Emmanuel Kadiri~

EMPLOYMENT

Supported by Toronto Employment & Social Services

The most urgent need of newcomers and immigrants is to find a job and settle in Canada. We, as Community Hosts for the Toronto Community Benefits Network, ensure that the clients seeking employment understand the opportunities available for them to join apprenticeship and training programs in construction, leading them to well paying and secure employment.

- ehcw’s current staff has expertise in working with immigrants, newcomers and refugees. We are strategically placed to inform newcomer men and women about construction jobs and apprenticeship opportunities. We provide counselling and training to newcomer women, for them to overcome stigmas and become aware of construction jobs and apprenticeship opportunities open to them
- We partner with College of Carpenters to engage clients to learn about opportunities available in multiple aspects of carpentry
- We encourage youth to explore jobs in building trade skills
- We provide training and experience for job seekers through the Toronto Employment & Social Services program

OUR SUCCESSES:

4

Number of trainees supported by the Toronto’s Investing in Neighbourhood Program

2

Number of trainees hired by ehcw as full-time staff

10

Number of placement students recruited



REDUCE ABUSE

Support provided by Trillium Foundation and Ministry of Community Safety and Correctional Services

Our program “Safe Families in Safe Communities” aimed to break the systemic, psychological and socio-economic barriers, by educating girls and women on rights and emergency plans towards taking precautionary measures to live in safety.

The program “Young Women’s Safety Network” aimed at bringing girls from diverse groups in training, learning and bringing forward community issues on gender-based teen violence by looking at relevant barriers and community support systems that are available in the South Asian community. Youth from the Nancy Campbell Academy, with their dance performance, dramatically depicted the issues our communities face.

We are thankful to Toronto Police Service Division 31 for their support in utilizing their Community Room to conduct weekly workshops, meetings and events.

We are grateful to Executive Director of Jane & Finch Community Legal Clinic, Noland Merrick, as well as Uzma Akhtar, Immigration Lawyer and Elizabeth Dipchand, founder of Dipchand LLP for their contribution in assisting clients facing domestic violence, with their legal issues.

HIGHLIGHTS OF MAJOR ACHIEVEMENTS:

480

Total number of visits by victims of domestic violence

✓

We updated our website information to add Safety Tool Kit for women

✓

We added a CHAT LINE for girls and women to converse on-line

✓

We collaborated with Ernestine Women’s Shelter to provide a safe place for women escaping domestic violence.

✓

We collaborated with Emery Collegiate Institute and Emery Adult Education Centre to provide youth empowerment program for building trade skills and making career choices.

✓

We collaborated with RBC to provide financial literacy guidance for women who faced multiple challenges.

TESTIMONIALS:

I really appreciate all of the work that this facility conducts because it means a lot to me as I have struggled with finding places that are accessible and in a safe area. All of the work that I have done with Obioma and other intake coordinators was very helpful and I did not feel judged for what has happened to me in my past. Everyone was loving and accepting and it made me feel very comfortable to be there. I wish to continue seeking aid from this centre and I hope others do as well!

~Nicole Masciangelo~

I really appreciate your organization the way u attend to people. Thanks

~Adedigba Adebisi~

ehcw is sure the best place to visit for counseling.

~Miss TM Detayo~

Your organization has actually helped me to be back on track. Your counselling has reshaped my life for better. Your advise has helped me to move forward in life. You made me see future in an unknown land. Now I have peace. Thank you so much, I am grateful.

~Joan Osisanwo~

I have only been a client of the Elspeth Heyworth Women's Centre for about 2 months. It feels like much longer because the depth of support that I have received is remarkable. From day one, Sunder and Obioma made me feel appreciated and cared for. I was at a low point emotionally when I came in to speak to Sunder. She reassured me that things would get better and even since then, they have. Obioma spoke with me and told me how impressed she is with my outlook and attitude about life and my situation. She helped me realize my strengths and made me feel like she truly valued me and really wanted to see me thrive and succeed. She has been an amazing support for me in that short time and I truly don't know how I can ever thank her for all she has done for me.

