

IMMIGRANT AND NEWCOMER WOMEN, SENIORS AND FAMILIES ACHIEVING THEIR FULL POTENTIAL.

"I heard about Elspeth Heyworth Center for Women through a friend of mine. I had just retired from work and I was at home. I started getting depressed, the Center is the best thing that happened to me.

My favourite activities are interacting with people especially now with the pandemic, doing on-line activities, line dancing, exercising and yoga. My favorite memories are meeting up with the ladies at the Center, now on-line, almost every day, the friendly welcome of the staff members. I hope we can come back to that soon.

I thank you ehcw for being so present even in the pandemic, I couldn't have found a better place to join."

- Cristina Marra

"This Centre is a real asset to York Region and does remarkable work on a shoestring budget. The people who work there are deeply committed to making sure women, children, families and particularly those new to the country have not only what they need to get by but the hope, caring and guidance to live their best lives. ehcw is a grassroots organization that has tremendous impact for all who avail themselves of their services or volunteer at one of their Centres."

- Debra McLaughlin, General Manager, 105.9 The Region

"I would like to say that ehcw has been very supportive during this pandemic. It was very hard for us since we were not prepared for it, but ehcw gave us the support we needed. They provided us tablets so we could continue to connect with family and friends. The food distribution is also very helpful for all the communities around us. ehcw always gives support to seniors and families. I am happy to be part of this organization. Thank you ehcw for always being there for us, before and after the pandemic." Love,

-Asefa Chaman

"I was introduced to the Elspeth Heyworth Centre by friends who were enjoying line dancing class and asked me to join. This was the first class of many that I have had the pleasure to take, for example yoga (which does wonders for my arthritis). It has been many years since that first line dancing class and countless events that I have had the pleasure to experience. I even acted in my first forum theatre play (that I helped to write), which was performed on zoom with the intent of community healing. I am grateful for all the newfound friendships and for all the welcoming and caring staff at Elspeth, my life is richer because of them."

- Nancy Buckingham

Thank you Elspeth for all that you continue to do for women.

-Nadia Cerelli

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“ehcw chooses to challenge social isolation, chooses to challenge the threat of domestic violence, and chooses to challenge the barriers facing those who are new to Canada. ehcw challenges inequities by providing women of all ages with opportunities to confront systemic barriers, build social networks and celebrate their achievements.

We are so proud of the work that is undertaken each day by the dedicated staff and volunteers of ehcw, and we are grateful for the members and clients who make this work meaningful.”

- Board of Directors of ehcw

SUSAN'S STORY:

Susan was referred to ehcw to receive assistance with housing during Ontario's second wave of COVID-19. Susan was a survivor of domestic violence and was still living with her spouse at the time she was referred to ehcw's Newcomer Settlement Program (NSP) for help. Susan had expressed her desperation to leave her spouse and although she was registered with another community agency closer to where she lived, she had not received the help she had hoped for.

The NSP Counsellor promptly attended to Susan over the phone and was able to provide her with the confidence she needed to apply for special priority housing as a survivor of domestic abuse outside of the community she was previously living in. This would ensure not only her safety away from her abusive spouse, but the shortest wait time possible to receive housing. Susan was offered safe housing within two weeks. In addition, after further discussions with the NSP Counsellor, Susan was connected to ehcw community partner organization NPower Canada, for a free training program in IT. With this opportunity, Susan was able to refresh her skills and received help to get herself employment ready.

With cases of domestic violence on the rise during COVID-19, it was a top priority for NSP to quickly respond to and support clients like Susan in finding safe housing and additional supports like employment and education/training.

About us

OUR VISION

Immigrant and newcomer women, seniors and families achieving their full potential.

OUR MISSION

Empowering immigrant and newcomer women, seniors and families through advocacy and services focused on promoting healthy families, community relationships and economic self-sufficiency.

OBJECTIVES

At the Centre, we support immigrant and newcomer women, seniors and families by:

- working with our partners in the law enforcement and justice sectors to raise awareness of individual rights and reduce the incidence of domestic and intimate partner violence
- working with our partners in the public and private sector to reduce poverty and isolation while empowering our clients to become more financially literate
- connecting those who experience linguistic or cultural challenges with support programs and services
- collaborating with other organizations to address educational, cultural and linguistic issues
- assisting with their settlement and integration into Canadian society as respected and contributing members.

STRATEGIC DIRECTION

- **Maintain and improve programs and services to benefit communities**
- **Focus on efforts to reduce domestic violence**
- **Elevate profile of ehcw and expand outreach into new ethno-racial communities**
- **Increase the income generated from social enterprises**

CHAIR AND EXECUTIVE DIRECTOR'S MESSAGE



Krista Antonio
Chair



Sunder Singh
Executive Director

Over the course of our 28th year, the pandemic presented new challenges and opportunities for ehcw to engage with and serve its community. Working in unity and maintaining connectedness were the themes that carried us forward.

