



ehcW
Elspeth Heyworth
Centre for Women

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de l'agrément

2022 2023 ANNUAL REPORT

“My name is Josue, I would like to talk about my experience with EHCW. My Wife and I would like to extend our gratitude to the team for all the efforts you provide for the community. At the time (Nov 2022) we were seeking help from someone who had background knowledge about Sponsorship for Spouses.

We are very happy with the amount of attention we received from Laura Ivonne Delgado, a very kind person who goes out of her way to assist others. Thank you, Laura, for your help when we needed it most, we can proudly say that within 3 months of waiting my wife was able to receive her Residency. I highly recommend this place to anyone who needs information and advice. Thank you once again.” - Josue & Evelyn

“Community Centers are the best medicine. For seniors, they give us the opportunity to learn a lot, exercise alone, play bingo, paint, and a lot more things like give food. Not only do they give us the pleasure to be with people our own age and diverse culture, they give us in the summer the joy to hear the laughter and screaming of the kids playing in the next room. As you all know, lately you don't see the kids playing on the streets anymore, they are busy with their cellphones, starting at a tender age. Our Center is small so we all know each other and it's like a second family. My first thanks goes to Sunder to bring the center as it is today, also her staff, most of all Anu, who is an amazing person we all love her”

- Anna Passarelli

“I was very busy with job applications the last few days. But I wanted to sincerely thank you and everyone else at Elspeth Heyworth for the help and emotional support they extended to me on Friday. I felt very relieved after talking to you, Yougeita, and Sunder ma'am, and for the first time after reaching Canada did I feel like I had someone I can reach out to. Thank you for helping me with the consumables, clothes, and most importantly with finding a job, it's really appreciated.

I am really looking forward to working with you and the rest of the amazing team at Elspeth Heyworth. Thank you once again for all the help and support.”

- Rupali Bargujer, International Student



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MESSAGE FROM THE BOARD OF DIRECTORS

“ehcw continues to deliver on the mandate to support women, seniors, youth and newcomers to achieve their full potential. Canada has been impacted by inflation and rising prices, while at the same time increasing newcomers to Canada, often from war impacted regions of the world. All these impacts make the services provided by ehcw ever more critical. ehcw has stepped up to the challenges by expanding staff and services, increasing media outreach and continuing to increase support from funders.

The Board of Directors is humbled and proud of the staff at ehcw for their dedication and persistence in supporting the community to reduce isolation, poverty and exploitation, and creating a safe, welcoming and nurturing environment for everyone that comes to ehcw. We are grateful to the staff, partners and volunteers and look forward to another successful year.”

CLIENT STORY:

Alice came to ehcw after experiencing physical and mental abuse from her husband. He repeatedly told her that she owed him everything she had and that she couldn't have anything on her own. Alice couldn't work, because every time she tried to work, her husband followed her to work, watched her all day and if she talked to a man at her work, her husband would hit or threaten him, telling him that he couldn't get close to Alice. When she found new employment, she was only at that job for 2 to 3 days till he forced her to quit. So, she depended on him financially, but he left no money for her, so that she could not leave him. Alice did not have any relatives in Canada. If she tried to call them and her husband found out, he would break her cell phone. On 2 occasions she became pregnant, but her husband forced her to abort her babies because he claimed she would not be a good mother. Alice had access to her husband's cell phone and discovered that

he had another wife and 3 children, who lived outside of Canada. One day, when they were in the car on the highway, she asked him for an explanation of what she saw on his cell phone. He accelerated the car and drove from one side of the highway to the other abruptly. She pleaded for him to stop fearing they would crash, to which he replied it would be better that they both died. When she got home, she waited for him to fall asleep. She grabbed her clothes and left for her friend's house. She revealed to her how she suffered with his ongoing abuse. Her friend asked her to call ehcw. Once she connected with ehcw, she was given counseling support and placed in Priority Housing. Here she had her own space and began to live a safe life. ehcw helped her find employment. Alice is now financially independent.

ABOUT US

OUR VISION

Immigrant and newcomer women, seniors, youth and families achieving their full potential.

OUR MISSION

Empowering immigrant and newcomer women, seniors, youth and families through advocacy and services focused on promoting healthy families, community relationships and economic self-sufficiency.

