



IMMIGRANT AND NEWCOMER WOMEN, SENIORS AND FAMILIES  
ACHIEVING THEIR FULL POTENTIAL.

COVID-19 STARTS

Accredited by  
Canadian Centre  
for Accreditation



Agréé par  
Centre canadien  
de l'agrément

# TABLE OF CONTENTS

COVID-19 - Stella’s Story ..... 3

About Us:

    Our Vision ..... 4

    Our Mission ..... 4

    Objectives ..... 4

Strategic Direction ..... 4

Message from the Chair and Executive Director ..... 5

Key Successes in 2019-20 ..... 6

Newcomer Settlement Program ..... 7-8

Employment ..... 9

Reduce Abuse ..... 10-12

Prevention of Type 2 Diabetes ..... 13

Seniors Active Living Centre ..... 13 and 16

Aging at Home Program ..... 17

Youth Programs ..... 18

Social Enterprise:

    RivInt Interpretation & Translation Services ..... 19

Leadership and Operations:

    Board of Directors ..... 20

    Students ..... 20

    Staff ..... 20

Our Volunteers ..... 21

Supporters 2019-20 ..... 22

Donors and Sponsors ..... 23

Community Partners 2019-20 ..... 24

Make a Gift ..... 25

Financial Statements ..... 26

## COVID-19

### Stella’s Story:

Stella is a pregnant mom whose husband has lost his job due to COVID-19. The financial burden of unemployment with 2 children and one on the way was beginning to affect their relationship. Stella, with her baby due in August, worried about how to prepare for the incoming newest member of the family. Turning to the internet, she called 211 Toronto and she was directed to Elspeth Heyworth Centre for Women (ehcw).

Stella contacted ehcw and she was provided with baby diapers, food and clothes. Stella also disclosed that due to the financial pressures, there had been increased friction at home. But since connecting with ehcw and getting help with baby essentials, she has peace of mind. She does not feel the financial burden now to prepare for the baby as all the essentials she needed were provided by ehcw. Stella comes to pick up prepared meals for her family every Friday. She was happy to report the relief she felt at having sometime to herself on Fridays. “Friday feels like my off day when I don’t have to worry about cooking for the family”. Stella has also joined other women in attending the weekly virtual workshops offered by ehcw, which she feels is helping her stay mentally healthy as she is connecting with other women.

# ABOUT US

## OUR VISION

Immigrant and newcomer women, seniors and families achieving their full potential.

## OUR MISSION

Empowering immigrant and newcomer women, seniors and families through advocacy and services focused on promoting healthy families, community relationships and economic self-sufficiency.

## OBJECTIVES

At the Centre, we support immigrant and newcomer women, seniors and families by:

- Working with our partners in the law enforcement and justice sectors to raise awareness of individual rights and to reduce the incidences of domestic and intimate partner violence.
- Working with our partners in the public and private sector to reduce poverty and isolation while empowering our clients to become more financially literate.
- Connecting those who experience linguistic or cultural challenges to support programs and services.
- Collaborating with other organizations to address educational, cultural and linguistic barriers.
- Assisting with newcomer settlement and integration into Canadian society as respected and contributing members.

## STRATEGIC DIRECTION

- Maintain and improve programs and services to benefit communities
- Focus on efforts to reduce domestic violence
- Elevate profile of **ehcw** and expand outreach into new ethno-racial communities
- Increase the income generated from social enterprises

## CHAIR AND EXECUTIVE DIRECTOR'S MESSAGE



Rose Savage



Sunder Singh

We are in the 27th year of community service. Adaptation to change has naturally become the theme of our services this year. During the 7th Annual International Women's Day, 400 participants were considerably moved by the dances performed by youth from the Nancy Campbell Academy, dramatically depicting the issues currently faced by our communities such as poverty and domestic violence.

Due to COVID-19 lock-down, soon after the celebration, ehcw had to change its method of providing services to the vulnerable sector. The staff had daily virtual meetings, identifying immediate community needs. Seniors were taught how to use computers to remain connected through Zoom and Webex. ehcw ensured that none of the clients faced isolation. The community joined hands and engaged in food preparation and delivery to the vulnerable. ehcw transformed into a Community Food Hub in collaboration with United Way, City of Toronto and Second Harvest Food Bank, distributing 1,650 meals weekly, to the surrounding community agencies and directly to our vulnerable clients. Seniors made masks for distribution to families, friends and communities. Over 600 masks were distributed, leading us later to become the TTC Mask Distribution Hub with 46,000 mask distribution within the community. As the Community Host for the Toronto Community Benefits Network, ehcw supported 38 women to enter apprenticeship and training to learn trade skills.

We thank all the community stakeholders for their donations of food, furniture and baby items, and for keeping the community connected and safe. We are grateful to 105.9 The Region for creating awareness of our services within the York Region. The experience of community connectedness was phenomenal. ehcw's Board of Directors provided their full support, acknowledging the increase in workload as staff worked on the front-line, maintaining safety, educating the community and providing for the needs of people impacted due to job loss and increased domestic violence.