Staff and volunteers worked tirelessly to move regular programming online, to create new opportunities for members to stay connected through online learning, and to facilitate the distribution of 91,270 lbs. of food and grocery. Also distributed were diapers, toys, PPE, clothes, personal items and books, all of which helped community members remain afloat during these difficult times. ehcw's staff is commended for the role they played as frontline workers during the pandemic; ensuring the safety of others and distributing food and donations.

In many ways, the world became a smaller place during the pandemic as we engaged with our community virtually. All of ehcw's programs were delivered online. Computers and tablets were distributed to enable clients to participate in the various learning opportunities that ehcw provided which included programming focused on building computer skills. Other programming provided participants with opportunities to take educational pleasure tours of various countries and to enjoy virtual theatre performances and concerts. Clients also learned about pandemic health and safety with Toronto Public Health.

ehcw launched three new programs: "Neighbourhood Pod" (focused on providing community members with access to essential items and resources during the pandemic), Seniors Virtual Education Program, and the Anti-Human Trafficking Program called "Connect Young" (which aims to build support and create resiliency among children and youth through group therapy and workshops). With the Connect Young program gaining momentum, ehcw has now expanded into a third location adjacent to our Finch office.

New connections were built including with 105.9 The Region through the 8th annual International Women's Day celebration. The event engaged participants internationally including from Honduras, Israel, India and the United States, as well as across Canada. ehcw's first ever, virtual "No-Show Gala" was also a huge success and we are grateful for the donors and participants that made it so!

In an ongoing effort to remain connected to and aware of the community that ehcw serves, the Board of Directors continued its demographic research which began in 2019 to assess the composition of the Centre's catchment areas. The idea being that knowing the community within the catchment areas will lend additional support to ehcw as it develops programming that meets the needs of its members and all those who it serves. The Board of Directors also participated in the Canadian Centre for Accreditation's extensive review process which culminated in ehcw being accredited once again.

As always, we are grateful to the exceptional staff and volunteers for all that they do to ensure that ehcw continues to be a resource and a place of hope and comfort for the community. Finally, we would like to thank all of the donors and partners who have offered in-kind and financial support over the course of the last year. Your contributions are so greatly appreciated. Looking forward to the year ahead!

KEY SUCCESSES IN 2020-21

Worked in collaboration with United Way, City of Toronto and Community Agencies to combat COVID-19 in the community.

- Awarded Accreditation for 2nd 4-year term by Canadian Centre for Accreditation;
- Expanded services to a new location;
- Launched 3 new programs;
- Worked in collaboration with 53 community partners;
- Celebrated 8th International Women's Day, virtually with international participation;
- Distributed 91,270 lbs. of food in the community;
- Distributed 95,120 masks and over 3,000 other PPEs;
- Distributed 21,605 diapers for babies;
- Distributed 6,840 women and children clothing items;
- Distributed 19,494 personal hygiene items for women;
- Number of families serviced with food distribution: 1,920
- 100 seniors learned how to use technology to remain connected;
- Engaged in collaborative efforts to combat COVID with Black Creek Humber Summit cluster;
- Participated in weekly FOCUS Rexdale and Black Creek meetings to address high risk cases of abuse, housing and tenancy;
- 8 students placed in summer jobs 2020.

Our Impact

- Provided comfort and relief with food and donations to families who were financially affected by COVID.
- Remained steadfast in our conviction that strong women build strong communities as we continued to encourage newcomer and immigrant women to explore pathways to apprenticeships leading to Red Seal Trade certification. This career awareness helped under-represented groups learn about diverse avenues of employment and opportunities for training through our partner agency Toronto Community Benefits Network.
- Created 11 leaders in the community through the Neighbourhood Pod program, forming circles of residents engaged to meet each other's needs to ensure they remain connected and safe during COVID.



Newcomer Settlement Program

Clients from diverse backgrounds and cultures were helped to navigate the Canadian immigration system and various other essential processes such as health care, etc. with workshops conducted through the Zoom platform. During the pandemic, we continued to provide services virtually, training those who needed to build their skills in the use of computers to access settlement services. Clients also accessed food, clothing, furniture, and other essential and personal items.



Our Successes

- **Unique Clients Served: 1,280**
- **Total number of virtual workshops completed: 52**
- **Work permits approved for refugee clients: 30**
- **Sponsorship/permanent residence applications approved: 3**
- **Individuals assisted with safe housing: 10**

TESTIMONIALS

“Nissa has helped me with the most difficult situation as a new immigrant in Canada. I have lost count... from helping me with my Permanent Residence application, to editing my CV which landed me a job, to helping me with my work permit application when the old one expired.

Nissa has always come to my rescue whenever I got confused on documentation of any sort, she has always directed me to different organizations or offices relevant to any issue at hand”.

- O.E.

“Nissa has provided many resources to me and my family which has been very beneficial to us. From a referral to the JRCC furniture bank to the frequent emails sharing various opportunities, events and assistance I've been able to partake in many of the online courses which have not only increased my knowledge on various topics but given me greater insight on the possibilities available to me. I know that if I am in need of any assistance that Nissa will always be eager to help and assist me in anyway possible which is comforting to know. Thank you”.

- N.K.