OBJECTIVES

At the Centre, we support immigrant and newcomer women, seniors, youth and families by:

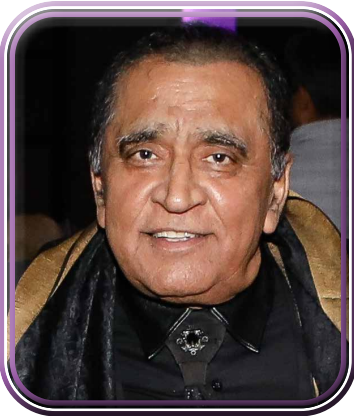
- » working with our partners in the law enforcement and justice sectors to raise awareness of individual rights and reduce the incidence of domestic and intimate partner violence;
- » working with our partners in the public and private sector to reduce poverty and isolation while empowering our clients to become more financially literate;
- » connecting those who experience linguistic or cultural challenges with support programs and services;
- » collaborating with other organizations to address educational, cultural and linguistic issues;
- » assisting with their settlement and integration into Canadian society as respected and contributing members.

STRATEGIC DIRECTION

1. Expand responsive services and advocacy efforts focused on immigrant and newcomer women, seniors, families and youth in Northwest Toronto and York Region, with a particular focus on serving women experiencing violence.
2. Achieve ongoing, stable and adequate funding.
3. Elevate ehcw's profile within the community services sector in Northwest Toronto and York Region.
4. Strengthen organizational capacity - human resource system, information technology and office space.



CHAIR AND EXECUTIVE DIRECTOR'S MESSAGE



CHAND KAPOOR

CHAIR



SUNDER SINGH

EXECUTIVE DIRECTOR

On March 20, 2023 ehcw was the proud recipient of the Toronto Community Champion Award by the City of Toronto, in recognition of this organization's extraordinary contributions to support the health and solidarity of the residents of the City of Toronto, throughout the pandemic. As the COVID restrictions were lifted, ehcw experienced a sudden increase in the number of clients visiting the Center; women asking about services to combat domestic violence, international students looking for employment support, newcomers seeking settlement related services and youth wanting a safe social place to meet and learn with their peers. Many new seniors joined our programs virtually and in-person, thus avoiding painful isolation post-COVID. We built strong communities, helped along by a steady partnership with Toronto Community Housing Corporation and many other community service organisations.

Our work as a North Quadrant Toronto leader in the Youth Vaccination program was initiated and completed with over 15,500 youth engaged in the social media, vaccine clinics, wellness fairs, community gatherings and townhall meetings, receiving information and latest updates. Youth gathered at libraries and community centres to learn about COVID safety and vaccination. Our "Connect Young" youth were kept busy as volunteers in the community, learning about safety, safe communities, and youth vulnerabilities through our anti-human trafficking program. Youth acquired new hobbies such as sewing and creating useful cloth objects. International students began to access our services.

There was over 30% increase in the number of Toronto clients receiving food support, with over 65,455 lbs. of food distributed. We thank Second Harvest, North York

Harvest, Vegfresh Inc. and Shopper's Drug Mart for their unconditional support in making lives of residents a little more comfortable as they combatted the steep inflation. Food distribution was expanded to serve Vaughan residents.

ehcw's information technology was strengthened with support from the Trillium Foundation, resulting in all staff now equipped with cell phones. This process has made it easy for the clients to access relevant staff directly with no wait time.

The Board of Directors provided critical support to the Executive Director in the implementation process of its Strategic Plan and reviewing the By-laws and the policies to keep them relevant and current. The Board looked at various opportunities for a permanent space for ehcw, as its services expanded and a new space is the need of the day.

Staff Group Benefits was introduced at ehcw, offering health benefits to its talented and well deserving team of staff. The Board wishes to acknowledge the exceptional work and extends its gratitude towards the Executive Director and the amazing staff and the volunteers. As the Chair of the Board, I gratefully acknowledge the generous contributions of my colleagues on the Board, their sincere commitment to the organization, as well the generous donors and partners who support ehcw's work in serving the community.

Thank you!

KEY SUCCESSES IN 2022-23

- Awarded Toronto Community Champion Award by the City of Toronto
- Started a Group Benefit plan for the staff of ehcw
- Distributed 64,455 lbs of food to 748 residents 3,936 times
- 30% increase in number of Toronto residents accessing food with average of 82 visits, per week
- Expanded food distribution to Vaughan residents
- Celebrated 9th International Women's Day;
- Reached over 15,500 youth participating in the Youth Vaccination Program led by ehcw in the North Quadrant of Toronto.
- Expanded programs for seniors from 3 new locations in Toronto in partnership with Toronto Seniors Housing Corp.
- Completed 100 hours of interpreters training funded by Talent City Vaughan, Economic Development.



