



ehcW
Elspeth Heyworth
Centre for Women

"I came to the Elspeth Heyworth Centre because my situation was going from bad to worse. Despite the fact that I was separated from my ex husband he continued to be mentally, emotionally and psychologically abusive. He was abusing drugs and alcohol and I was afraid of leaving my son alone with him but didn't feel like I could do anything about it. When he threatened to take him away I knew something had to change. This is when I came into the Centre..... I worked up the courage to stand up to this man and fight for my son before it was too late.

I won't be able to ever thank Elspeth Heyworth Centre enough for everything they have done for me."
Anonymous



"Thank you so much. I did not have food for my grandchildren to eat, and their mother is in the hospital. I myself am not feeling well and not able to go to the grocery store. I am thankful for what you guys have been doing. The items you delivered will go a long time. I am so thankful for the clothing because my grandkids barely have clothing to wear".

Anonymous

Accredited by
Canadian Centre
for Accreditation



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Centre canadien
de l'agrément

**ANNUAL
REPORT
21
22**

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CLIENT STORY

“The spirit of ehcw has endured throughout the pandemic with our community becoming closer and stronger than ever before. The staff, volunteers, membership, clients and Board of Directors have found new ways to connect, support each other and grow. With a new year upon us, we move forward towards exciting possibilities, and we look back at the last year with a great sense of pride in all that has been accomplished! As always, we are grateful for the work that is undertaken each day by the dedicated staff and volunteers of ehcw and for the members and clients who continue to make this work meaningful.”

Board of Directors of ehcw



Client Story:

Tina was first connected to the Centre through a former staff of ehcw. Young Tina was going through domestic violence, with constant abuse from her husband, mother-in-law and sister-in-law. She was beaten and repeatedly harassed to leave the house. She was regularly reminded that she was a village girl, her duty was to cook for everyone and look after the household. Tina had a 3 year old daughter, whom she was trying to raise in a very difficult environment. Tina was not earning any income. She was completely dependent on her husband. ehcw advised Tina on how to keep herself safe, while she planned her exit from a life-threatening situation. She did not feel safe, even though she had contacted the police. The challenge of finding a shelter due to COVID was facing the entire city. Tina simply wanted to exit her marital home at any cost and live in a housing anywhere she could find a roof over her head. However, Tina's husband controlled

all her finances and drew loan under her name, making Tina financially vulnerable. He also withheld the Child Tax Benefit from Tina, making her further vulnerable as she could not financially support her child. As well, all her official documents had been taken away, by her husband. This delayed Tina's efforts to move out early into an affordable housing and get social assistance so that she could plan her future. ehcw assisted Tina to re-apply for her passport and other official documents, so that she could receive social assistance, as well receive some financial support for her child. While Tina waits for her documents to arrive, so that she could be placed in a safe housing, ehcw is also helping Tina to plan her future toward self-sufficiency.

ABOUT US

Our Vision

Immigrant and newcomer women, seniors and families achieving their full potential.

Our Mission

Empowering immigrant and newcomer women, seniors and families through advocacy and services focused on promoting healthy families, community relationships and economic self-sufficiency.

Objectives

At the Centre, we support immigrant and newcomer women, seniors, youth and families by:

- working with our partners in the law enforcement and justice sectors to raise awareness of individual rights and reduce the incidence of domestic and intimate partner violence;
- working with our partners in the public and private sector to reduce poverty and isolation while empowering our clients to become more financially literate;
- connecting those who experience linguistic or cultural challenges with support programs and services;
- collaborating with other organizations to address educational, cultural and linguistic issues;
- assisting with their settlement and integration into Canadian society as respected and contributing members.

Strategic Direction

1. Expand responsive services and advocacy efforts focused on immigrant and newcomer women, seniors, families and youth in Northwest Toronto and York Region, with a particular focus on serving women experiencing violence.
2. Achieve ongoing, stable and adequate funding.
3. Elevate ehcw's profile within the community services sector in Northwest Toronto and York Region.
4. Strengthen organizational capacity - human resource system, information technology and office space.

CHAIR AND EXECUTIVE DIRECTOR'S MESSAGE



Krista Antonio
CHAIR

With the mark of 30 years in operation, ehcw, over the years has expanded from providing services to just South Asians to slew of diverse population from over 20 countries, speaking multiple languages and coming from various cultural background. Our programs reflected unity and togetherness that everyone enjoyed and thus played their part in building strong communities. Our clients became our volunteers.

COVID provided us with the opportunity to further focus on safety and serve the communities that were affected by the pandemic. Our clients grew and with them our programs. Today, our communities, through ehcw are served by 4 food banks. We have established programs such as settlement, aging at home, seniors active living centre, youth activities, reduce abuse, neighbourhood pod, on-line educational workshops, youth and adult vaccine engagement and social enterprises. Anti-human trafficking program under the banner of "Connect Young" created resiliency among children and youth through group therapy and workshops. These programs evolved as we heard the growing needs of our communities. Over 4,000 people's lives are changed and positively affected, each year, through our services. We are blessed.

ehcw became the leader for the North Quadrant, a significant area of Toronto to create awareness of vaccine among youth. Townhall meetings were held. Outreach was conducted through social media. Our staff and volunteers served with passion throughout COVID to facilitate food, grocery, clothing and household goods distribution. With assistance from Toronto Public Health, our clients learnt about pandemic health and safety.



Sunder Singh
EXECUTIVE DIRECTOR

Our 8th International Women's Day was celebrated virtually drawing 200 guests. I am grateful to our Board of Director for their continuous participation and support, keeping our policies updated, steadily helping to move ehcw forward in its new endeavours and ensuring quality service provision for our clients.