EMPLOYMENT

With cases of domestic violence on the rise during COVID-19, it has been ehcw's top priority to quickly respond to and support clients in building skills to get them employment ready with relevant education/training, as well connecting them with potential employers.

ehcw encouraged women to become aware of trade skills opportunities and to enroll in training programs through the Toronto Community Benefits Network (TCBN). Throughout the pandemic, ehcw successfully conducted virtual employment workshops for women and TCBN commended ehcw's efforts in this regard.

Our Successes

- **Number of Community Host programs delivered in partnership with TCBN: 5**
- **Number of women referred to VPI Working Solutions for employment support: 35**
- **Number of employment related workshops conducted: 38**
- **Total number of Youth Employment Workshops conducted: 6**
- **Total number of youth who attended: 30**

“

I was at a low point emotionally when I came in to speak to staff of Elspeth Heyworth Centre for Women. Obi worked with me and provided me vital resources I did not know about, to support me. I gained a lot of knowledge from the weekly programs where I came to understand about the abuse I have faced from my ex-partner. I felt empowered by all the workshops. I am glad to be working today and providing for my family. Thank you ehcw.

-TJ

REDUCE ABUSE AND FINANCIAL LITERACY

Support provided by Royal Bank of Canada, Realtor Care Foundation and TD Bank

Throughout the past year, women continued to report to ehcw after having endured abuse and facing deportation. In some cases, fear of the unknown and uncertainty had stopped them from reporting violence immediately. Even though living with abusive partner was very difficult, many felt abuse was part of marital relationships. Some women reported that they feared their children witnessing their father being arrested by the police and the stigma from the community they belonged. Women received pro-bono legal advice. Relationships with Domestic Violence Unit of Police Division 31 were further strengthened as we received referrals to serve domestic violence cases.

Women reported that knowledge of financial management was important to make personal financial decisions. Women received counselling on banking, savings, building sound credit rating from the financial experts.

We are grateful to the Executive Director of Jane & Finch Community Legal Clinic, Noland Merrick, as well as Uzma Akhtar for their contributions in assisting clients facing domestic violence with their legal issues.

Our Successes

- **Number of families serviced with food distribution: 1,920**
- **Number of new families connected: 50**
- **Number of very-low income families served in Vaughan: 14**
- **Number of cell phones given to low-income families: 7**
- **Number of Unique Clients served: 249**
- **Assistance to high-risk domestic violence and risk of homelessness cases through FOCUS Table: 5**
- **Number of workshops for women: 50**



TESTIMONIALS

You have helped me a lot which include application for Toronto Community Housing which I got in less than 3 months after applying for it. I am presently living in the house with my son and I really appreciate the help you rendered to make it possible...I am so grateful to you and Elspeth Heyworth Centre for Women, for the good work and for putting smiles on our faces. Thank you very much!"

-F.A.



I don't really know how to say THANK YOU TO EHCW. You guys brought smiles to our face. I'm thankful. I have never received diapers like I do from EHCW. You saved my mattress from my little girl's night pee pee 2 weeks ago. The food I got last week served us on Sunday. We wore something different and nice on Sunday the 2nd of May, all because of you. Thank you. We are happy and hopeful; God bless EHCW, the workers and your supporters. You guys touched me in a very special way. Thank you once again.

-Laura.



Thank you for all your help, the Centre has been a great support for me and my children.

- M.O.



I wish to appreciate ehcw for providing a wonderful platform like the safe families in safe communities. I came to ehcw at the lowest point of my life when I was trying to break away from an abusive relationship and had nowhere to go. Obi provided me counselling and helped me to find resources in the community like free legal service to help me know my rights. I learned so much from the workshops and feel empowered learning about my rights, employment opportunities and how to manage my finances. Every week, I looked forward to the women support group where I felt safe sharing about my issues and learning from other women like me, knowing that I am not alone. Because of the knowledge I gained, I also brought my friend along, who is dealing with abusive relationship to benefit from this program. I am very grateful.

- Heidi



I really appreciate all of the work that this facility conducts because it means a lot to me as I have struggled with finding places that are accessible and in a safe area.

All of the work that I have done with Obioma and other intake coordinators was very helpful and I did not feel judged for what has happened to me in my past. Everyone was loving and accepting and it made me feel very comfortable to be there.

I wish to continue seeking aid from this Centre and I hope others do as well!

-N.M.



Anti-Human TRAFFICKING

This new program was initiated in the early part of 2021 with an objective of creating awareness within the young population of the risk of human trafficking. To kick start the program, an anti-human trafficking workshop was facilitated through the Sex Crime Unit of the Toronto Police

Number of participants: 25

MARY'S STORY

Mary reported the need for immediate assistance in finding housing for herself and her child, due to the emotional and psychological abuse she suffered at the hands of her intimate partner. She moved out of the apartment and fled to a friend's house. This was a temporary place to stay while ehcw searched for a safe place and affordable housing for Mary. Mary reported that she experienced emotional abuse from this partner soon after he convinced her to move to a city near Toronto, in 2019. He immediately started pressuring her to get a job at a massage parlor.