OUR IMPACT

- ehcw offices remained open throughout COVID-19 providing immediate supports to the vulnerable;
- We provided comfort and relief with food and donations to families who were financially affected by COVID;
- Remained steadfast in our conviction to encourage 225 women facing domestic violence to explore pathways to apprenticeships that lead to Red Seal Trade certification. This career awareness helped under-represented groups learn about diverse avenues of employment and opportunities for training through our partner agency Toronto Community Benefits Network;
- We engaged with parents and international students to inform them of safety issues commonly encountered by newcomers.
- Conducted critical outreach to newcomer and international students at the South Asian Festival 2022

SUPPORTING NEWCOMER WOMEN AND FAMILIES

SUPPORTED BY MINISTRY OF LABOUR, IMMIGRATION, TRAINING AND SKILLS DEVELOPMENT

NEWCOMER SETTLEMENT PROGRAM

Speaking multiple languages, our staff provided all newcomers and immigrants with a full wrap-around settlement services to meet their specific needs. Clients were served by phone/email/Zoom/Webex and in-person. A large population of Spanish speaking people accessed settlement services in their spoken language. Services were provided to an increased number of Black community arriving from Eritrea, Ghana and Nigeria.

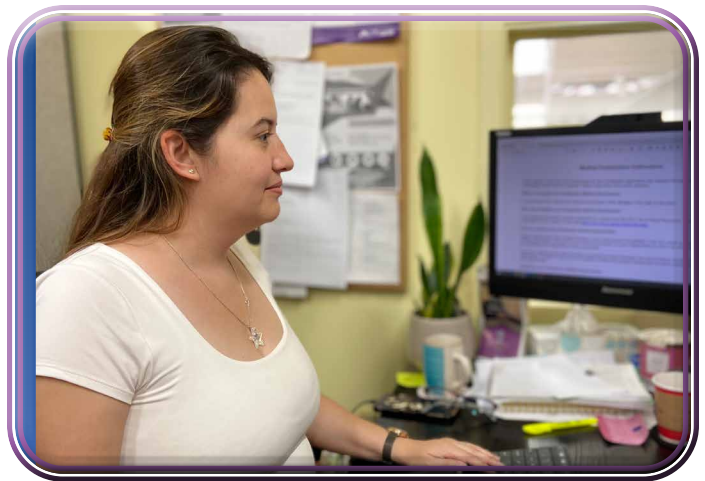
Some of the services given to newcomers and immigrants included: Services in the language spoken by clients; interpretation; applications for housing with special priority for clients facing domestic violence. Additional services included applications for OSAP, Ontario Works, Ontario Disability Supports, child tax benefits, CPP, EI, food/clothing and much more. Career and employment, as well as skills enhancement supports were given. Partnerships were built and maintained to ensure clients were served in the best possible way. Trust and reassurance was built with regular follow-ups with clients.

- Unique Clients Served: 1,058
- Number of refugees served: 796
- Refugee claimants: 341
- Legal Aid Applications: 566
- Number of times services provided: 2,588
- Application for Housing placement: 65
- Work Permit Applications approved: 81
- Renewal Status approved: 20
- Citizenships: 115
- Permanent Resident Applications: 144
- Sponsorship Applications: 201
- Assistance with additional applications: 170



CLIENT STORY

Diana, her husband, and their 7-year-old daughter arrived in Canada from Latin America seeking refugee from danger in their country of origin. This family did not have any friends or relatives in Canada to support them. They slept 3 nights at Union Station until a person gave them ehcw's contact information to connect with Settlement Coordinator, who could speak their language. With help from ehcw staff, the three were immediately placed in a Family Shelter. They received food and other necessities and ehcw helped them with their settlement process. They received assistance to submit their legal aid application for refugee claim. Communicating with them in Spanish ehcw provided them with a list of lawyers who could take their case. ehcw assisted them to apply for Ontario Works, enrolled the youth in school, and enrolled the parents in English classes and offered access to ehcw's food bank. ehcw's Settlement Coordinator provided interpretation services to this family when they attended Ontario Works and Medical appointments. Diana's husband found a job in Hamilton in a welding factory. Now settled and financially stable, they await a court hearing to get their protected persons status.