As we move into the new year, ehcw is adapting to the theme of safety to combat COVID-19 for its staff and clients, with focus given to survivors of domestic violence, using innovative measures, with strong support from our community partners. Services will remain virtual with emphasis on educational and physical activities and passing increased knowledge to the community on how to use computers to remain connected, as lockdown continues.

We sincerely appreciate and are grateful for the enormous work the Board of Directors undertook for reviewing policies and providing support to ehcw in the preparation for the upcoming Accreditation audit and tracking the progress ehcw has made in the strategic direction.

Rose Savage

Sunder Singh



# KEY SUCCESSES IN 2019-20

- Worked in collaboration with United Way, City of Toronto and Community Agencies to combat impact of COVID-19 in the community.
- Established Food Hub to feed those impacted by COVID-19.
- Established Mask Distribution Hub for TTC in compliance with City of Toronto by-laws.
- Celebrated 7th International Women’s Day with 400 participants.
- 8 students placed in summer jobs 2019.



## RAISING AWARENESS

- Maintained weekly group discussions and social media campaigns to raise awareness of social stigma associated with domestic violence.
- Participated in weekly FOCUS Toronto meetings with other community partners to address high risk cases of abuse, housing issues, tenancy, etc. in the community.

## OUR IMPACT

- Provided food and donations for families who lost their jobs and were affected by COVID-19
- With our conviction and belief that strong women build strong communities, we continued to engage women, newcomers and immigrants to pursue pathways to apprenticeships, leading to Red Seal Trades. This career journey has helped these under-represented groups to learn about diverse avenues of employment such as careers in construction and opportunities for training through our partner agency, Toronto Community Benefits Network.

# SUPPORTING NEWCOMER WOMEN AND FAMILIES

## NEWCOMER SETTLEMENT PROGRAM

We take pride in working with clients from diverse backgrounds and cultures helping them to navigate the Canadian system and its processes. Our goal is to ensure that all of our clients feel encouraged, empowered and supported so that they are ready to confidently engage and participate as contributing citizens in all aspects of life in Canada.

## NSP Programs/Workshop Highlights

- Conducted virtual workshops to keep newcomer, immigrant and refugee clients engaged through Zoom platform and to help them learn about employment readiness and financial benefits offered provincially and federally for those whose jobs were impacted by COVID-19.
- Educated clients through Zoom platform on how to access food, clothing, furniture and personal needs items.
- Continued to expand newcomer and immigrant communities to include Nigerian, Spanish speaking and Indian backgrounds.
- Offered services and supports to Canadian citizens requiring ongoing settlement integration and navigation.
- Assisted 7 domestic violence survivors by placing them in affordable housing across the GTA.
- Conducted educational workshop with the Toronto Paramedic Services to offer clients tips to prepare and access paramedic services in case of emergency.
- Continued partnership with Jane & Finch Community Legal Clinic to provide clients with legal referrals, supports and education in the areas of Tenant Rights, Immigration, Citizenship, etc.
- Supported by 31 Police Division utilizing their Community Room to conduct weekly settlement workshops, meetings and events.

## NSP Successes

- # of new clients registered: 1132
- # of times NSP services provided: 1440
- # of clients who participated in workshops: 615
- # of volunteers: 15
- # of clients who accessed support in applying for Employment Insurance (EI) and Canada Emergency Response Benefit (CERB): 20





I am very grateful for the support and help I received at ehcw. I want to thank Nissa in particular for her help and assistance in connecting me to Ontario Legal Aid where I was able to receive help to apply to stay in Canada on Humanitarian and Compassionate Grounds. My case is currently being processed. Nissa also assisted me in completing my application for Special Priority Housing as a survivor of Domestic Violence. I have been able to sign the lease agreement and I have moved into my new apartment with my son. Nissa has also forwarded me a number of job opportunities and I was able to get an interview with one of her recommendations. Nissa's assistance is greatly appreciated, it has contributed to the success of this whole process and my son and I are feeling safe and settled in our new home."

FA

## EMPLOYMENT

COLLABORATION WITH TORONTO COMMUNITY BENEFITS NETWORK (TCBN) AND INVESTING IN NEIGHBOURHOOD

ehcw, in strategic collaboration with TCBN guided racially marginalized women and youth to build skills in construction by providing access to apprenticeships. Our awareness campaign has benefitted several women and girls, especially those living in the Neighbourhood Improvement Areas of Toronto.

## HIGHLIGHT OF ACHIEVEMENTS

Partnered as Community Host for Construction Trade area of opportunities for women and youth. Conducted Job Fair for United Parcel Service.

## OUR SUCCESSES

# of referrals made to TCBN – **38**

# of employment in construction awareness created amongst women – **77**

# of trainees hired by ehcw as full-time staff – **2**



Elspeth Heyworth Centre for Women has been advocating to enable opportunities for women to enrol them in trade skills. It could not have been timelier for a partnership with Toronto Community Benefits Network to help racialized women and youth to learn about training and apprenticeship in this invaluable collaboration."