The Board of Directors worked towards the development of a new Strategic Plan to support ehcw through the next three years. Reflecting on feedback from the staff and clients and informed by lessons learned and opportunities identified over the previous three years, the Board of Directors engaged in a collaborative strategic planning process supported by the expertise of Management Advisory Services (MAS) Consulting. In response to the previous Canadian Centre for Accreditation review process that culminated in 2021, the Board of Directors also worked diligently to build critically important policy tools for continuous quality improvement and focused in on devising additional procedures to support Board succession planning. The year culminated in a nominations process which resulted in identifying three exceptionally talented candidates to join the Board of Directors.

As I prepare to depart from the Board, I would like to take this opportunity to extend my gratitude to Sunder and the ehcw staff and volunteers for their tireless efforts, my colleagues on the Board of Directors for their generosity of time and spirit in supporting this organization, the clients and members who inspire the work of ehcw and the generous donors and partners who allow ehcw to continue to serve the community.

Thank you!

KEY SUCCESSES IN 2021-22

- Worked in collaboration with United Way, City of Toronto and Community Agencies to combat COVID-19 in the community.
- Strategic Planning Completed for 2022-25;
- Awarded Accreditation, for the second time, for a 4-year term;
- Celebrated 8th International Women's Day;
- Established Anti-human trafficking program, awareness reaching over 1 million parents and students;
- International advocacy for International Students through 14 media and community sources;
- Approved as a lead agency for Youth Vaccination Program in North Quadrant of Toronto;
- Approved as lead Project Coordinator of the Vaccination Engagement Team, Toronto;
- Reached to over 50,000 community members through social media outreach and faith leaders;
- Food donations continued to be distributed to 185 clients, each week, in Vaughan and Toronto;
- Held 6 Townhall meetings for Vaccination and organized 2 vaccine clinics;
- Through vaccine engagement, held 2 Townhall meetings with faith leaders with total of 15,000 social media followers;
- Worked in collaboration with 41 partners to address high risk cases of abuse, housing, tenancy and food;
- Neighbourhood Pod Leaders and Pod members actively participated in vaccine engagement;
- 8 students placed in summer jobs.

Our Impact

- ehcw offices remained open throughout COVID-19 providing immediate supports to the vulnerable;
- Provided comfort and relief with food and donations to families who were financially affected by COVID;
- Remained steadfast in our conviction to encourage 201 women facing domestic violence to explore pathways to apprenticeships that lead to Red Seal Trade certification. This career awareness helped under-represented groups learn about diverse avenues of employment and opportunities for training through our partner agency Toronto Community Benefits Network;
- Internationally, as well throughout GTA engaged parents and international students creating awareness of safety issues faced by newly arriving students to Canada.

SUPPORTING NEWCOMER WOMEN AND FAMILIES

Newcomer Settlement Program

Full wrap-around settlement services were provided to meet the needs of the newcomer population, while building trust and reassurance through regular communication with clients throughout COVID. Clients were served by phone/email/Zoom/Webex, as well, in-person.

We assisted to newcomers, immigrants, refugees to meet their immigration, language, career, employment, skills enhancement, wellness, community and government services needs. A significant part of ehcw's activities in serving clients were based on advocacy, building new partnerships, increasing followers on social media activities.

- Unique Clients Served: 1,049
- Number of times services provided: 3,941
- Total number of workshops completed: 58
- Number of clients attended workshops: 1,031
- Assisted clients in completion of following documents:
 - » Family Sponsorship: 210
 - » Work Permit: 170
 - » Permanent Resident: 97
 - » Housing: 96
 - » Citizenship: 44
- Participated in weekly FOCUS Rexdale and Black Creek meetings to address high risk cases of abuse, housing and tenancy;
- Engaged in collaborative efforts to combat COVID with Black Creek Humber Summit cluster
- Expanded and established services to the Nigerian and Spanish population



"My family and I have been using the Centre since Covid 2020. We were introduced to the Centre by someone from Lorna Jackson Public School and immediately the Centre have been a great help to 6 Families that benefits from weekly service. This donation of service have been a great help to us. The staff are amazing! Very helpful , organized and courteous. Special thank you to Cindy and Laura. I really appreciate the generosity and hard work that you all do. On behalf of all the others we are very grateful and thankful for all you do."

- Sharon Barrett

EMPLOYMENT

With cases of domestic violence on the rise during COVID-19, it has been ehcw's top priority to quickly respond to and support clients through Toronto Community Benefits Network in building skills so that they could become employment ready with relevant education/training and apprenticeship in construction. TCBN conducted virtual workshops to create awareness of trade skills opportunities in construction for women and youth.



Our Successes:

- Number of trade skills and employment related workshops conducted: 10
- Total number of women and youth attended workshops: 111
- Number of women referred to VPI Working Solutions for employment support: 20

"I commenced my Settlement journey in Canada with Elspeth Heyworth Centre for Women (ehcw). I was referred by Ve'ahavta, a Jewish organization. ehcw referred me to Toronto Community Benefits Network (TCBN), where I did a pre-apprentice training in construction. Later I got a job posting at TTC. I applied as a customer service agent. I was called for interview, it was successful. Though I am still waiting for my job training before resuming my new job, I am so glad at the same time. Moving to Canada hasn't been very easy but the rate at which I am growing is commendable.

I will never forget ehcw and TCBN. I say a big thank you all and to the amazing staff of ehcw. I want to say a big thank to Canada. GOD bless Canada".

- Bryan Glory Omotayo and Peace Omotayo.