I also worked with Nissa who helped me get used furniture through a charity which has given me items that I was in desperate need of. She was very helpful and caring. We talked briefly and she put me in a better mood and calmed my anxiety. They have all gone above and beyond for me and I feel truly blessed for that. Forever grateful,

~Tamara Jeremie~

Thank you to ehcw for making me feel supported and taking the time to listen to me when I needed it the most. As a single mother there are days in which I feel very sad and depleted because I do not know how I will get by and take care of my daughter. Monica and the ehcw team made sure that I was given clothes for my daughter and for myself. I do not know what I would have done without the help of ehcw staff.

~Liliana Almeida~

SERWA'S STORY

Serwa was a Nurse in Ghana and was in an abusive relationship. She finally had the courage to leave but her partner threatened her life, unable to get help with the Police, Serwa decided to flee to Canada in 2015.

She arrived in Canada, but with pregnancy. On arriving in a strange land, she had little support and slept on the floor of some friends and was eventually kicked out when they found out she was pregnant. Lacking the necessary support, she applied for refugee claim, which was unsuccessful.

When Serwa came to our Centre on a cold winter morning of January 2019, her appeal had failed and she was already served with pre-removal risk assessment notice. She was distraught and worried about being sent back to Ghana where her abuser was, and most especially worried for her son who was born in Canada and would experience undue hardship in Ghana. She also ran the risk of her son being taken from her by her ex-partner/abuser.

We provided her counselling support and helped her to rebuild her emotional balance. She was provided with warm clothing for her son and food. We also wrote a letter to support her case with Immigration. Prior to making contact with ehcw, Serwa was very lonely and completely isolated, but through the support and encouragement provided by the Women's Program Coordinator, Obioma Dike, Serwa became involved with several community members and no longer faced social isolation. She also connected with her faith group where she started volunteering at the church as part of her civic responsibility. Currently, Serwa is in school taking some courses at George Brown College to obtain her licensing to qualify as a Nurse here in Canada.

Through the support ehcw provided to Serwa, she was able to regain her confidence to continue to pursue her education while taking care of her son. She recently wrote her exam and was successful. When her son turned three in April 2019, she was worried about not being able to buy a gift for him. ehcw provided her a gift of a big beautiful Teddy-bear which she was ecstatic about. She had tears rolling down her cheeks with gratitude. All these were made possible through the gift donations we received from caring community members and organizations.

FINANCIAL LITERACY PROGRAM

Supported by Royal Bank of Canada

Most of the newly arrived youth, women and international students have little knowledge of personal financial management.

Royal Bank of Canada provides financial support to make this service possible for the youth and women so that this service is provided on an ongoing basis through workshops and personal counselling for youth and women.

We advised clients on banking, savings, when and where to file their tax returns, as well as build credit history.

PREVENTION OF TYPE 2 DIABETES

In participation with Toronto Public Health

We offered preventative education and built healthy habits for newcomer and immigrant population by educating them on the causes, myths and facts about Type 2 Diabetes. Participants learned preventative measures to control their potential health issues.

OUR SUCCESSES:

Participants became notably active and health conscious. Group sessions created many new friends where participants shared recipes and information about good eating habits and healthy lifestyle. The participants created their own small community groups where they met, interacted and shared information on healthy living.



Topics included:

Diabetes Myths; Health Benefits of Regular Physical Activity; Eating Healthy with Canada's Food Guide; Menu Planning and Shopping Healthy Meals; Stress Management; Yoga and Tai Chi, Community Walk and Resources in the Community Program.

SENIORS ACTIVE LIVING CENTRE

We are grateful to Canadian Heritage for their support to make our Canada Day celebration possible.

We celebrated diversity with seniors that included: immigrants, newcomers, visible minorities, persons with disabilities and members of colourful ethnic backgrounds.

We acknowledge the volunteer time of the seniors craft group that created beautiful handkerchiefs for the guests attending the International Women's Day celebration. The craft group also knitted blankets for our fundraising activities. There was an increase in the craft group participation.

There was an increase in the participation of Chinese Group from 10 to 30 women and seniors.

Low income seniors were provided with transit tickets, supported by York Region Transit Program.