Toronto Community Benefits Network

# REDUCE ABUSE

SUPPORT PROVIDED BY MINISTRY OF COMMUNITY SAFETY AND CORRECTIONAL SERVICES, TRILLIUM FOUNDATION AND REALTOR CARE FOUNDATION

I came to the Elspeth Heyworth Centre because my situation was going from bad to worse. Despite the fact that I was separated from my ex husband he continued to be mentally, emotionally and psychologically abusive. He was abusing drugs and alcohol and I was afraid of leaving my son alone with him but didn't feel like I could do anything about it. When he threatened to take him away I knew something had to change. This is when I came into the Centre.

After speaking with Sunder, I worked up the courage to stand up to this man and fight for my son before it was too late.

I won't be able to ever thank Sunder Singh and the Elspeth Heyworth Centre enough for everything they have done for me."

Anonymous



## CHALLENGES

- Women report that they endure abuse due to fear of deportation.
- Women feel that abuse is simply part of the challenges that women need to endure in marital relationships.
- Fear of the unknown and uncertainly stops women from reporting violence.
- Women do not want their children to witness their father being arrested by the police.
- Immigrant women fear stigma from the communities to which they belong.



# of new reports of domestic violence - 83  
# of visits by victims of domestic violence – 960  
# of women engaged in group sessions – 25

# FINANCIAL LITERACY

Most women reporting violence express that they have little knowledge of personal financial management. Financial literacy is an ongoing service provided by ehcw through workshops and personal counselling for women and youth.

Clients received advice on banking, savings, building a sound credit rating and on how to file tax returns.

## AWARENESS CAMPAIGN

- Conducted a series of community-led awareness campaigns in collaboration with Toronto Police Services sexual assault unit
- Collaborated with 2 community shelters successfully, and secured shelter for women fleeing domestic violence.
- Provided assistance in 3 high risk domestic violence cases through FOCUS Toronto table.
- Conducted 25 group discussions with community partners.
- Women received pro-bono legal advice.

Jane came to ehcw when she was going through abuse and legal tussle with her ex- partner in April 2018. With the help of a family lawyer, Jane received counselling support from ehcw. This helped her to navigate the justice system, make right decisions, while breaking away from her abusive partner. The pro-bono lawyer was very knowledgeable and shared information freely with Jane.

Jane was invited to the weekly networking and educational workshops. Jane attended these workshops regularly. She was joined by her friend Brenda who was also a victim of an abusive relationship. Both Jane and Brenda received social support through the weekly network meetings and felt empowered as they understood their legal rights. Brenda needed to move away from her abusive husband. ehcw assisted Brenda in securing a safe place in a shelter while she planned her life of self-sufficiency.



# TESTIMONIALS



I just wanted to thank you for your hard work and forwarding us all these amazing resources. You are literally one of the only caring social workers that are still forwarding resources and I am very appreciative. God bless you and please keep doing what you are doing. Everytime I see the emails I smile :)

Sending you hugs and tons of love

DM



I don't really know how to say THANK YOU TO EHCW. You guys brought smiles to our face. I'm thankful. I have never received diapers like I do from EHCW. You saved my mattress from my little girl's night pee pee 2 weeks ago. The food I got last week served us on Sunday. We wore something different and nice on Sunday the 3rd of May all because of you. Thank you. We are happy and hopeful; all because of my encounter with you, God bless EHCW, the workers and your supporters. You guys touched me in a very special way. Thank you once again.

LE

We are thankful to Toronto Police Service Division 31 for their support in utilizing their Community Room to conduct weekly workshops, meetings and events.

We are grateful to Executive Director of Jane & Finch Community Legal Clinic, Noland Merrick, as well as Uzma Akhtar and Donardo S. Jones for their contribution in assisting clients facing domestic violence, with their legal issues.

## Ruby's Story:

Ruby's first contact with ehcw was at the beginning of the year 2020. She was referred by Toronto Police Service. She was brutally abused with serious bodily harm. She requested the need for immediate assistance in finding housing due to the emotional and psychological abuse she suffered. She reported that the abuse started immediately after they were married. He would slap, kick and choke her on many occasions, as well threw dangerous objects at her causing injuries to her body. She moved to various shelters where she did not feel safe and was forced back into living with her abusive husband. On one occasion, her husband aimed at her face with a sharp object and she ended up in the hospital with injuries.

Ruby received counseling from the ehcw staff. She was also provided with emotional support. To help her settle in her new home, during the time of COVID-19, when she was laid-off, ehcw provided her with all the necessities. She is now back and is working to save money for her future home.

# PREVENTION OF TYPE 2 DIABETES IN PARTICIPATION WITH TORONTO PUBLIC HEALTH

Participants from Nigeria, Latin and South America, South Asia and the Caribbean were made aware of risk factors that could lead to type 2 Diabetes. They also learned about healthy foods, while sharing cultural recipes. Multiple activities were undertaken by trained staff to engage participants in learning how to be active, manage stress, plan healthy menus and exercise.