"The day my family and I met Ivonne, she was a great guide, counselor, servant, and I even dare to say it, a great earthly angel.

Thanks to her and also to her organization, we find a woman full of human values and principles.

Thanks EHCW

God bless everyone who works there." – Christina Espinosa

"I am just calling to say thank you for your assistance in processing my PR Card.

I received it this morning. I appreciate your help greatly."

– Daliah Ross

"Thank you so much, I really appreciate your help I was so desperate. You are truly amazing. God bless you."

- Amanda Henningham

EMPLOYMENT

We continued to hear from our clients that their top priority is being employed. Employment provides fastest way to find security and settlement. ehcw maintained its relationships with major employers willing to train and hire women breaking away from domestic violence, newcomers, immigrants and the international students. Job seekers were made aware of the trade skills demand and opportunities for training, apprenticeship and employment in construction through our partner agency Toronto Community Benefits Network (TCBN).

OUR SUCCESSES:

- Number employment related workshops conducted: 16
- Referrals to NPower Canada for IT training and program enrolment: 70
- Number of women referred to VPI Working Solutions for employment support: 24
- Number of referrals to TCBN for jobs in construction: 14
- Employment training to number of Summer Students: 8



"ehcw is a place of comfort and peace with resources ready to help in any way possible. It is a place that welcomes people with open hands, by helping youth in self-acceptance while allowing us to build meaningful friendships. This organization assist in helping residents to find jobs, filling out documents and provide food through their weekly food bank. I am happy to be among people who work together to put smiles on people's face." - Uwana Eyoh

REDUCE ABUSE AND FINANCIAL LITERACY

SUPPORT PROVIDED BY ROYAL BANK OF CANADA, REALTOR CARE FOUNDATION AND TD BANK

FOCUS REXDALE and FOCUS BLACK CREEK weekly meetings were attended by 2 ehcw staff members to address high risk cases. There we encountered women facing domestic violence and newcomers finding many challenges in settling in Canada. We were able to offer emotional counselling, food and clothing to ease financial burden and other services such as finding employment.

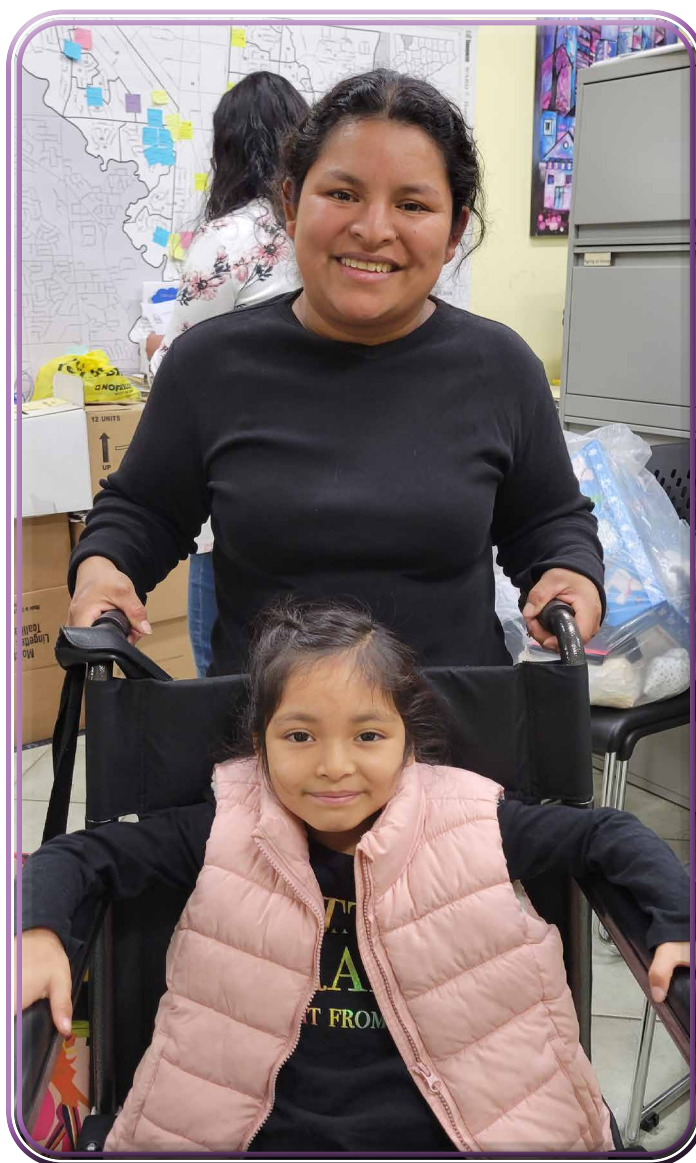
On March 2nd, 2023 ehcw held its 9th annual International Women's Day celebration bringing an indigenous perspective and highlighting the enormous work that remains to be done to support women and girls safety in this community. We received over 700 views on the ehcw's website and YouTube.