Activities for Seniors included: Functional Fitness; Line-dancing; Zumba; English Café; Social activity groups; Chinese Social Group; South Asian Group; Bingo; Arts and Crafts; Light exercises; Yoga; Congregate Dining; Community Gardening.

Seniors Fitness and Social Group at Vellore Village participated in brisk walking, yoga, brain stimulating games, card and board games, seated exercises and healthy eating.

New Activities added this year: Additional Yoga classes; Social media class; Knitting group; Movie Day; Multicultural Day; Fashion Show; Summer activities connecting youth to seniors; Dance performance by Nancy Campbell Academy.

Workshops included: York Region Paramedic Services (education on emergency kits); Anti-Aging workshop; Book Talk; Diabetes Workshops.

TESTIMONIALS:

I will be 90 years old this year and have been coming to the Centre for the past 12 years. I come to exercise class, bingo, attend the lunches, dance classes, and Senior's Café. I am an active volunteer at the Centre and one of the things I enjoy doing is making coffee and espresso for the Seniors Café. I like coming to the exercise class. I like the stretches as it helps my body and it makes me feel good. I love to move and be active and the Centre helps me stay active.

~Angela Lanna~

My name is Sharina Khan. I live in Woodbridge. I have been attending some of the programs offered by ehcw for over 2 years. The Centre is welcoming and extremely helpful for the area residents. I have been looking for a community centre that offered a variety of different classes for seniors and ehcw checked all the boxes for me.

I do crafts for an hour; Line-Dancing for an hour. I meet with so many other seniors who willingly offer advice on many topics that are beneficial to the aging population.

I believe that ehcw is much needed and useful to the Woodbridge and surrounding community.

Last, but not least, the staff is amazing! Yougeita is one in a million.

~Sharina Khan~

I attend the exercise and social groups. Exercise benefit me in so many ways because I am very sick and it helps with my joints and physical abilities. The South Asian gatherings relieves the depression and I feel lighter when talking to everyone. I feel very soothing and at peace when coming to the programs.

~Hina Safdar~

This program is really a benefit to my health, my state of mind, and it surely does helps me make new friends. I do hope that this will keep on going for a long time in the future. I look forward to this every week.

~Lucy Pupulin~



AGING AT HOME PROGRAM

Funding provided by Toronto Central LHIN

Seniors, with their life experience, bring a wealth of knowledge to the society. Communities sustain heavy social costs when they cannot tap into the unquantifiable wealth of experience offered by seniors who unfortunately end up in social isolation.

Seniors enjoyed Physical and Brain Stimulating activities: Light and seated exercises, stretching, yoga, community walk, traditional dancing, Dominos, Crossword puzzles, bingo, card and board games.

OUR SUCCESSES:

5	Seniors' fun and educational trips	250	Seniors participated in the trips	12	Festivities and celebrations
195	seniors participated in the program	4,342	Visits during the year		

TESTIMONIALS:

Samra, as seniors, my friends and I really enjoy attending your programs. You are so loving and thoughtful. My friends and I really appreciate your tremendous efforts. I am very thankful to have such an amazing instructor like you. You always encourage us to be active and healthy. Coming to your programs always relieves any oncoming stresses that we may be experiencing. I am grateful to have such a creative, innovative, and impressive instructor! I have lots of fun on the trips you provide, and I'm very happy to be a part of this amazing group.

I have made so many friends that I never thought of making before. You also always provide us with healthy food, which encourages a healthy diet and lifestyle. I couldn't ever ask for a better instructor! You are amazing, and I hope to God that I remain in this wonderful group you have created. God bless you and may you get whatever you want! You deserve it!

~Joginder Kaur~

COMMUNITY KITCHEN

In partnership with North York Harvest Food Bank

Enjoying healthy foods is essential part of graceful aging. In our community kitchen program we try flavorful soups and meals. Participants share the ingredients, meals and recipes and celebrate good life by coming together.