REDUCE ABUSE AND FINANCIAL LITERACY

SUPPORT PROVIDED BY ROYAL BANK OF CANADA, REALTOR CARE FOUNDATION AND TD BANK

Throughout the year, women enduring abuse and threats of deportation from their partners called out for help. Several young women reported that even though living with their abusive partner was difficult, they were made to believe abuse was part of marital relationships and they had no choice but to endure abuse. Some women reported that they had fear of their children witnessing their father being arrested by the police and the stigma they would face from the community they belonged. Women received pro-bono legal advice. Relationships with Victims Services and Police Division 31 were further strengthened as we received referrals to serve domestic violence cases.

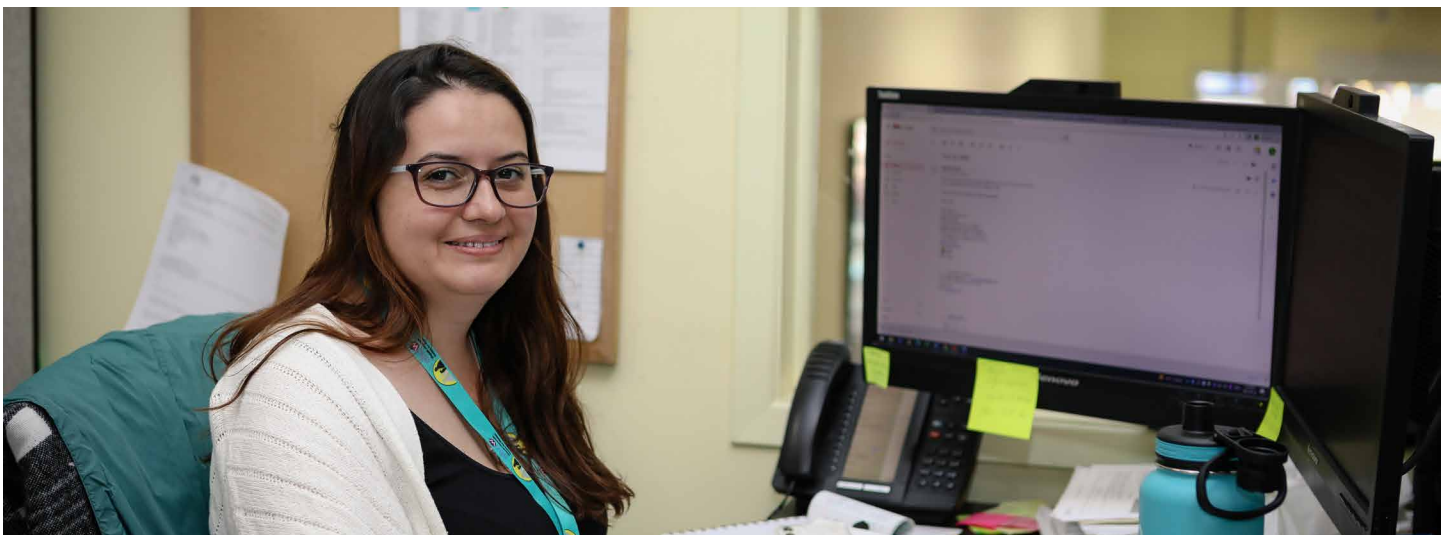
International students facing financial desperation and settlement difficulties were assisted. In many cases, fear of the unknown and uncertainty had stopped them from

approaching the Centre.

International youth and women reported that knowledge of financial management was important to make personal financial decisions. They received counselling from the financial experts on banking, savings and building sound credit rating.

We are grateful to the Executive Director of Jane & Finch Community Legal Clinic, Noland Merrick, as well as Immigration Lawyer Uzma Akhtar for their contributions in assisting clients facing domestic violence who needed legal advice.

The 8th International Women's Day was celebrated with sponsorship from 105.9 The Region, Cirque Revolution Inc. and Elvira Caria.



Our Successes:

- Number of cases of domestic violence reported: 201
- Number of high risk cases taken by ehcw: 9
- Number of families serviced with food distribution: 1,950
- Number of families in Vaughan supported with food and donations: 18

YOUTH ANTI-HUMAN TRAFFICKING

FUNDED BY MINISTRY OF CHILDREN, COMMUNITY AND SOCIAL SERVICES
SUPPORTED BY ROYAL BANK OF CANADA; TD BANK; REALTOR CARE AND TCBN

With the help of Canadian Bazaar Magazine and its story on ehcw's advocacy and creating awareness of issues facing International students, we reached out to over 1 million parents and youth internationally through 9 media channels to create awareness of risk of human trafficking and ways to prevent vulnerability.

The youth got together daily in a technology free zone so that they could interact with each other in-person, learn and participate in educational activities. Youth supported each other as they opened and addressed issues that were pertinent to them, for their safety.

Youth used their skills to teach other youth, encouraged their peers to open up in their discussions, as well build meaningful relationships with other youth outside of their schools. Youth participated in activities that related to positive developmental settings.

Our Successes:

- Total number of human trafficking cases reported: 3
- Total number of youth visits: 967
- Total number of new youth registered: 44
- Number of youth hired for summer jobs: 8
- Number of youth attended "safety" workshop sessions: 40
- Number of Staff trained and increased their knowledge of human trafficking: 3



"I am a student who learned about the youth program through my sister. I started attending this program because I wanted to participate in after school activities. I attended workshops on safety and participated in after-school games and activities. I was one of the older kids and I wanted to help the younger kids with their homework. I later became a volunteer at the Centre for the youth program. I helped other youth with their English homework. This made me feel very good because I was contributing my skills to others. I also helped out with the Christmas distribution program.