Workshops on financial literacy were facilitated by Royal Bank of Canada.

We are grateful to the Executive Director of Jane & Finch Community Legal Clinic, Noland Merrick and his team for their assistance to support women facing domestic violence with legal advice.

OUR SUCCESSES:

- Number of cases of domestic violence reported: 225
- Placements in Emergency Shelters: 20
- Number of high risk cases taken by ehcw: 60
- Number of families serviced with food distribution in Toronto: 748
- Number of families serviced with food distribution in Vaughan: 65
- Number of new clients served in food distribution: 220
- Number of times clients served in food distribution: 3,936



YOUTH ANTI-HUMAN TRAFFICKING

FUNDED BY MINISTRY OF CHILDREN, COMMUNITY AND SOCIAL SERVICES
SUPPORTED BY ROYAL BANK OF CANADA; TD BANK; REALTOR CARE AND TCBN

A complete trauma-informed and wrap-around services were given to youth, building their capacity to understand risks and vulnerabilities. Early intervention and protection measures were addressed with youth to enhance prevention of human trafficking. Media outreach helped create awareness of anti-human trafficking among international students newly arrived from various countries, many being of very young age. Youth connected with peers, opened group discussions and built mentorship groups for the new youth joining the program.

OUR SUCCESSES:

- Total number of new youth registered: 50
- Total number of youth visits: 2,640
- Number of youth hired for summer jobs: 8
- Number of youth attended “safety” workshop sessions: 50
- Number of Staff receiving advanced training in anti-human trafficking: 5
- Number of International Students placements at ehcw: 3

INTERNATIONAL STUDENTS:

ehcw was able to reach nearly 4,000 youth and women through many events, one such was the Gerrard India South Asian Festival, where for 2 days international students gathered. ehcw had a booth in a prominent position with a large number of visitors stopping by to learn of our services and offerings.

Connected with Victims Services Toronto to build service partnership to help women and youth facing domestic violence.



“I am an international student and an international medical graduate, doing my placement at Elspeth Heyworth Centre for Women. I have learnt a lot about community needs and how to use a client-based approach to assist those in need. Staff members are friendly and always show interest to help in whatever the way possible. I provide support to the seniors’ programs and food bank conducted by this organization to serve various communities. I do everything with pleasure and all the faces of happy seniors and clients make me feel the value of humanity. Moreover, this organization supported me to get connected with a walk-in medical clinic in order for me to achieve a milestone in my medical career in Canada. They guided me through the interview process and I got accepted as a Physician Assistant. This is a huge opportunity and will help me gain experience in the Canadian healthcare sector. I am really fortunate and glad for choosing Elspeth Heyworth Centre to do my placement.”

- Dhiani Samaraweera

VACCINE ENGAGEMENT YOUTH VACCINE ENGAGEMENT NEIGHBOURHOOD POD FOOD DISTRIBUTION

ehcw continued its leadership role in the North Quadrant of Toronto to reach out to the youth community in this area, ensuring vaccine information was imparted and youth learned about COVID safety.

Residents in the Black Creek Humber Summit area were connected to a nearby vaccine clinic. ehcw experienced increased need for food, clothing and personal necessities distribution and vaccine information to mainly Black, South Asian, Spanish and Caribbean communities.

Neighbourhood Pod leaders, including 2 from the youth community, engaged in vaccine information dissemination projects. They continued building community circles to share resources available from ehcw and other community centres.

Food distribution with assistance from North York Harvest, Second Harvest, Vegfresh and Shopper's Drug Mart continued to assist families impacted by COVID and post COVID.