Mary disclosed that she was not interested in working in a massage parlor, but the partner kept insisting she apply despite her disinterest. He applied for her, to get a massage licence, without her permission and verbally threatened her and insulted her when she confronted him about it. He forced her to work at a specific massage parlor where she had to give the owner part of what she made and then give this partner the rest of her money. He then spent it on himself. When Mary expressed her unhappiness and became increasingly uncomfortable at the job, he called her names and told her she was lazy and useless if she were not making money the way he wanted her to. He told her that she would never get anywhere in life. He told her that she was a terrible mother and too lazy to take care of her child. He used abusive language and berated her in front of her child. She was not allowed to talk to her friends and family and he controlled who she was able to interact with. She disclosed that he would get jealous of clients she was forced to serve and then call her demeaning names.

Mary is now living in a safe housing establishment.

NEIGHBOURHOOD POD



This Pilot Project played a critical role during COVID to help isolated community members stay connected. It created mutual support in forming social circles and networks to track, monitor, assess and check-in on what needs were arising among residents in the community and to assist in meeting those needs. These pods were important vehicles through which resident members could meet each other's needs through the provision of material and social support and the sharing of resources. The goal was to foster resiliency against present and future crisis. Neighbourhood Pod leaders were also critical in spreading awareness about the COVID vaccination campaign.

Our Successes

- **Number of residents reached: 500**
- **Number of leaders created: 11**
- **Number of Townhall meetings organized by the Pod Leaders: 6**
- **Number of participants in the townhall meetings: 207**

SENIORS ACTIVE LIVING CENTRE

Supported by Ministry for Seniors and Accessibility and Seniors Community Grant Program

ehcw launched a new educational series for seniors to sharpen their knowledge and skills during COVID. In partnership with Mixed Company Theatre, seniors learned theatrical art which encouraged them to express their emotions and tell their stories. Seniors also learned about diversity in music, participated in opera and concerts, and even exercised their vocal cords in partnership with Concerts in Care. Daily programs included exercises and line dancing, which continued to be delivered virtually.

Our Successes

- **Number of virtual Line Dancing sessions: 180**
- **Number of virtual daily exercises: 250**
- **Number of educational workshop series: 100**
- **Number of virtual visits by seniors attending programs: 10,400 times**



“

My husband and I have been coming to the Centre for over ten years taking part in the line dancing, exercises, lunches and outings. We have made many friends at the Centre that we now socialize at the Centre and outside the centre. My friends and I started getting together every Tuesday at the Centre to make crafts such as knitting, sewing, making embroidery cards. We would then have a craft sale at the Centre and sell them. All proceeds would go to the Centre.

About six years ago, the line dancing group was too large so the organizer asked me to do a beginner class. From a participant I became a line dance instructor and I love it.

During COVID, I have been doing line dancing virtually every day and participating in the exercises. It helps to keep us mentally and physically engaged with everyone, even during lockdowns

-Grace Esposito

AGING AT HOME PROGRAM

Funding provided by Toronto Central Local Health Integration Network

Throughout the pandemic, ehcw ensured seniors were supplied with food and essentials. Programs continued as usual, virtually, and there were ongoing opportunities for seniors to stay connected to each other and to prevent against social isolation.

ehcw's programming aimed to encourage seniors to maintain their social circles and networks and to ensure that seniors continued to have access to activities which promote physical fitness and mental stimulation. Educational opportunities were also provided through a structured online learning series. Seniors of both the Toronto and Vaughan locations met together virtually to enjoy the online learning series. Information on vaccinations and pandemic health and safety was imparted throughout the year.

Our Successes

- **Number of seniors served in North York: 300**
- **Number of seniors served with food: 1,000**
- **Number of tablets distributed to seniors to learn technology: 24**
- **Number of seniors who attended technology workshops: 72**
- **Number of seniors who were served weekly with food and donations: 80**
- **Number of seniors who attended virtual exercise programs: 50**
- **Number of times seniors attended virtual healthy programs in North York and Vaughan: 7,500 times**

I am writing you this email to let you know how great Monica works. I want to thank her for her amazing work. She has never hesitated to help, she has always been happy to help me and I just can't express how grateful I am. One of the things she did for me was talk to my social worker, she did the emergency application for my husband among other things. Anything I want to know, any question I have had; she has always found the right answer. Her work is 100% efficient.

Thanks for having people like her working.

-P.R.

“



Thank you all at Elspeth Heyworth for helping us achieve extraordinary things in this beautiful country

-Yolanda Burgos

“

YOUTH PROGRAMS

Supported by Service Canada and Royal Bank of Canada

ehcw established an employment awareness program for youth, connecting them to the Toronto Community Benefits Network which provides trade skills training and apprenticeships. Several awareness sessions were held for girls to encourage them to take advantage of these opportunities.