## Our Successes:

- Total number of participants: 136
- Total number of programs delivered: 8
- Total number of sessions completed: 46

Participants have become active and health conscious. Participants formed their own cultural groups and shared information on healthy living while interacting with each other.



# SENIORS ACTIVE LIVING CENTRE SUPPORTED BY MINISTRY FOR SENIORS AND ACCESSIBILITY

## Seniors' safety during COVID-19:

To help seniors prevent isolation, depression and loneliness, our programs continued through the COVID-19 period. The seniors learned computer skills, participated in virtual exercises, and learned how to navigate the internet, apps and Zoom. Daily programs were delivered virtually. Masks, gloves, prepared meals and care packages were distributed to seniors. Show-and-tell kept seniors engaged virtually.

Over the year, services for seniors were provided from two locations: Blue Willow Activity Centre and Vellore Village Community Centre.

## Our Successes:

- # of seniors participating in daily and weekly activities: 240
- # of new seniors enrolled: 20
- # of visits by seniors attending programs: 21,000









Seniors enjoyed innovative activities such as: Book Talk (Letters to Son and Daughter); Interaction with Naturopaths; Diabetes Education and Blood Screening; Nancy Campbell Academy Dance Theatre Performance by youth.

No cases of COVID-19 among ehcw seniors were reported  
Seniors created over 200 baby hats and baby crochet toys for donations to hospitals.  
Held Peacock Craft and Bake Sale.  
Raised funds to support Peacock Art Studio

Intergenerational activities with youth led to Youth/Senior Fashion Show, community gardening and creation of craft items.



I have been coming to the Centre for more than 10 years now. I participate in the line dancing, exercise, craft, social gathers, and art, which is my favourite activity. I feel good coming to the Centre every week. I socialize with my friends and make craft items, such as baby hats and blankets. My life feels full with the activities offered at the Centre.

I continue to learn different skills from my friends at the Centre. I learnt how to paint and now my grandchildren frame my artwork because it is so beautiful.

Now with COVID-19 I feel lonely and hope we get back to where we were before. It has been completely different, but I learnt how to use zoom to do the exercises online offered by the Centre, which keeps me active and occupied

Lucy Pupulin

I am almost 80 years old and is very active in the community through the Centre. I attend the line dancing, exercise, craft and social events. I have been more involved since coming to the Centre, such as helping out during International Women's Day and lunches.

I used to have pain in my neck, and I could never touch my toes. I became more flexible because of the daily exercises I participate in at the Centre.  
The activities keep me busy, and even my husband noticed

I am happier after attending the programs

Pia Dal Bello

I have been attending the programs since 2012. I feel nice when I come here. I made a lot of friends and have become more social. I enjoy all the programs. I love to help and now I am a volunteer in the Craft group.

I like the exercises on Zoom because it keeps me active during COVID. It is also a nice way to keep in contact with friends during these times

Elvia Gliosca

I have been attending programs at the Centre for 7 years now. I come to the Centre every day to attend exercise, craft, sewing, knitting, line dancing, bingo, social events, and South Asian Group. I am an active volunteer at the Centre. Since I started coming, I feel healthier and energetic. This is like my second home. I have a lot of good friends here and we always help each other out. Since COVID, we continued doing activities at home, such as exercise, making masks, crocheting baby hats, and making lapgans.  
Thank you to the Centre for keeping us healthy and active

Nahid Khan

## AGING AT HOME PROGRAM

FUNDING PROVIDED BY TORONTO CENTRAL LOCAL HEALTH INTEGRATION NETWORK

Seniors, with their life experience, bring a wealth of knowledge to society. Communities sustain heavy social costs when they cannot tap into the unquantifiable wealth of experience offered by seniors who unfortunately end up in social isolation.

During COVID-19, ehcw remained constantly in touch with the seniors in an effort to make sure all were supplied with essentials, and that they were educated and made aware of how to remain safe during the pandemic. Our safety education ensured that no cases of COVID-19 were reported by ehcw seniors.

Throughout the year, seniors learned to care for themselves and others while aging gracefully. Physically and mentally stimulating activities continued. Health related topics were brought into group discussions.

# of seniors' fun and educational trips: 4

# of seniors participated in the trips: 244

# of festivities and celebrations: 12

#of seniors visits to programs including virtual programs: 4,400



## OUR SUCCESSES

ehcw donated laptops to seniors who were consequently enabled to join the virtual exercise programs started by ehcw during COVID-19. Virtual exercises were conducted twice a week.  
ehcw donated prepared food, clothing, masks and gloves for the safety of seniors.  
There was an increase in the number of Spanish speaking senior clients.

First off I would like to thank you all in the community centre for all that you've done and continue to do prior to this pandemic and during.