2	Locations holding community kitchen	7,500	Visits for food collection and participation in community kitchen
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SOCIAL ENTERPRISE SUCCESSES

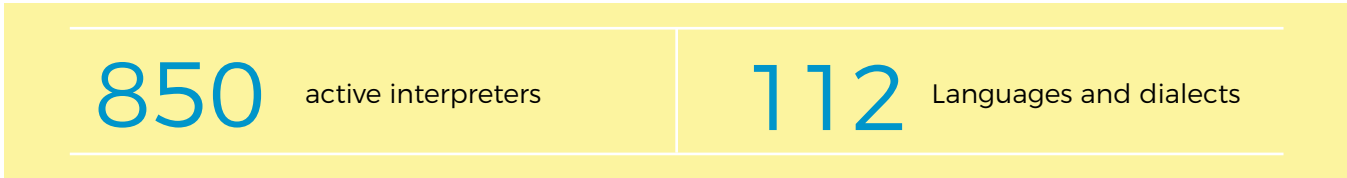
We operate 2 social enterprises. Namely : 1) RivInt Interpretation and Translation Services and 2) iWurk. Both of the enterprises provide crucial funding for the Centre – a self-generating income activity to support administrative and program costs, whenever we experience funding shortfall.

RivInt Interpretation & Translation Services

RivInt’s vision is a world where anyone is perfectly understood in any language.

Our mission is to deliver outstanding interpretation and translation services that are accurate, timely, affordable and create a shared understanding among people. We maintain a strict adherence to quality of interpretation services by ensuring that all interpreters are trained and certified through CILISAT/ILISAT (Cultural/ Interpreter Language and Interpreting Skills Assessment Test). Learn more at our website at www.rivint.ca

OUR SUCCESSES:



TESTIMONIALS:

We asked why our clients chose RivInt’s services. Here is how they responded:



Personable staff. Quick response. Customer service. We have had good feedback from the departments that have requested the interpretation appointments. We really like the mission of the organization and its connection to the women’s centre. Happy to support a not-for profit organization. Great Customer Service.

~

RivInt has provided exceptional service to CAMH for over 5 years with services being professional, sensitive specifically in having a good understanding of rules governing confidentiality and code of conduct. Recognizing the unique needs of our populations/clients, RivInt ensures that their interpreters are properly trained, qualified and comply with CAMH guidelines and policies. This agency provides exceptional and prompt service 24/7 including weekends and statutory holidays.

~Nuccia Vani - CAMH~

We received both audios and translations in a timely manner. The quality of the translations was also excellent.



LIVE WELL FESTIVAL

Supported by Canadian Heritage and Multiculturalism

A pilot project was undertaken as a wellness program to empower seniors, women and their families from diverse cultures to integrate awareness of wellbeing in their lifestyle and make informed choices appropriate for them. Festival included yoga, health related business booths and dialogue with experts on preventative health.

YOUTH SUMMER PROGRAMS

Supported by Employment and Social Development Canada

Students, while working with ehcw built skills in administration; community outreach; intergenerational activities, job readiness skills, financial management, computer skills training; arts and craft; program delivery for seniors, women and youth.



PEACOCK ART STUDIO

Supported by Toronto Arts Council

Group of seniors, youth and women from diverse and cultural communities from North York and Vaughan got together in creating fabric art and crafts as well as designs and knitting. Local art was appreciated by the community members, who gleefully purchased the unique gifts for their loved ones. Proceeds were used to purchase art supplies for program participants and support survivors of domestic violence.

TESTIMONIALS:



I attend the English and Art class. I like coming here because it is easy to come to the programs. I like painting and I always have new ideas. My friends in the art help me and teach me. Everyone here helps me.

~Ludmila Kozlova~

I come to the craft, exercise and dancing classes. I spend most of my time at the centre. I love attending all activities especially the craft class because I learn new things, like how to crochet. The activities keep my brain working and exercise helps me stay healthy and active.