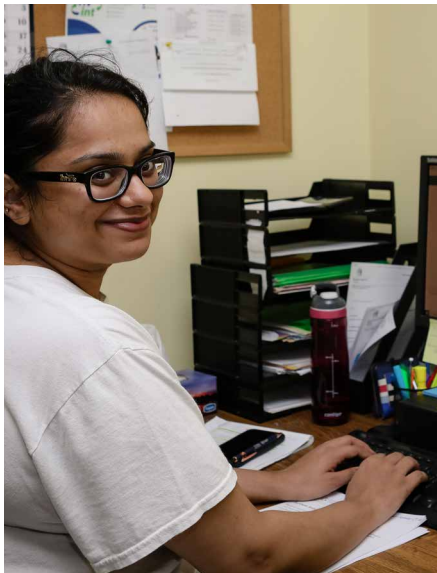
ehcw also established partnership with NPower, facilitating workshops for youth interested in IT training and potential youth employment.

Our Successes

- Youth were temporarily employed to conduct outreach to youth community, creating awareness of COVID safety.
- Number of youth who attended employment related workshops: 30
- Total number of NPower youth who attended workshops: 20
- Number of youth referred to NPower for IT training: 6



YOUTH PROGRAMS



Social Enterprise Successes

RivInt Interpretation and Translation Services is a 24-hour service that operates 7 days a week, 365 days a year with trained and language-tested interpreters. Our focus is on reliable, high quality customer service with quick turnaround time and quick response time in assigning interpreters and translators to each request.

This social enterprise provides crucial funding for the Centre which supports administrative and program activities in support of vulnerable communities.

RivInt Interpretation & Translation Services

RivInt's vision is a world where anyone is perfectly understood in any language.

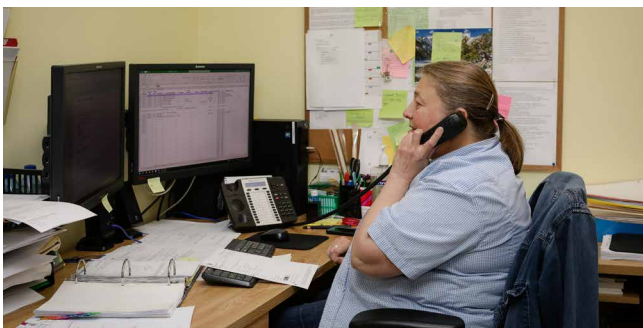
Our mission is to deliver outstanding interpretation and translation services that are accurate, timely, affordable and create a shared understanding among people. We provide quality interpretation services by ensuring that all interpreters are trained and certified through CILISAT/ILISAT (Cultural/ Interpreter Language and Interpreting Skills Assessment Test). Learn more about RivInt by visiting our website at:

www.rivint.ca

Our Successes

- **Number of active interpreters: 850**
- **Languages and dialects: 112**

“My mom had surgery yesterday at Women's College Hospital. (Interpreter) was amazing, very helpful, very professional and caring. She made everything so much easier for my mom. We couldn't be more satisfied with her work. Thank you very much.



“

The sign language interpreter used for today's case was excellent... could we get the same interpreter again for -- their follow up?

The interpreter was promptly on time, was patient with the technological delays, interpreted very accurately from my perspective and efficiently and effectively using the patient tone and expression, and was able to translate the tough personal questions, such as details regarding genital surgery. I have used many interpreter before and this time, I felt like I was actually speaking to the patient with the interpretation occurring almost invisibly, which makes the assessment and discussion that much more accurate and patient centred.

- Medical Staff, CAMH

LEADERSHIP AND OPERATIONS

BOARD OF DIRECTORS

EXECUTIVE COMMITTEE

- **Krista Antonio**
Chair
- **Michael Denyszyn**
Vice-Chair
- **Meezan Kotylo**
Secretary
- **Vinod Sharma**
Treasurer

DIRECTORS

- **Chand Kapoor**
- **Christina McIntyre**
- **Deanna Sgro**
- **Elena Flom**
- **Khamy Ganeshathasan**
- **Raushan Bhuiyan**

STAFF

- **Sunder Singh**
Executive Director
- **Maria Kritskaia**
Administrative Coordinator
- **Nissa Francisco**
Settlement Counsellor
- **Monica Reyes**
Community Mental Health & Seniors
Program Coordinator
- **Irina Koroleva**
Social Enterprise, RivInt Program Coordinator
- **Yougeita Jagdesh**
Community Programs Coordinator
- **Meghan Ostoma**
Seniors Program Coordinator
- **Obioma Dike**
Women's Program Coordinator
- **Benedicta Ambrose-Esede**
RivInt Assistant Coordinator
- **Sofia Zevallos**
Staff Trainee

STUDENTS

- **Amelia Montemarano**
- **Bhavya Nilaybhai Shah**
- **Jessica Maria Joseph**
- **Meghan Anne Ostoma**
- **Moo Moo Paw**
- **Renee Keith-Ann McFarlane**
- **Shikha Aktar**
- **Terrence Kwarteng Agyemang**
- **Mark Kovats**
Accountant