My husband and I are beyond thankful as they have made us feel very comfortable and still provided the same amount of care hasn't changed even with everything going on.  
With all the Zoom meetings, the food drives and the laughter my husband and I always look forward to another adventurous day.

We would like to give a special thank you to Monica for always attending to each and every one of us equally. We wish to continue to be a part of this community centre.....

Sonia and Jose Vilche

I would like to thank you for the laptop, it's a great tool to help me with my health and to communicate during the hard time.

Bernardo



# YOUTH PROGRAMS

SUPPORTED BY ROYAL BANK OF CANADA, SERVICE CANADA AND RCMP

YConnect program for youth targeted 160 youth from Black and immigrant communities, providing building blocks for healthy development, financial management, and social networking.

Created interactive activities to encourage youth participation and enhance youth mental health, while providing opportunities to learn about financial management.



## HIGHLIGHTS OF ACHIEVEMENTS

Nancy Campbell Dance Academy: Youth with dramatic dance performance brought to light social injustices including domestic violence and human trafficking. 400 people attended.

A total of 8 summer students were recruited with the support of Service Canada.

Established strong working relationship with Emery Collegiate Institute and Emery Adult Learning Centre creating awareness of preventative measures to combat sexual violence. This culminated in 40 high school students visiting ehcw Head Office on a field trip.

Youth learned basic martial arts skills to protect themselves.

Students participated in human studies, intergenerational activities, arts and crafts, organizing events such as Halloween and Fashion Show in collaboration with seniors.

Students developed job readiness skills, financial management, program delivery for seniors, women and youth.

The youth engaged in helping seniors to learn computer skills.

Youth learned new skills such as sewing, crochet, making stuffed animals and purses.

Summer activities included: Human Studies, Math, English, Science, Geography, French, Educational games, story telling, Self-defence/martial arts, arts and craft, baking and music.



Thank you for the amazing job that you did with Emery students over the past year. It is hoped that you will continue to work with Emery once school returns to some semblance of normalcy in the fall.... Have a remarkable summer.

# SOCIAL ENTERPRISE SUCCESSES

RivInt Interpretation and Translation Services provides crucial funding for the Centre – a self-generating income enterprise which supports administrative and program activities.



## RIVINT INTERPRETATION & TRANSLATION SERVICES

RivInt's vision is a world where anyone is perfectly understood in any language.

Our mission is to deliver outstanding interpretation and translation services that are accurate, timely, affordable and create a shared understanding among people. We maintain a strict adherence to quality of interpretation services by ensuring that all interpreters are trained and certified through CILISAT/ILISAT (Cultural/ Interpreter Language and Interpreting Skills Assessment Test). Learn more about RivInt at our website at [www.rivint.ca](http://www.rivint.ca)

## OUR SUCCESSES

Number of active interpreters: 850

Languages and dialects: 112



RivInt has provided exceptional service to CAMH for over 5 years with services being professional, sensitive specifically in having a good understanding of rules governing confidentiality and code of conduct. Recognizing the unique needs of our populations/clients, RivInt ensures that their interpreters are properly trained, qualified and comply with CAMH guidelines and policies. This agency provides exceptional and prompt service 24/7 including weekends and statutory holidays.



# LEADERSHIP AND OPERATIONS

## BOARD OF DIRECTORS

### Executive Committee

**Rose Savage**  
Chair

**Michael Denyszyn**  
Vice-Chair

**Christina McIntyre**  
Secretary

**Vinod Sharma**  
Treasurer

### Directors

**Alicia Mondesire**  
**Chand Kapoor**  
**Deanna Sgro**  
**Meezan Kotylo**  
**Raushan A. Bhuiyan**  
**Caitlin Gascon**  
**Krista Antonio**  
**Tabitha Mirza (Young Director)**

### Students

Students that shared learning and work experience in 2019-2020

**Lisa Gandhi**  
**Parbhat Sharma**  
**Hemali Patel**  
**Stephanie Danso**  
**Julia Koutrouliotis**  
**Isabella Patat**  
**Julia Marotta-DiSalvo**  
**Alessia Marotta-DiSalvo**

### Staff

**Sunder Singh**  
Executive Director

**Maria Kritskaia**  
Administrative Coordinator

**Nissa Francisco**  
Settlement Counsellor

**Monica Reyes**  
Community Mental Health & Seniors Program Coordinator

**Irina Koroleva**  
Social Enterprise, RivInt Program Coordinator

**Benedicta Ambrose Esede**  
RivInt Assistant Coordinator

**Yougeita Jagdesh**  
Seniors Program Coordinator

**Obioma Dike**  
Women's Program Coordinator

**Rasha Sana**  
Internal Operational Assistant, Trainee

**Debra Edwards**  
Community Service Worker, Trainee

**Mark Kovats**  
Accountant

# OUR VOLUNTEERS

Volunteers are the backbone of ehcw. They helped in planning, development, organizing and implementing programs, community events and festivities.