This program has helped improve my English skills because I talked to a lot of other students from different schools who also attended the program. I have learned and gained a lot of knowledge about safety, enhanced my communication skills, and I was able to volunteer my time to support the community." - **Meron Yohannes**

VACCINE ENGAGEMENT - NEIGHBOURHOOD POD - FOOD DISTRIBUTION:

Most of the clients served by ehcw were from the ethno-racial specific communities.

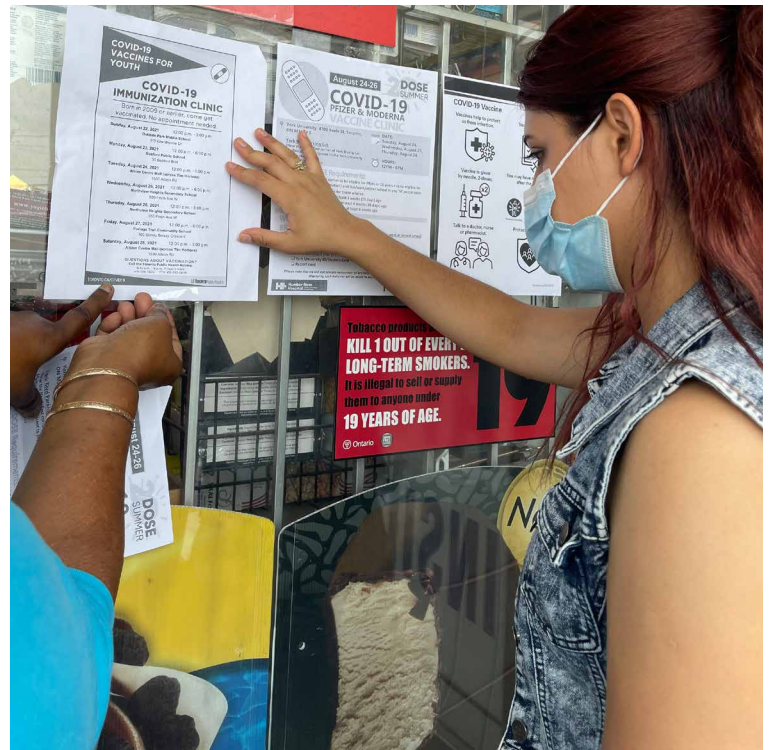
Due to the urgency of reaching out to as many communities as possible during COVID, ehcw took the leadership to engage in vaccination campaign. As well, ehcw took the lead in the youth vaccination engagement for the North Quadrant of Toronto. Townhall meetings with ethno specific communities, faith leaders and community leaders were organized to reach out to various communities. Through the vaccine campaigns, ehcw connected with multiple diverse communities including the various African and Spanish communities.

Neighbourhood Pod leaders formed social circles and networks to track, monitor, assess and check-in on needs that were arising among community residents and, as a team, help them meet those needs. They played a critical role in spreading awareness about the COVID vaccination campaign.

Food distribution with assistance from North York Harvest, Second Harvest, ANIDA and Vaughan Food Bank, ehcw continued to assist families impacted by COVID.

Our Successes:

- Number of residents reached: 36,000
- Number of active Neighbourhood Pod leaders engaged in Vaccine Engagement: 9
- Number of Townhall meetings: 6
- Number of participants in the townhall meetings: 300
- Services provided to diverse communities: 18
- Increased food, clothing and personal necessities support and vaccine information resources to Black, South Asian, Spanish and Caribbean communities.



TESTIMONIALS

"I've been a youth pod leader for more than a year now and I joined because it sounded like an interesting opportunity where I could assist people around my area. Basically, the pod leaders served as the bridge between the Community Centres and the community itself. In our weekly meetings, the pod leaders would report the needs of local citizens and their concerns regarding various things, including food, back to school supplies, clothing, and the COVID vaccines. A highlight of this experience has been the various things that I've learned about my community after having spoken to many people first hand. It is something that is truly eye opening and has made me better versed with the community that I live in."
- Aashirya Sharma

"I became a pod leader because I wanted to help people in my community. As a leader, I also put myself into their shoe and this made me want to help others even more and appreciate all that I have. When delivering food, I always hear 'god bless you', 'thank you so much', 'you guys are doing a great job there helping the community'. There have been many clients that I delivered food and clothing to that have cried and got emotional because they were so thankful for what they received. This made me so happy that I can help others on behalf of Elspeth Heyworth Centre. People do not know what are available to them in the community. As a pod leader, I take time to explain the services offered at ehcw so they know where to go for support. Some of the things I hear from people is how hard it is during COVID to access food, clothing, PPE, housing, medical care during these uncertain times. I am here as a pod leader to educate the community and provide support as it become available. I am so happy to help on behalf of ehcw". N.R.

"Since the start of the pandemic, I have often heard the term "Vaccine Clinic" but did not know fully what it entailed. After having the opportunity to plan, manage and participate in multiple vaccine clinics and outreach in various communities; I am now fully aware of the necessary networking and collaborations required to put on such an important public health service in the hope of reaching the maximum youth throughout the North Quadrant of Toronto. Communicating with various community agencies, as well as professional nurses, has been very beneficial for me personally, as I am now more educated and informed about the impact of COVID-19; and the endless effort that the Canadian government has put forward in the hopes of keeping our communities safe. I look forward to participating in such endeavors in the future if given the opportunity." Kelia Davis (Staff)

"During the pandemic, these past 2 years I was having difficulty doing grocery shopping. Many thanks to the Elspeth Heyworth Centre for Women. Almost every week I went to get some groceries. Financially, it helps. The staff were very helpful and kind. I am very grateful." (Janet Wong)

SENIORS ACTIVE LIVING CENTRE

SUPPORTED BY MINISTRY FOR SENIORS AND ACCESSIBILITY AND SENIORS COMMUNITY GRANT

Supported by Ministry for Seniors and Accessibility and Seniors Community Grant Program
The theme for this year was Mental Health Promotion. CAMH trained ehcw staff on Seniors Mental Health, following which 15 Mental Health workshops were offered to seniors.