OUR VOLUNTEERS

Neighbourhood Pod leaders

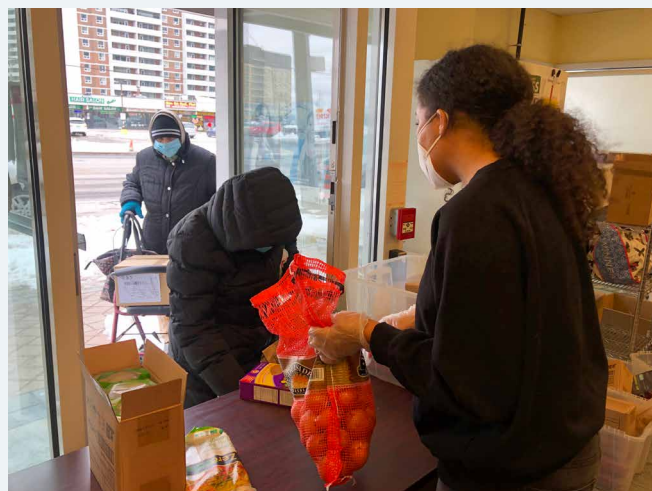
- **Aashirya Sharma**
- **Anita Ighedosa**
- **Bibi Hack**
- **Christine Jayarajah**
- **Debra Ramrattan**
- **Fatima Juarez**
- **Folusho Oguntinyinbo**
- **Phillip August**
- **Radica Sarju**
- **Rahul Sharma**
- **Sakina Cunningham**

Volunteers are the backbone of ehcw. Over the course of the last year, they ensured our programs were delivered effectively and were instrumental in facilitating food and donation distribution and in carrying out the planning, development, organizing and implementing of our programs. Our heartfelt thanks to all those who have given multiple hours of their valuable time to the Centre.

ehcw is grateful to Chand Kapoor for providing free tax services for seniors and women with financial challenges during the tax season.

Thank You Volunteers

- | | |
|------------------------------|---------------------------|
| • Aashirya Sharma | • Ramesh Bajaj |
| • Beatrice Conforti | • Sherina Khan |
| • Carmela Morelli | • Shirley Ciossich |
| • Celeste Bancheri | • Sukh Alang |
| • Cristina Marra | • Yolanda Burgos |
| • Elvia Gliosca | • Roncancio |
| • Fatima Juarez | |
| • Grace Esposito | |
| • Joe Bancheri | |
| • Joe Esposito | |
| • Kalidas Patel | |
| • Keshubhai Chaudhari | |
| • Kuldip Parmar | |
| • Lucy Pupulin | |
| • Marvin Catanus | |
| • Nahid Khan | |
| • Paula Liegghio | |
| • Pia Dal Bello | |





SUPPORTERS 2020-21

The Elspeth Heyworth Centre for Women is grateful to our funders, supporters and partners for their valuable support in helping us to deliver our programs and services to the community effectively.

FUNDERS

FEDERAL

- Agriculture and Agri Food Canada
- Canadian Heritage
- Employment and Social Development Canada

PROVINCIAL

- Ontario Ministry of Children, Community and Social Services
- Ministry for Seniors and Accessibility
- Ontario Ministry of Community Safety and Correctional Services
- Ontario Ministry of Health and Long-Term care

MUNICIPAL

- City of Toronto
- City of Vaughan
- Toronto Public Health
- Toronto Employment & Social Service

FOUNDATIONS AND ASSOCIATIONS

- United Way Greater Toronto
- Ontario REALTORS Care Foundation
- Ontario Trillium foundation
- RBC Foundation
- TD Bank
- Arbonne Charitable Foundation
- North York Food Harvest
- York University Faculty Association
- Food Banks Canada

DONORS AND SPONSORS

- 1033
- ABC Life Literacy
- Alicia Mondesire
- Amrita Guraya
- ANIDA Food Bank
- Anita Sharma
- Anuj Kapoor
- Ashfaq Saleem, MD
- Audrey Knox
- Babies R Us
- Behnaz Rohani
- Belinda Marchese
- Betty Madan
- Black Creek Community Health Centre
- Brands for Canada
- Bridges of Love
- CP 24 CHUM
- Caitlin Gascon
- Caritas
- Carol Denyszyn
- Cathy Sambrone
- Celeste Bancheri
- Chand Kapoor, CPA
- Chef Harminder
- Cini Joseph
- City of Vaughan
- Claudiu Filimon
- Coco's Pet Kitchen
- Cumming & Partners
- Dawn Herrara
- Deanna Sgro
- Deb Schulte, MP
- Debbie Flom
- Delta Family Resource Centre
- Denise D'Souza
- Ellen Contardi
- Elliott Raben Productions
- Elvira Caria
- Empire Capital Inc.
- Erin Silverstein
- Ernestines' Women's Shelter
- Feed It Forward
- Folusho Oguntinyinbo
- Food Not Bought
- Francesco Sorbara, MP
- Freedom Medi-Spa
- GEMS Security System Inc
- Global Medic
- Gloria Tsang
- Grace Esposito
- Graham Ford
- Grant Evans
- Harriet Hori
- Hospice Vaughan
- Humanity First Food Bank
- Humber River Hospital
- Inspired Eats
- Jan K. Overweel Ltd.
- Jaspal Singh Ughra
- Jatin Dixit
- Jed Friedman
- John Amendola
- Judy Sgro, MP
- Kalpana Sharma, MD
- Kanwaljit Guraya
- Karthika Devarajan
- Keshubhai Chaudhari
- Khandker Hassan
- Kimberley Yeung
- Krista Antonio
- Laura Mirabella
- Lenard Kotylo
- Lester Green
- Lily Wong
- Loreta Antonio
- Lorne Brock
- Mark McAlister
- Marshalls
- Mary Fuda
- Martin Gierczak
- Mary Knight
- Mary Marano
- Meezan Kotylo
- Michael Denyszyn
- Michael Palmer
- Michael Tibollo, MPP
- Michelle Geremia
- Nahid Khan
- Neerjakshi Sharma
- Niketa Bogle-Nelson
- Nino D'Aversa Bakery
- North York Harvest Food Bank
- Oladipo Onayemi
- OM Financial Inc, Rahul Bhardwaj
- Pathik Baxi, Simmons da Silva LLP
- Peel International Baptist Church
- Plan B Media Inc.
- Paul Bhatthal, Astro Taxi
- Pooja Kapoor
- Premier Place Banquette Hall
- RBC Financial Group
- Ragini Sharma
- Raushan Bhuiyan
- Rose Savage
- St. Jude's Roman Catholic Church
- Sean Hawkins
- Second Harvest Food Harvest
- Shawn Stillman
- Shirley Ciossich
- Snapd
- Susan Clarke
- Susmita Vaidya
- The Marinara Boys
- Tom Rakocovic, MPP
- Toronto Community Benefits Network (TCBN)
- Toronto Public Library
- Trimark/PCNA
- Val Boyd
- Vaughan Rehab Centre
- Vegfresh Inc.
- Victoria Kim
- Vinod Sharma
- Violet Heart Project
- Yuanling Quan