OUR SUCCESSES:

- Total food distribution: 65,455 lbs.
- Number of families serviced with food distribution in Toronto: 748
- Number of families serviced with food distribution in Vaughan: 65
- Number of new clients served in food distribution: 220
- Number of times clients served in food distribution: 3,936
- Number of Youth outreached for COVID and Vaccine information: 15,500
- Number of active Neighbourhood Pod leaders engaged in Vaccine Engagement: 9
- Outreach to provide vaccine safety information to local residents: 20,000
- Number of COVID related Townhall meetings : 3

"Elspeth Heyworth Centre for Women senior's program is great hence why I attend each week. Their weekly program provides a space where I feel comfortable to express myself while being around my peers. The food bank at ehcw carries out each week has been beneficial to my everyday needs." - Callet Charie



SENIORS ACTIVE LIVING CENTRE

SUPPORTED BY MINISTRY FOR SENIORS AND ACCESSIBILITY

Arts, Craft and Knitting program ran at full capacity, post COVID, bringing over 39 seniors per week to gather for creative activities such as creating center pieces, Christmas craft, knitted items, amazing greeting cards, etc. Educational workshops were held throughout the year.

Other programs offered included: Line Dancing, Latin jam, Bingo, daily exercises, computer and tech help classes, community gardening, workshops, social gatherings, congregate dining, seniors intercultural café, intergenerational learnings, chair yoga, meditation, floor yoga, music and movement, food and clothing distribution, English conversation and educational trips and outings. Weekly Chinese Choir continued to be a joyful event for our Chinese seniors. Mixed Company Theatre created scripts and conducted multiple workshops on gender-based issues. Free tax services were provided by Chand Kapoor, CPA.

OUR SUCCESSES:

- Number of NEW SENIORS: 45
- Total number of participants: 400
- Number of seniors and families served with food: 65
- Number of Programs offered to Seniors: 25
- Number of times clients visited programs: 8,304
- Number of Community Events organized by seniors: 12





TESTIMONIALS

"My husband and I have been coming to the centre for over 12 years. We started coming to the yoga exercise classes as well as line dance class. When the instructor for line dance left I helped a lot. I have been instructing the line dance class two times a week. I help people start an intro to Line dancing and that has been successful. The centre for my husband is a place to socialize and have fun and exercise." - Grace and Joe Esposito

"I have been going to the EHCW Centre for almost a year. I am presently attending the exercise classes and occasional yoga classes. EHCW has given me a chance to get back in to exercise without competing with anyone. The classes are at your own pace without any pushing. The instructors are very encouraging and fun which makes it all even better. Coming here has given me a chance to meet people and start new friendships." - Rosalia Spano

"I have been a member of the EHCW since the fall of 2022. The monthly program schedule is absolutely wonderful. This is a Centre for seniors to socialize as well as to get information for physical and mental health. There are many information flyers available to all. I particularly enjoy the stretch and strengthening exercises as well as the chair fitness sessions. I am also impressed with the email information sent out to members in regard to speakers attending the Centre and medical information and seminars. (The staff) is a wonderful program coordinator as well as the students who volunteer their time there. I have been a Vaughan resident for over 40 years and I am happy to attend this Centre which is at a prime location in Vaughan." - Rocchina Polsinelli

"I love going to the Centre and participating in the exercise classes, craft classes and all their functions, especially the luncheons which everyone loves to attend. There are a lot of widowed ladies who rely on this Centre, they are alone and lonely. Some I have spoken to come every day because they have made friends and enjoy doing the programs.

I am divorced and have just lost my mother, so this Centre has given me much happiness and a feeling of belonging, it has filled my lonely days by myself." - Tina Riserbato

"I have been attending the Blue Willow Elspeth Centre for over 10 years. During this time I have participated in baking classes, line dancing and the craft group. I have helped to organize theme lunches and craft sales. There have also been different presentations which helped develop an awareness of mental health, safety and finances.....Through all the different activities, the Elspeth Centre has provided friendships, social relationships, positive attitudes and learning. I enjoy the personal achievement in using my past skills as well as new ones. The Elspeth Centre has provided a safe, positive and healthy environment for both me and my friends. It has filled the gap for the elderly." - Beatrice Conforti

TESTIMONIALS

"Blue Willow (EHCW) has given me a friendly environment where I feel welcomed and part of a community. I thoroughly enjoy Cristina's stretch classes and the Latin jam classes with Paul, my energy levels and overall physical well-being has improved. It is a wonderful place to meet new people and make new friends. Living alone the need to feel connected is very important .. very thankful for EHCW." - Sara Z