The theme for the year was to provide up to date information to the seniors on how to transition from the lockdown to meeting safely and learning to be back to normalcy, as COVID-19 restrictions were lifted. Programs continued to be held virtually, however in-person programs gradually commenced. Seniors were engaged in multiple programs offered as follows:

Line Dancing, Bingo, daily exercises, computer and tech help classes, community gardening, arts and craft, workshops, social gatherings, congregate dining, seniors café, knitting group, coffee talk, chair yoga, food and clothing distribution and English conversation. Concerts in Care partnered with the seniors program and offered free virtual concerts, as well entertained our seniors during congregate dining.

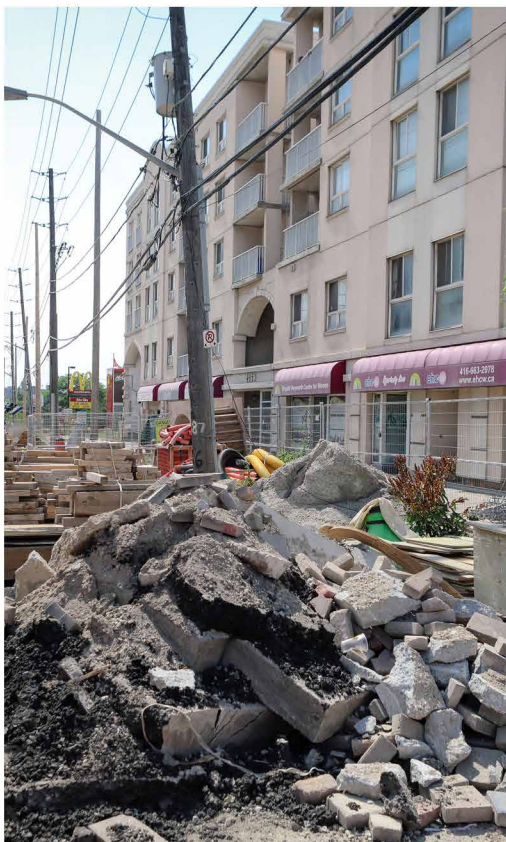
Our Successes:

- Number of new seniors: 56
- Number of seniors and families served with food: 50
- Number of Programs offered to Seniors: 17
- Annual daily exercise sessions for seniors: 432
- Community Partners engaged with seniors: 11
- Number of educational workshops conducted for seniors: 46
- Number of times seniors attended educational workshops: 690
- Number of visits: 5,597



Through the Peacock Art Studio, the seniors crocheted 218 baby hats and 71 octopuses for premature and new-born babies. These items were donated to McKenzie Health Hospital in Vaughan.





TESTIMONIALS

I live in Vaughan. Since I connected with Elspeth Heyworth Centre for Women, I have learned so much about how seniors, women and youth are served in the community by this Centre. I've also observed how the Centre creates togetherness through festivities and events with people of different cultures speaking many different languages. There's so much love and care that unites people here. For many years I've been preparing food for the elderly and sick people who cannot look after themselves. Given that I'm also an elderly woman, Elspeth Heyworth Centre for Women has contributed food that helps me look after those who cannot look after themselves.

- Forouz Badiyan



The EHCW has been a positive influence in my retirement days by doing crafts and line dancing. I look forward to being at the Centre on a Tuesday to meet the ladies and learn something new. I know there are numerous activities such as bingo, learning English, computers, etc. The feedback I got back was very positive. Some of the participants are very grateful for having a Centre like this in Woodbridge. I have to say the staff at the Centre are so helpful, giving, friendly and positive. I hope the EHCW will continue being there for seniors, as a meeting place and a learning environment. (Sharina Khan)



I am very grateful for the help I receive from ehcw. The staff always give me help with technology and also with all the activities I attend. Ehcw has helped me a great deal with my mental and physical health. (Rosie Conte)



The Elspeth Heyworth Centre for Women has been a lifeline for me during this sometimes miserable and ongoing pandemic. I have kept my body fit by joining exercise classes and line dancing. I have listened to musicians from a wide variety of genres perform in my living room, not to mention the fun I had sharing my love of painting with watercolor. My Thanks to the helpful staff for their excellent programming and kindness. (Nancy Buckingham)



Staff's Personal Achievements

Being a part of ehcw since September 2021 has helped me grow a lot as an individual. A couple of things that I would consider as personal achievements are: Planning and execution of 4 socials/ lunches (working around the COVID19 restrictions), partnering with external organizations to host workshops for our seniors, and being active in creating good and close relationships with the clients at Blue Willow. These experiences have helped me strengthen my communication, leadership and organization skills. As a youth, I've grown more confident as an individual and look forward to taking on more projects and working with more external organizations to provide better services for our clientele. **Cindy Ha**

AGING AT HOME PROGRAM

FUNDING PROVIDED BY MINISTRY OF HEALTH AND LONG-TERM CARE

Food and essentials were provided to the seniors who were immediately impacted by COVID-19.

Programs continued virtually and seniors were prepared to transition back to in-person programs and social groups, thus preventing social isolation. Seniors were provided with mental health supports and resources by the trained staff. Seniors checked on each other regularly to maintain social connections and ensure wellbeing.

Seniors of both the Toronto and Vaughan locations continued to meet virtually to enjoy the online learning series. Information on vaccinations and pandemic health & safety was imparted throughout the year.