SUPPORTERS

Supporters

- Chand Kapoor,
CPA Professional Corp.
- Emery Adult Education Centre
- Emery Collegiate Institute
- Fortinos
- Housing Help Centre
- John Amendola
- Member of Parliament, Hon. Deb
Schulte
- Member of Parliament,
Hon. Francesco Sorbara
- Member of Parliament,
Hon. Judy Sgro
- MPP Michael Tibollo
- MPP Tom Rakocevic
- McMichael's Art Gallery
- North York Harvest Food Bank
- Plan B Media Inc.
- Second Harvest Food Bank
- Summer Fresh
- Toronto Community Housing
- Toronto Police Division 31
- Toronto Police Services – North
Collision Reporting Centre
- North York Harvest Food Bank
- RCT - Renewed Computer
Technology
- Vaughan Food Bank
- Vaughan Chamber of Commerce

Media Supporters

- 105.9 The Region
- Elvira Caria

Community Partners 2020-21

- 211 Toronto
- Access Alliance
- AILIA – Association de l'Industrie de la Langue
- Art and Creative Skills Collective
- Assaulted Women's Help Line
- Amita Sachdev, Dr. Naturopath

- Barbara Schleifer Commemorative Clinic
- Belka Enrichment Centre
- Black Creek Community Health Centre
- Black Creek-Humber Summit Cluster
- Brands for Canada
- Caribbean African Canadian Social Services
- Centre for Addiction and Mental Health
- City of Toronto, Parks, Forestry and Recreation
- City of Vaughan, Recreation and Culture
- Concerts In Care
- Delta Family Resource Centre
- Ernestine's Women's Shelter
- FOCUS Rexdale
- FOCUS Black Creek
- Gem Security System
- Girls on Board
- Hospice Vaughan
- Housing Help Centre
- Jane/Finch Community Centre
- Jane and Finch Community Legal Clinic
- JRCC Furniture Depot
- Knitting Rochs
- Ky Lo, Dr. Naturopath
- LAMP Community Health Centre
- Lumacare
- Member of Parliament, Hon. Deb Schulte
- Member of Parliament, Hon. Francesco Sorbara
- Member of Parliament, Hon. Judy Sgro
- MPP Michael Tibollo
- MPP Tom Rakocovic
- Mixed Company Theatre
- Northwood Neighbourhood Services
- North York General Hospital
- North York Harvest Food Bank
- North York Sikh Temple
- NPower Canada

- OCASI
- OCCl
- Ontario Realtors Care Foundation
- Purse Project York Region
- Renewed Computer Technology
- Regional Municipality of York
- Royal Bank of Canada
- Royal Ontario Museum (ROM)
- Ryerson University
- San Romanoway Community Services
- Scotiabank
- Skills for Change
- St. Joseph's Health Centre Toronto
- Toronto Community Benefits Network
- Toronto Community Housing Corporation
- Toronto District School Board
- Toronto Employment and Social Services
- Toronto Housing Connection
- Toronto Police Service 23 Division
- Toronto Police Service 31 Division
- Toronto Public Health
- University Health Network
- University of Toronto (Catapult Enactus Program)
- Up With Women
- Valeria Mitsubata Photography
- Vaughan Community Health Centre
- Vaughan Economic & Cultural Development
- Vaughan Fire & Rescue Service
- Victim Services Toronto
- Vaughan Chamber of Commerce
- Vaughan Food Bank
- Vaughan Libraries
- Vellore Village Community Centre
- Violet Heart Foundation
- VPI Working Solutions
- Women's College Hospital
- Woman Abuse Council of Toronto
- York Regional Police
- York University

Your gift can change someone's life

To make a secure online donation, please visit

www.ehcw.ca

CHARITABLE REGISTRATION NUMBER: 139096135RR0001

Your support is extremely valued! Donations of all sizes allow us to continue to support newcomer women and their families in gaining life-enhancing resources, developing their skills, meeting other women and building collective capacity. As ehcw is a nationally registered charity, your generous donation will be eligible for a tax receipt.