Volunteers from Royal Bank of Canada helped in seniors program activities such as Christmas Lunch and community festivities.

ehcw is grateful to Chand Kapoor, CPA for providing free tax services for seniors and women with financial challenges, during the tax season.

Volunteers ensured our programs were delivered effectively. Our heartfelt thanks to all who have given multiple hours of their valuable time to the Centre.

## Special Mention Volunteers

ehcw conveys special respect to Neal Pupulin, our prized volunteer whom we lost during the year. He kept our seniors entertained with music and laughter. Neal Pupulin is deeply missed. For their outstanding support, a special thank you is extended to:

- Anju Mohindru
- Angela Lanna
- Asefa Hasan
- Asha Kanojia
- Barbara Brijcoomar
- Beatrice Conforti
- Carmela Morelli
- Cristina Marra
- Celeste Bancheri
- Doreen Borst
- Elda Delvescovo
- Elvia Gliosca
- Farzaneh Peterson
- Fiorella Cotalano
- Grace Esposito
- Gursharan Sahota
- Heidi Last
- Jean Deveau
- Joe Bancheri
- Joe Esposito
- Kalidas Patel
- Kanta Sharma
- Kamal Prasaud
- Keshubhai Chaudhari
- Lisa Kramer
- Lucille Mohammad
- Lucy Peel
- Lucy Pupulin
- Malty Simmonds
- Marjorie Tapia
- Nahid Khan
- Nasreen Vafai
- Neal Pupulin
- Nighat Khalid
- Paula Liegghio
- Pia Dal Bello
- Ramesh Bajaj
- Rita Leritano
- Sara Donoso
- Setamah Singh
- Shahab Vafai
- Shirley Ciossich
- Sherina Khan
- Sonia Vilches
- Sukh Alang
- Terry Harb
- Wanita Jagdesh



# SUPPORTERS 2019-20

The Elspeth Heyworth Centre for Women is grateful for the valuable support it has enjoyed from its funders, supporters and partners.

## Federal

- Service Canada
- Minister of Canadian Heritage and Multiculturalism
- The Royal Canadian Mounted Police

## Provincial

- Ontario Ministry of Children, Community and Social Services, Citizenship and Immigration Division
- Ontario Ministry of Community Safety and Correctional Services
- Ontario Ministry of Health and Long-Term care

## Municipal

- City of Toronto
- Toronto Public Health
- Toronto Employment & Social Services
- Toronto Central Local Health Integration Network
- Toronto Police
- York Region Employment and Social Services
- York Region Police
- York Region Transit Program
- City of Vaughan
- City of Vaughan – Mayor’s Spirit of Generosity Fund
- 

## Foundations

- Arbonne Charitable Foundation
- Elementary Teachers’ Federation of Ontario
- Ontario REALTORS Care Foundation
- Ontario Trillium foundation
- RBC Foundation
- United Way Greater Toronto



# DONORS AND SPONSORS

ehcw is grateful to all the donors including anonymous donations which have helped change lives of many vulnerable members of our community.

- Alicia Mondesire
  - Ashfaq Saleem, Dr.
  - Behnaz Rohani
  - Caitlin Gascon
  - Celeste Bancheri
  - Chand Kapoor, CPA
  - Charston O'Brian Lewis
  - CIAO Bella Dance Studio
  - Coco's Pet Kitchen
  - College of Carpenters and Allied Trade
  - Deanna Sgro
  - Deb Schulte, MP
  - Elementary Teachers' Federation of Ontario
  - Empire Capital Inc
  - Erin Silverstein
  - Francesco Sorbara, MP
  - Freedom Medi-Spa
  - GEMS Security System Inc
  - Harriet Hori
  - Heidi Last
  - Hospice Vaughan
  - Humanity First Food Bank
  - Jan K. Overweel Ltd.
  - Jaspal Singh Ughra
  - Joe Bancheri
  - Judy Sgro, MP
  - Laura Mirabella
  - Living World Assembly of God
  - Mahwash Khan
  - Mary Fuda
  - Mary Marano
  - Michael Denyszyn
  - Michael Tibollo, MPP
- Nancy Campbell Dance Academy
  - Niketa Bogle-Nelson
  - OM Financial Inc, Rahul Bhardwaj
  - Pathik Baxi
  - RBC Financial Group
  - REALTORS Care Foundation
  - Ronnie's Helping Hand
  - Rose Savage
  - Shahab Vafai
  - Sunder Singh
  - Terry Hrab
  - Toronto Community Benefits Network (TCBN)
  - Scotia Bank
  - Toronto-Dominion Bank
  - Violet Heart Project
  - York University Faculty Association
- Bank
  - Summer Fresh
  - Toronto Community Housing
  - Toronto Police Division 31
  - Toronto Police Services – North Collision Reporting Centre
  - North York Harvest Food Bank
  - RCT - Renewed Computer Technology
  - Vaughan Food Bank
  - Vaughan Chamber of Commerce
  - William Ashley
- ### Media Supporters