Our Successes:

- Number of seniors served in North York: 435
- Number of seniors and family visits for food: 5,000
- Number of seniors who were served weekly with food and donations: 135
- Number of seniors who attended virtual exercise programs: 50

“The food program has been of great assistance to seniors, especially during the COVID restrictions, when it was difficult to go shopping. It has helped us financially as we live on fixed incomes. For me personally I am sure for others who live here, it has been very convenient to collect it downstairs to which we look forward every Thursday. The healthy variety and quality of the products that we receive have been very impressive and I am sure that this was able to improve my diet and eating patterns of the recipients, as people living alone are inclined not to eat properly. I would like to express my sincere thanks and appreciation to the Elspeth Heyworth Centre for Women for providing us with this great programme and look forward to it continuing in the future.” - Gem Wong



RIVINT INTERPRETATION AND TRANSLATION SERVICES – A SOCIAL ENTERPRISE

MEMBER OF BUY SOCIAL CANADA



RivInt's vision is a world where anyone is perfectly understood in any language.

Our mission is to deliver outstanding interpretation and translation services that are accurate, timely, affordable and create a shared understanding among people. We provide quality interpretation services by ensuring that all interpreters are trained and certified through CILISAT/ILISAT (Cultural/ Interpreter Language and Interpreting Skills Assessment Test). Learn more about RivInt by visiting our website at: www.rivint.ca

Due to COVID restrictions, RivInt continued to provide interpretation services both virtually and in-person.

Number of active interpreters: 850
Languages and dialects: 112



RivInt Interpretation and Translation Services is a 24-hour service that operates 7 days a week, 365 days a year with trained and language-tested interpreters. Our focus is on reliable, high quality customer service with quick turnaround times and quick response times in assigning interpreters and translators to each request.

This social enterprise provides crucial funding for the Centre which supports administrative and program activities in support of vulnerable communities.

"We have been using Rivint Interpretation and Translation Services for many years and hope to continue for many more. It is an absolute pleasure dealing with the staff at Rivint always friendly and willing to assist when an issue may arise. They provide a pro-active service that we have found unmatched with any other interpretation agency, always thinking ahead to avoid any delays or issues. This makes our lives so much easier and we are grateful for this. We would recommend Rivint Interpretation and Translation Services". – Interpretation Services Coordinator, North York General Hospital

"Rivint has provided exceptional service to CAMH for over 6 years with services being professional, sensitive specifically in having a good understanding of rules governing confidentiality and code of conduct. Recognizing the unique needs of our populations/clients, Rivint ensures that their interpreters are properly trained, qualified and comply with CAMH guidelines and policies. This agency provides exceptional and prompt services 24/7 including weekends and statutory holidays"
– Health Equity Office, Centre for Addiction and Mental Health

LEADERSHIP AND OPERATIONS

Executive Committee

Krista Antonio

CHAIR

Elena Flom

VICE CHAIR

Meezan Kotylo

SECRETARY

Vinod Sharma

TREASURER

Directors

Anu Saigal

Chand Kapoor

Deanna Sgro

Khamy Ganeshathasan

Lucy Cardile

Rahul Bhardwaj

Raushan Bhuiyan

Angela Huang

YOUNG DIRECTOR

Staff

Sunder Singh

EXECUTIVE DIRECTOR

Yougeita Jagdesh

PROGRAMS COORDINATOR/MANAGER

Nabeela Hamid

ADMINISTRATIVE COORDINATOR

Ivonne Delgado

SETTLEMENT COUNSELLOR

Nalani Ramdhar

COMMUNITY MENTAL HEALTH & SENIORS PROGRAM COORDINATOR

Irina Koroleva

*PROGRAM COORDINATOR, SOCIAL ENTERPRISE,
RIVINT INTERPRETATION AND TRANSLATION SERVICES*

Cindy Ha

SENIORS PROGRAM COORDINATOR

Kelia Davis

YOUTH VACCINE ENGAGEMENT LEAD

Mark Kovats

ACCOUNTANT

STUDENTS 2021-22

Aashirya Sharma
Amy Peitrantonio
Angela Cardile
Jessica Maria Joseph
Joshua Joseph
Liza Gandhi
Princess Olatunji
Shikha Aktar

Neighbourhood Pod Leaders:

Aashirya Sharma
Bibi Hack
Camila Iraheta
Christine Jayarajah
Debra Ramrattan
Fatima Juarez
Radica Sarju
Rahul Sharma
Raima Ghani
Sakina Cunningham



OUR VOLUNTEERS

ehcw extends a very special thank you to all the volunteers who are the backbone of this organization. Over the course of the last year, our dedicated volunteers ensured the programs were delivered effectively. They were instrumental in facilitating food and donation distribution and in carrying out the planning, development, organizing and implementing of our programs. Our heartfelt thanks to all those who have given multiple hours of their valuable time to the Centre.

ehcw is grateful to Chand Kapoor for providing free tax services for seniors and women with financial challenges, during the tax season.