The Centre offers donors a number of options to continue to support our important work in the community:

Monthly Giving

Our monthly giving program is a safe, secure, and convenient way to put your money to work, automatically, each month. At the end of the year you will receive a tax receipt for the total value of all your donations.

Annual Gifts

You can make general gifts to support the work of the Centre at any time throughout the year. Gifts will receive a tax receipt subject to CRA regulations.

Honourary or Memorial Giving

Celebrate a special person in your life by making a gift in their honour, or in their memory. The Centre can arrange for a card with your personalized message to be sent to anyone who you would like notified of your gift.

Corporate Support & Foundations

To learn more about the Centre's work and opportunities for contributing and longer term giving, please contact the Executive Director, Sunder Singh at 416-500-2748 for more information.

Bequests

These are gifts made through your will and are the most common form of planned gifts. You can give a specific piece of property, a sum of money, or a percentage of your estate. It's important to choose the planned giving option that is best for you. The Centre recommends that you consult an attorney and/or financial planner to help you decide and make the necessary arrangements for you to begin your legacy.

Gifts of Securities

Donating appreciated stocks, bonds and mutual funds is the most tax effective way to make a gift to a registered charity. Whether you donate cash or appreciated securities, you will receive a tax receipt that is eligible for a tax credit.

Statement of Financial Position

ELSPETH HEYWORTH CENTRE FOR WOMEN (NORTH YORK)

STATEMENT OF FINANCIAL POSITION

AS AT MARCH 31, 2021

ASSETS

	<u>2021</u>	<u>2020</u>
<u>CURRENT</u>		
Cash	\$ 132,819	\$ 91,935
Short-term Investments (Notes 2 and 9)	399,690	203,690
Accounts Receivable	47,681	85,150
Grants Receivable	29,294	9,643
Government Assistance Receivable	122,245	-
Prepaid Expenses	4,596	4,649
	<u>736,325</u>	<u>395,067</u>
<u>CAPITAL ASSETS</u> (Note 3)	<u>9,047</u>	<u>13,351</u>
	<u>\$ 745,372</u>	<u>\$ 408,418</u>

LIABILITIES AND FUND BALANCES

<u>CURRENT</u>		
Accounts Payable and Accrued Charges	\$ 23,688	\$ 26,512
Source Deductions Payable	-	1,479
HST Payable	-	11,242
Loan Payable (Note 15)	40,000	-
Deferred Operating Grants (Note 4)	126,686	12,500
	<u>190,374</u>	<u>51,733</u>
<u>DEFERRED CAPITAL GRANTS</u> (Note 5)	<u>3,422</u>	<u>4,874</u>
<u>NET ASSETS</u>	<u>551,576</u>	<u>351,811</u>
	<u>\$ 745,372</u>	<u>\$ 408,418</u>

STATEMENT OF OPERATIONS

ELSPETH HEYWORTH CENTRE FOR WOMEN (NORTH YORK)

STATEMENT OF OPERATIONS

FOR THE YEAR ENDED MARCH 31, 2021

	<u>2021</u>	<u>2020</u>
<u>REVENUES</u>		
Fees for Services	\$ 232,044	\$ 464,874
Less: Interpreter Fees (Note 14)	(137,968)	(269,350)
Net Fees for Services Revenue	94,076	195,524
Grants (Note 6)	328,946	488,057
Donations and Fundraising	43,209	49,740
Donations-in-Kind (Note 17)	232,148	-
Other Income	18,176	4,733
	<u>716,555</u>	<u>738,054</u>
<u>GOVERNMENT ASSISTANCE (Note 16)</u>	<u>274,297</u>	<u>-</u>
<u>EXPENSES</u>		
Professional Fees	9,986	15,501
Administration	40,866	42,213
Fundraising Activities	3,942	6,973
Occupancy	39,112	44,555
Program Supplies (Note 17)	261,698	60,294
Staffing	432,631	535,850
	<u>788,235</u>	<u>705,386</u>
<u>EXCESS OF REVENUES OVER EXPENSES</u>		
<u>BEFORE AMORTIZATION</u>	202,617	32,668
<u>AMORTIZATION (Note 7)</u>	<u>(2,852)</u>	<u>(2,744)</u>
<u>EXCESS OF REVENUES OVER EXPENSES</u>	<u>\$ 199,765</u>	<u>\$ 29,924</u>

The Accompanying Notes are an Integral Part of these Financial Statements



Elspeth Heyworth
Centre for Women

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Fax: 905-747-1510
Email: youngeita@ehcw.ca

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Fax: 416-479-0898
Email: youngeita@ehcw.ca



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