  - 105.9 The Region
  - Elvira Caria
  - Emery Village Voice
  - SNAPD Vaughan
- ### Supporters

  - Brands for Canada
  - Emery Adult Education Centre
  - Emery Collegiate Institute
  - Ernestine's Women's Shelter
  - Fortinos
  - Housing Help Centre
  - McMichael's Art Gallery
  - North York Harvest Food Bank
  - Premier Banquette Hall
  - Second Harvest Food



# COMMUNITY PARTNERS 2019-20

- 211 Toronto
- Access Alliance
- AILIA – Association de l'Industrie de la Langue
- Assaulted Women's Help Line
- Amita Sachdev, Dr. Naturopath
- Barbara Schleifer Commemorative Clinic
- Black Creek Community Health Centre
- Black Creek Micro Loan Fund
- Black Creek West Comm. Capacity Building Project
- Brands for Canada
- Canadian Armed Forces
- Canadian Breast Cancer Foundation - Ontario
- Canadian Mental Health Association
- Centre for Addiction and Mental Health
- City of Toronto, Parks, Forestry and Recreation
- City of Vaughan, Recreation and Culture
- College of Carpenters and Allied Trades
- Community Shared Services
- Delta Family Resource Centre
- FOCUS Rexdale
- FOCUS Blackcreek
- Gem Security System
- Girls on Boards
- Hospice Vaughan
- Housing Help Centre
- Interval House
- Jane/Finch Community Centre
- Jane and Finch Community Legal Clinic
- Jane-Finch Community Ministry
- JRCC Furniture Depot
- Knitting Rochs
- Ky Lo, Dr. Naturopath
- Martin Grove Older Adult Club
- Moorelands Kids
- Nancy Campbell Academy
- Northwood Neighbourhood Services
- North York General Hospital
- North York Harvest Food Bank
- North York Sikh Temple
- OCASI
- OCCI
- Ontario Realtors Care Foundation
- Priya Import and Export Services
- RCMP
- Regional Municipality of York
- Royal Bank of Canada
- Royal Ontario Museum (ROM)
- Ryerson University, Faculty of Urban Planning & Community Services
- San Romanoway Community Services
- Scotiabank
- Seneca College
- Skills for Change
- St. Joseph's Health Centre
- Toronto Community Benefits Network
- Toronto Community Housing Corporation
- Toronto District School Board
- Toronto Employment and Social Services
- Toronto Housing Connection
- Toronto Police Service 31 Division
- Toronto Police Service, Traffic Services – North York Collision Reporting Centre
- Toronto Public Health
- Toronto West Local Immigration Partnership
- University Health Network
- VPI Working Solutions
- Valeria Mitsubata Photography
- Vanessa Galle Photography & Design Inc
- Vaughan Community Health Centre
- Victim Services Toronto
- Vaughan Food Bank
- Vaughan Libraries
- Vellore Village Community Centre
- Violet Heart Foundation
- Women's College Hospital
- Woman Abuse Council of Toronto
- York Regional Police
- York Region Paramedics Services
- York University
- Youth Without Shelter

# YOUR GIFT CAN CHANGE SOMEONE'S LIFE

To make a secure online donation, please visit [www.ehcw.ca](http://www.ehcw.ca)  
CHARITABLE REGISTRATION NUMBER: 139096135RR0001

Your support is extremely valued! Donations of all sizes allow us to continue to support newcomer women and their families gain life-enhancing resources, develop their skills, meet other women and build our collective capacity. As a nationally registered charity your generous donation will be eligible for a tax receipt. The Centre offers donors a number of options to continue to support our important award winning work in the community:

## Monthly Giving

Our monthly giving program is a safe, secure, and convenient way to put your money to work automatically each month. At the end of the year you will receive a tax receipt for total value of all your donations.

## Annual Gifts

You can make general gifts to support the work of the Centre at any time throughout the year. Gifts will receive a tax receipt subject to CRA regulations.

## Honourary or Memorial Giving

Celebrate a special person in your life by making a gift in their honour, or in their memory. The Centre can arrange for a card with your personalized message to be sent to anyone you would like notified of your gift.

## Corporate Support & Foundations

To learn more about the Centre's work and opportunities for support and longer term giving, please contact the Executive Director, Sunder Singh at 416-500-2748 for more information.

## Bequests

These are gifts made through your will and are the most common form of planned gifts. You can give a specific piece of property, a sum of money, or a percentage of your estate. It's important to choose the planned giving option that is best for you. The Centre recommends that you consult an attorney and/or financial planner to help you decide and make the necessary arrangements for you to begin your legacy.