Volunteers

Aashirya Sharma

Angela Lanna

Anna Passarelli

Barbara Brijcoomar

Beatrice Conforti

Carmela Morelli

Carol Sealey

Celeste Bancheri

Cristina Marra

Denise D'Souza

Elizabeth Portmann

Elvia Gliosca

Fatima Juarez

Grace Esposito

Joe Esposito

Joseph Bancheri

Kalidas Patel

Keshubhai Chaudhari

Kuldip Parmar

Lucy Pupulin

Maggie Garzon

Manuel Deocampo

Marvin Catanus

Nagi Harmina

Nahid Khan

Paula Liegghio

Pia Dal Bello

Ramesh Bajaj

Rita (Zumba Instructress)

Sherina Khan

Shirley Ciossich

Sukh Alang

Yolanda Burgos Roncancio



Federal

- Canadian Heritage
- Employment and Social Development Canada
- Service Canada

Municipal

- City of Toronto
- City of Vaughan – Economic Development Department
- Toronto Employment & Social Service
- Toronto Public Health

Provincial

- Ministry for Seniors and Accessibility
- Ontario Ministry of Children, Community and Social Services
- Ontario Ministry of Community Safety and Correctional Services
- Ontario Ministry of Health and Long-Term care
- Settlement Services Branch - Ministry of Labour, Training and Skills Development

Foundations and Associations

- Arbonne Charitable Foundation
- Cirque Revolutions Inc.
- Food Banks Canada
- North York Food Harvest
- Ontario REALTORS Care Foundation
- Ontario Trillium Foundation
- RBC Foundation
- Second Harvest Food Bank
- TD Bank
- United Way Greater Toronto
- York University

Donors and Sponsors

- Ashfaq Saleem, MD
- Arbonne Charitable Foundation
- Black Creek Community Health Centre
- Bleed the North
- Brands for Canada
- CP 24 CHUM
- Centre for Early Learning
- Choice Homes Realty Inc. Brokerage
- Cini Joseph
- Cirque Revolution Inc.
- City of Vaughan
- Delta Family Resource Centre
- Ernestines' Women's Shelter
- Food Not Bought
- GEMS Security System Inc
- Global Medic
- Julie Danaylov
- Kris Ramdhanie
- Laura Mirabella
- Marshalls
- Martin Gierczak
- Michael Tibollo, MPP
- Moorelands Kids
- Nahid Khan
- Nino D'Aversa Bakery
- Peel International Baptist Church
- Second Harvest Food Harvest
- Shipra Rana
- Toronto Community Benefits Network (TCBN)
- Toronto Public Library
- Toronto Star Santa Claus Fund
- Vaughan Community Health Centre
- Vaughan Rehab Centre
- Vegfresh Inc.

Supporters

- Brands Canada
- CAMH
- Councillor Rosanna De Francesca
- Councillor Tony Carella
- Member of Parliament, Hon. Francesco Sorbara
- Member of Parliament, Hon. Judy Sgro
- MPP Michael Tibollo
- MPP Tom Rakocevic
- RCT - Renewed Computer Technology
- Toronto Police Division 31
- Vaughan Chamber of Commerce

Media Supporters

- 105.9 The Region
- CBC News Network
- Canadian Bazaar
- Canadian Sath TV and Radio
- Elliott Raben Productions
- Elvira Caria
- Hamdard Media Group
- Hear Her Stories
- New Canadian Media
- OMNI Television
- Prime Asia Television
- Radio SARGAM
- South Asian Radio – Vancouver
- Tiwana Radio

COMMUNITY PARTNERS 2021-22

- 211 Toronto
- Access Alliance
- AILIA – Association de l'Industrie de la Langue
- ANIDA Food Bank
- Art and Creative Skills Collective
- Assaulted Women's Help Line
- Barbara Schleifer Commemorative Clinic
- Belka Enrichment Centre
- Black Creek Community Health Centre
- Black Creek Humber Summit Cluster
- Brands for Canada
- CAFCAN
- Canadian Anti Fraud Centre
- Canadian Bankers Association
- Canada Revenue Agency
- CAYR
- Centre for Addiction and Mental Health
- Chand Kapoor, CPA Professional Corporation
- City of Toronto, Parks, Forestry and Recreation
- City of Vaughan, Recreation and Culture
- Concerts In Care
- Dell Pro Bono
- Delta Family Resource Centre
- Ernestine's Women's Shelter
- Family Services Toronto
- Forouz Badiyan
- FOCUS Black Creek
- FOCUS Rexdale
- Gem Security System
- Girls on Board
- Hospice Vaughan
- Housing Help Centre
- Humber River Hospital
- Jane and Finch Community Legal Clinic
- Jane/Finch Community Centre
- JRCC Furniture Depot
- Knitting Rochs
- Ky Lo, Dr. Naturopath
- LAMP Community Health Centre
- Lumacare
- METRAC
- Midaynta
- Mixed Company Theatre
- Next Steps Employment
- North York General Hospital
- North York Harvest Food Bank
- North York Sikh Temple
- Northwood Neighbourhood Services
- NPower Canada
- OCASI
- OCCI
- Ontario Realtors Care Foundation
- Purse Project York Region
- Regional Municipality of York
- Renewed Computer Technology
- Royal Bank of Canada
- Ryerson University
- Sales Force
- San Romanoway Community Services
- Sandreen Porter
- Scotiabank
- Second Harvest Food Bank
- Service Canada
- Shakespeare in Action
- Skills for Change
- St. Joseph's Health Centre Toronto
- Toronto Community Benefits Network
- Toronto Community Housing Corporation
- Toronto District School Board
- Toronto Employment and Social Services
- Toronto Housing Connection
- Toronto Paramedic
- Toronto Police Service 23 Division
- Toronto Police Service 31 Division
- Toronto Public Health
- University Health Network
- University of Toronto
- Up With Women
- Uzma Akhtar
- Valeria Mitsubata Photography
- Vaughan Chamber of Commerce
- Vaughan Community Health Centre
- Vaughan Economic & Cultural Development
- Vaughan Fire & Rescue Service
- Vaughan Food Bank
- Vaughan Libraries
- VegFresh Inc.
- Vellore Village Community Centre
- Victim Services Toronto
- Vita Nova Foundation
- VPI Working Solutions
- Woman Abuse Council of Toronto
- Women's College Hospital
- Woodgreen Community Centre
- Wordswell
- York Regional Police
- York University

YOUR GIFT CAN CHANGE SOMEONE'S LIFE

TO MAKE A SECURE ONLINE DONATION, PLEASE VISIT WWW.EHCW.CA
CHARITABLE REGISTRATION NUMBER: 139096135RR0001

Your support is extremely valued! Donations of all sizes allow us to continue to support newcomer women and their families in gaining life-enhancing resources, developing their skills, meeting other women and building collective capacity. As ehcw is a nationally registered charity, your generous donation will be eligible for a tax receipt.