~Pia Dal Bello~



LEADERSHIP AND OPERATIONS

Board of Directors & Member



Rose Savage,
Chair



Michael Denyszyn,
Vice-Chair



Allison Buchan-Terrell,
Secretary



Vinod Sharma,
Treasurer



Alicia Mondesire



Deanna Sgro



Caitlin Gascon



Meezan Kotylo



Raushan A. Bhuiyan

Students

- **Allessia Marotta-DiSalvo,**
Seniors Program Assistant, Summer Position
 - **Julia Zamparo,**
Seniors Program Assistant, Summer Position
 - **Laila Cannela,**
Youth Program Assistant, Summer Position
 - **Madeline Zamparo,**
Youth Program Assistant, Summer Position
- **Varshil Bhagat,**
Assistant Youth Outreach Worker, Summer Position
 - **Yashleen Jaura,**
Assistant Youth Outreach Worker, Summer Position
 - **Parbhat Sharma,**
Administrative Assistant, Summer Position
 - **Liza Gandhi,**
Seniors Program Assistant, Summer Position

Staff Members



Sunder Singh,
Executive Director



Maria Kritskaia,
Administrative Coordinator



Nissa Francisco,
Settlement Counsellor



Youngeita Jagdesh,
Seniors Program Coordinator



Samra Hafeez,
Community Mental Health & Seniors Program Coordinator



Irina Koroleva,
Social Enterprise, RivInt Program Coordinator



Benedicta Ambrose Egede,
RivInt Assistant Coordinator



Obioma Dike,
Women's Program Coordinator



Monica Reyes,
Assistant Coordinator, Trainee



Debra Edwards,
Community Service Worker, Trainee



Rasha Sana,
Internal Operational Assistant, Trainee

Minal Kulkarni,
Seniors Program Coordinator

Mark Kovats,
Accountant

ehcw acknowledges the services for the part of the year of the Interim ED Shirin Mandani while ED Sunder Singh was on leave of absence

OUR VOLUNTEERS

The backbone of this organization are its volunteers. The volunteers helped us deliver our programs effectively by participating in the planning, organizing and delivery of programs.

Volunteers supported in the training of youth, organizing fun and educational trips, supporting the Peacock Art Studio with its creation of arts and crafts.

Volunteers helped to organize community events and festivities that kept our communities connected and happy.

We are grateful to Chand Kapoor for providing free tax return service for low-income women and seniors, during the tax season.

Special Mention Volunteers

THANK YOU

for your outstanding support!

- | | | |
|----------------------|-----------------------|--------------------|
| • Sukh Alang | • Elda Delvescovo | • Nighat Khalid |
| • Lucy Pupulin | • Elvia Gliosca | • Parbhat Sharma |
| • Neal Pupulin | • Farzaneh Peterson | • Parvati Patel |
| • Grace Esposito | • Fasiha Jaffery | • Paula Liegghio |
| • Joe Esposito | • Gursharan Sahota | • Pia Dal Bello |
| • Anju Mohindru | • Heidi Last | • Rita Ieritano |
| • Angela Lanna | • Jean Deveau | • Sagar Kulkarni |
| • Asha Kanojia | • Joe Bancheri | • Sara Donoso |
| • Barbara Brijcoomar | • Kalidas Patel | • Sediqa Nawrozian |
| • Beatrice Conforti | • Kanta Sharma | • Setamah Singh |
| • Bibi Hack | • Kamal Prasaud | • Shirley Ciossich |
| • Carmela Morelli | • Keshubhai Chaudhari | • Shirina Khan |
| • Celeste Bancheri | • Leena Kapadia | • Terry Hrab |
| • Cristina Marra | • Mansoor Effact | • Wanita Jagdesh |
| • Doreen Borst | • Nahid Khan | |

SUPPORTERS 2018 - 19

The Elspeth Heyworth Centre for Women is grateful for the valuable support we received from our funders, supporters and partners.

Funders

FEDERAL

- Employment & Social Development Canada
- Canadian Heritage and Multiculturalism
- The Royal Canadian Mounted Police

PROVINCIAL

- Ontario Ministry of Children, Community and Social Services, Citizenship and Immigration Division
- Ontario Ministry of Community Safety and Correctional Services
- Ontario Ministry of Health and Long-Term care

MUNICIPAL

- City of Toronto
- Toronto Public Health
- Toronto Employment & Social Services
- Toronto Central Local Health Integration Network
- Toronto Police
- City of Vaughan
- Regional Municipality of York
- York Region Employment and Social Services
- York Region Police

- City of Vaughan – Mayor’s Spirit of Generosity Fund
- York Region Transit Program