## Gifts of Securities

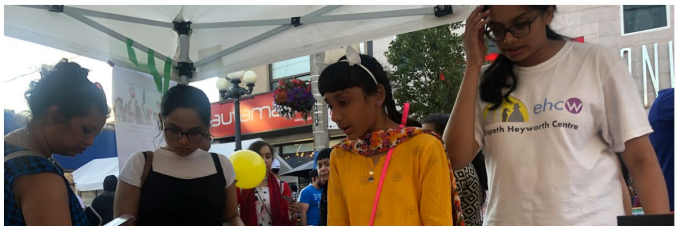
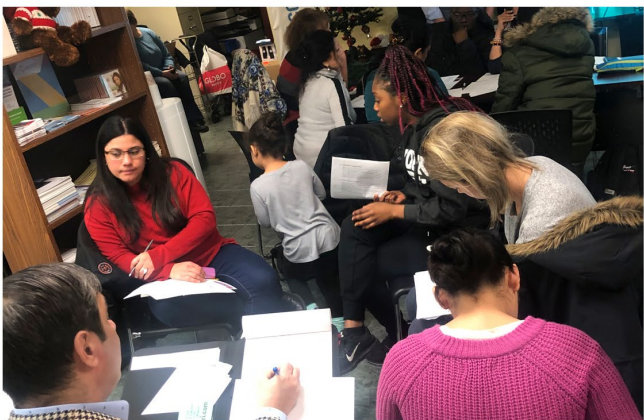
Donating appreciated stocks, bonds, and mutual funds is the most tax effective way to make a gift to a registered charity. Whether you donate cash or appreciated securities, you will receive a tax receipt that is eligible for a tax credit.

DONATE ONLINE  
[www.ehcw.ca](http://www.ehcw.ca)



FINANCIALS - AS AT MARCH 31, 2020

|                                 |        |  |             |             |
|---------------------------------|--------|--|-------------|-------------|
| STATEMENT OF FINANCIAL POSITION | ASSETS |  | 2020        | 2019        |
|                                 |        | CURRENT  |             |             |
|                                 |        | Cash   | \$ 91,935   | \$ 199,051  |
|                                 |        | Short-term Investments                               | 203,690     | 80,000      |
|                                 |        | Accounts Receivable                                  | 85,150      | 75,043      |
|                                 |        | Grants Receivable                                    | 9,643       | 6,504       |
|                                 |        | HST Recoverable                                      |             | 691         |
|                                 |        | Prepaid Expenses                                     | 4,649       | 2,349       |
|                                 |        | Source Deductions Recoverable                        |             | 2,631       |
|                                 |        |  | 395,067     | 366,269     |
|                                 |        | CAPITAL ASSETS                                       | 13,351      | 18,432      |
|                                 |        |  | \$ 408,418  | \$ 384,701  |
| LIABILITIES AND FUND BALANCES   |        | CURRENT  |             |             |
|                                 |        | Accounts Payable and Accrued Charges                 | \$ 26,512   | \$ 28,053   |
|                                 |        | Source Deductions Payable                            | 1,479       |             |
|                                 |        | HST Payable  | 11,242      |             |
|                                 |        | Deferred Operating Grants                            | 12,500      | 27,550      |
|                                 |        |  | 51,733      | 55,603      |
|                                 |        | DEFERRED CAPITAL GRANTS                              | 4,874       | 7,211       |
|                                 |        | NET ASSETS   | 351,811     | 321,887     |
|                                 |        |  | \$ 408,418  | \$ 384,701  |
| STATEMENT OF OPERATIONS         |        |  | 2020        | 2019        |
|                                 |        | REVENUES   |             |             |
|                                 |        | Fees for Services                                    | \$ 464,874  | \$ 420,573  |
|                                 |        | Less: Interpreter Fees                               | ( 269,350 ) | ( 239,040 ) |
|                                 |        | Net Fees for Services Revenue                        | 195,524     | 181,533     |
|                                 |        | Grants   | 488,057     | 449,986     |
|                                 |        | Donations and Fundraising                            | 49,740      | 91,024      |
|                                 |        | Other Income   | 4,733       | 3,417       |
|                                 |        |  | 738,054     | 725,960     |
|                                 |        | EXPENSES   |             |             |
|                                 |        | Professional Fees                                    | 15,501      | 13,397      |
|                                 |        | Administration                                       | 42,213      | 39,217      |
|                                 |        | Fund raising Activities                              | 6,973       | 51,682      |
|                                 |        | Occupancy  | 44,555      | 42,152      |
|                                 |        | Program Supplies                                     | 60,294      | 66,500      |
|                                 |        | Staffing   | 535,850     | 506,477     |
|                                 |        |  | 705,386     | 719,425     |
|                                 |        | EXCESS OF REVENUES OVER EXPENSES BEFORE AMORTIZATION | 32,668      | 6,535       |
|                                 |        | AMORTIZATION   | ( 2,744 )   | ( 3,194 )   |
|                                 |        | EXCESS OF REVENUES OVER EXPENSES                     | \$ 29,924   | \$ 3,341    |





# IMMIGRANT AND NEWCOMER WOMEN, SENIORS AND FAMILIES ACHIEVING THEIR FULL POTENTIAL



**ehcw**  
Elspeth Heyworth  
Centre for Women

[ehcw.ca](http://ehcw.ca)

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