The Centre offers donors a number of options to continue to support our important work in the community:

Monthly Giving

Our monthly giving program is a safe, secure, and convenient way to put your money to work, automatically, each month. At the end of the year you will receive a tax receipt for the total value of all your donations.

Annual Gifts

You can make general gifts to support the work of the Centre at any time throughout the year. Gifts will receive a tax receipt subject to CRA regulations.

Honourary or Memorial Giving

Celebrate a special person in your life by making a gift in their honour, or in their memory. The Centre can arrange for a card with your personalized message to be sent to anyone who you would like notified of your gift.

Corporate Support & Foundations

To learn more about the Centre's work and opportunities for contributing and longer term giving, please contact the Executive Director, Sunder Singh at 416-500-2748 for more information.

Bequests

These are gifts made through your will and are the most common form of planned gifts. You can give a specific piece of property, a sum of money, or a percentage of your estate. It's important to choose the planned giving option that is best for you. The Centre recommends that you consult an attorney and/or financial planner to help you decide and make the necessary arrangements for you to begin your legacy.

Gifts of Securities

Donating appreciated stocks, bonds and mutual funds is the most tax effective way to make a gift to a registered charity. Whether you donate cash or appreciated securities, you will receive a tax receipt that is eligible for a tax credit.

FINANCIAL STATEMENTS

Statement of Financial Position March 31, 2022

	2022	2021
ASSETS		
CURRENT		
Cash	\$ 197,191	\$ 132,819
Short term investments	800,000	399,690
Accounts receivable	41,798	47,681
Grant receivable	-	29,294
Government assistance receivable	28,811	122,245
Prepaid expenses	8,504	4,596
	<u>1,076,304</u>	<u>736,325</u>
CAPITAL ASSETS (Net of accumulated amortization)	5,294	9,046
	<u>\$ 1,081,598</u>	<u>\$ 745,371</u>
LIABILITIES AND NET ASSETS		
CURRENT		
Accounts payable and accrued charges	\$ 24,259	\$ 23,688
Loan payable	40,000	40,000
HST payable	3,604	-
Deferred operating grants	169,872	126,686
	<u>237,735</u>	<u>190,374</u>
DEFERRED CAPITAL GRANTS	2,237	3,422
	<u>239,972</u>	<u>193,796</u>
NET ASSETS		
Unrestricted operating	1,627	251,576
Internally restricted reserves (note 10)	840,000	300,000
	<u>841,627</u>	<u>551,576</u>
	<u>\$ 1,081,599</u>	<u>\$ 745,372</u>

Statement of Operations Year Ended March 31, 2022

	2022	2021
REVENUES		
Fees for services	\$ 304,416	\$ 232,044
Less: Interpreter fees	(181,954)	(137,968)
Net fees for service revenue	<u>122,462</u>	<u>94,076</u>
Grants	598,849	328,946
Donations and fundraising	68,171	43,209
Donations-in-kind	413,857	232,148
Other Income	20,205	18,176
	<u>1,223,544</u>	<u>716,555</u>
GOVERNMENT ASSISTANCE	<u>150,394</u>	<u>274,297</u>
EXPENSES		
Administration	55,427	40,866
Fundraising activities	2,240	3,942
Program supplies	455,818	261,698
Professional fees	10,783	9,986
Occupancy	54,001	39,112
Salaries and wages	503,051	432,631
	<u>1,081,320</u>	<u>788,235</u>
EXCESS OF REVENUE OVER EXE AMORTIZATION	<u>292,618</u>	<u>202,617</u>
AMORTIZATION	<u>2,567</u>	<u>2,852</u>
EXCESS OF REVENUES OVER E	<u>\$ 290,051</u>	<u>\$ 199,765</u>



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Email: info@ehcw.ca

Satellite Office:

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Woodbridge L4L 0A1
Phone: 905-747-1515
Email: cindy@ehcw.ca

Women and Youth Centre:

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Toronto, ON M9M 2C7
Phone: 416-663-2978
Email: info@ehcw.ca



ehcW
Elspeth Heyworth
Centre for Women

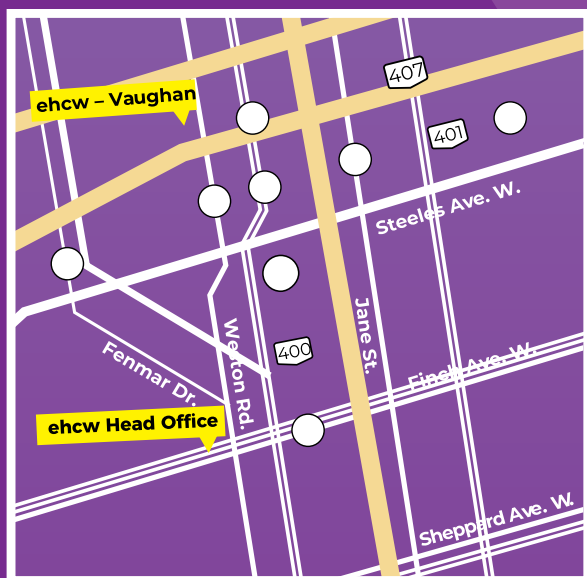
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