FOUNDATIONS

- Ontario REALTORS Care Foundation
- RBC Foundation
- Jackman Foundation
- Toronto Arts Council
- Canada Gives Foundation
- Ontario Trillium Foundation
- Toronto Parks & Trees Foundation
- Sam Sorbara Charitable Foundation
- Savage Foundation
- The Georgina Foundation
- United Way Greater Toronto
- The Henry White Kinnear Foundation
- Elementary Teachers’ Federation of Ontario

DONORS AND SPONSORS

- RBC Financial Group
- ICICI Bank Canada
- Scotiabank
- CIAO Bella Dance Studio
- Cliff Bars
- Deanna Sgro
- Elite Island Resorts

- Keurig Canada
- Maple Leaf Sports & Entertainment Ltd.
- Montreal Alouettes Football Club
- Niagara Parks & Country Club
- Ramesh Chotai
- Savage Foundation
- Sharma Lawyers
- Southern Pines Golf
- Starbucks
- Suresh Jewellery Inc.
- Woodbridge Toast Masters
- Umbra

SUPPORTERS

- Brands for Canada
- Chand Kapoor CPA
- Dipchand LLP
- Housing Help Centre
- Jane/Finch Community and Family Centre
- McMichael’s Art Gallery
- Nork York Harvest Food Bank
- Toronto Community Housing
- Vaughan Food Bank

MEDIA SUPPORTERS

- CINA Radio 1650 AM
- SNAP

COMMUNITY PARTNERS 2018-19

- 211 Toronto
- Access Alliance
- ALLIA – Association de l’Industrie de la Langue
- Assaulted Women’s Help Line
- Barbara Schlifer Commemorative Clinic
- Black Creek Community Health Centre
- Black Creek Micro Loan Fund
- Black Creek West Comm. Capacity Building Project
- Brands for Canada
- Canada Revenue Agency
- Canadian Armed Forces
- Canadian Mental Health Association
- Centre for Addiction and Mental Health
- Chand Kapoor CPA
- CIAO Bella Dance Studio
- City of Toronto, Parks, Forestry and Recreation
- City of Vaughan, Recreation and Culture
- College of Carpenters and Allied Trades
- Delta Family Resource Centre
- Emery Adult Learning Centre
- Emery Collegiate Institute
- Ernestine’s Women’s Shelter
- Evolve Systems
- FOCUS Rexdale
- Gem Security System
- Girls on Boards
- Home Depot

- Hospice Vaughan
- Housing Help Centre
- Jane/Finch Community and Family Services
- Jane and Finch Community Legal Clinic
- Jane-Finch Community Ministry
- JRCC Furniture Depot
- Knitting Rochs
- Martin Grove Older Adult Club
- Nancy Campbell Academy
- Northwood Neighbourhood Services
- North York General Hospital
- North York Harvest Food Bank
- North York Sikh Temple
- OCASI
- OCCI
- Ontario Realtors Care Foundation
- Priya Import and Export Services
- RCMP
- Ronnie’s Helping Hand Homecare
- Royal Bank of Canada
- Royal Ontario Museum (ROM)
- Ryerson University, Faculty of Urban Planning & Community Services
- San Romanoway Community Services
- SAVI
- Scotiabank
- Seneca College
- Skills for Change

- SNAP
- St. Joseph’s Health Centre Toronto
- Toronto Community Benefits Network
- Toronto Community Housing Corporation
- Toronto District School Board
- Toronto Employment and Social Services
- Toronto Housing Connection
- Toronto Police Service 31 Division
- Toronto Police Service, Traffic Services – North York Collision Reporting Centre
- Toronto Public Health
- Toronto West Local Immigration Partnership
- University Health Network
- Valeria Mitsubata Photography
- Vanessa Galle Photography & Design Inc
- Vaughan Community Health Centre
- Victim Services Toronto
- Vaughan Food Bank
- Vaughan Libraries
- Vellore Village Community Centre
- Violet Heart Foundation
- Women’s College Hospital
- Woman Abuse Council of Toronto
- York Regional Police
- York Region Paramedics Services
- York University

YOUR GIFT CAN CHANGE SOMEONE’S LIFE

To make a secure online donation, please visit www.ehcw.ca

CHARITABLE REGISTRATION NUMBER: 139096135RR0001

Your support is extremely valued! We support newcomer women, youth and families with life-enhancing resources, develop skills, meet other women and youth and build our collective capacity. We are a registered charity, hence, your generous donation will be eligible for a tax receipt. There are several options available to donors to support our important award winning work in the community we serve.

Monthly Giving

You can put your money to work through our monthly giving in a safe, secure and convenient way. A tax receipt will be issued for the total value of all your donations at the end of the year.

Annual Gifts

You can make gifts to support the work of the Centre at any time throughout the year. Your gifts are eligible for tax receipt subject to CRA regulations

Honourary or Memorial Giving

Celebrate a special person who matters in your life and make a gift in their honour, or in their memory. The Centre can arrange for a card with your personalised message to be sent to anyone you would like notified of your gift.

Corporate Support & Foundations

For support and longer term giving or simply to learn more about the Centre’s work, our Executive Director would be pleased to connect with you. She can be reached at **416-500-2748** or email at info@ehcw.ca

Bequests

You can make a gift through your will. It is the most common form of planned gifts where you can give a piece of your property, a percentage of your estate or a sum of money. One of the ways you can leave a legacy and indelible mark behind is to support causes that matter to you. Kindly consult an attorney and/or financial planner for guidance and make the necessary arrangements for you to begin your legacy.

Gifts of Securities

Donating appreciated stocks, bonds, and mutual funds is the most tax effective way to make a gift to a registered charity. Your donation is eligible for a tax credit whether it is in cash or in appreciated securities.

ELSPETH HEYWORTH CENTRE FOR WOMEN (NORTH YORK)

Statement of Operations For the Year Ended March 31, 2019

	2019	2018
REVENUES		
Fees for Services	\$ 420,573	\$ 406,260
Less: Interpreter Fees (Note 14)	(239,040)	(237,537)
Net Fees for Services Revenue	181,533	168,723
Grants (Note 6)	\$ 449,986	\$ 412,063
Donations and Fundraising	91,024	78,335
Other Income	3,417	10,585
	725,960	669,706
EXPENSES		
Professional Fees	13,397	10,363
Administration	39,217	53,510
Fundraising Activities	51,682	2,429
Occupancy	42,152	41,790
Program Supplies	66,500	48,781
Staffing	506,477	433,357
	719,425	590,230
EXCESS OF REVENUES OVER EXPENSES BEFORE AMORTIZATION		
	6,535	79,476
AMORTIZATION (Note 7)	(3,194)	(3,815)
EXCESS OF REVENUES OVER EXPENSES	\$ 3,341	\$ 75,661

ELSPETH HEYWORTH CENTRE FOR WOMEN (NORTH YORK)

Statement of Financial Position As at March 31, 2019

	ASSETS	2019	2018
CURRENT			
Cash		\$ 199,051	\$ 205,993
Short-term Investment (Notes 2 and 9)		80,000	82,123
Accounts Receivable		75,043	67,376
Grants Receivable		6,504	14,993
HST Recoverable		691	1,407
Prepaid Expenses		2,349	11,722
Source Deductions Recoverable		2,361	-
		366,269	383,614
CAPITAL ASSETS (Note 3)		18,432	23,348
		\$ 384,701	\$ 406,962
LIABILITIES AND FUND BALANCES			
CURRENT			
Accounts Payable and Accrued Charges		\$ 28,053	\$ 41,310
Source Deductions Payable		-	3,179
Deferred Revenue		-	15,000
Deferred Operating Grants (Note 4)		27,550	18,734
		55,603	78,223
DEFERRED CAPITAL GRANTS (Note 5)		7,211	10,193
NET ASSETS		321,887	318,546
		\$ 384,701	\$ 406,962

OUR LOCATIONS



IMMIGRANT AND NEWCOMER WOMEN,
SENIORS AND FAMILIES ACHIEVING
THEIR FULL POTENTIAL.



ehcw
Elspeth Heyworth
Centre for Women

Elspeth Heyworth Centre for Women

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