"Elspeth Centre is a blessing to our community. Many people benefit from our friendship and programs offered. The staff are friendly and helpful, and Anu is perfect in her role as coordinator and friend. She is very organized and fun. My favorite program is the line dance with Grace, and I eagerly await our Art Programs. Elspeth Rocks!" - Pat

"Plenty of options to spend quality time with friends. Enjoy coming together for our lunches (and) for different occasions and preparing the tables with center pieces. (Staff) makes it very enjoyable and you want to come and participate with whatever she plans." - Paula Liegghio

"I have been attending the senior's program for a few years now and I take part in exercise program the arts and crafts and dance classes. This has not only helped me physically but also emotionally and mentally. The association with others from different cultures and backgrounds has been very rewarding to me. The program is very organized and appropriate for seniors." - Virginia Douglas



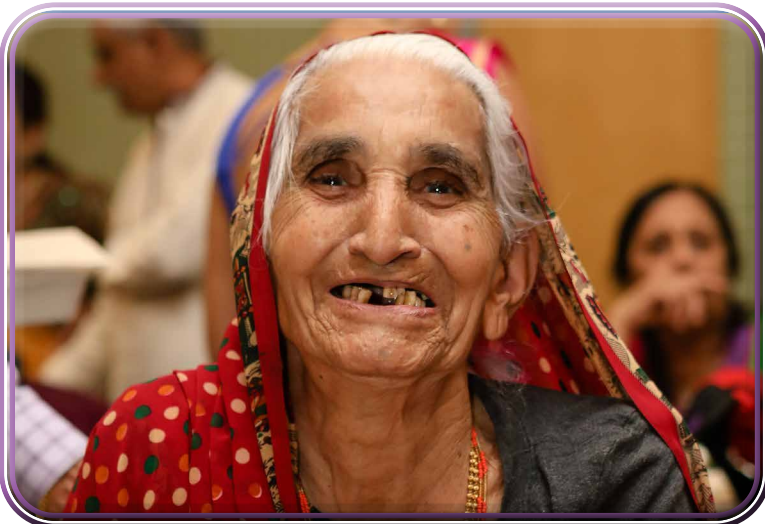
AGING AT HOME PROGRAM

FUNDING PROVIDED BY MINISTRY OF HEALTH AND LONG-TERM CARE

There was great enthusiasm from seniors to revert to in-person programs. Many new smiling faces were welcomed, as programs opened up at new locations. Partnership with Toronto Seniors Housing was established for seniors programs at 2 new locations. Programs were also opened up in the North Kipling Community Centre. Interest to enrol in exercise and other fun activities from the South Asian seniors increased exponentially. Food and essentials continued to be provided throughout the year transitioning seniors smoothly into the post COVID period.

OUR SUCCESSES:

- Number of NEW SENIORS accessing programs in North York: 83
- Number of meals accessed by seniors: 3,840
- Number of seniors home visits for food delivery: 77
- Number of times services used by seniors: 4,701



"The seniors program carried out by Elspeth Heyworth Centre for women is one that I look forward to attending each week. The activities are very interactive and educational. This program allows me to be less isolated at home and keeps me active. I love this organization and is very grateful for all that they do for us seniors." - Anonymous

"The program is good to associate with other seniors. We have fun by playing games, socializing with peers while participating in education activities. I always look forward for Tuesdays to attend the seniors program." - Bridget Chung

RIVINT INTERPRETATION AND TRANSLATION SERVICES

A SOCIAL ENTERPRISE - MEMBER OF BUY SOCIAL CANADA



Number of active interpreters/translators: 850
Languages and dialects: 112

RivInt Interpretation and Translation Services is a 24-hour service that operates 7 days a week, 365 days a year with trained and language-tested interpreters. Our focus is on reliable, high quality customer service with quick turnaround times and quick response times in assigning interpreters and translators to each request.

This social enterprise provides crucial funding for the Centre which supports administrative and program activities in support of vulnerable communities.

RivInt's vision is a world where anyone is perfectly understood in any language.

Our mission is to deliver outstanding interpretation and translation services that are accurate, timely, affordable and create a shared understanding among people. We provide quality interpretation services by ensuring that all interpreters are trained and certified through CILISAT/ILISAT (Cultural/ Interpreter Language and Interpreting Skills Assessment Test). Learn more about RivInt by visiting our website at: www.rivint.ca

RivInt provides interpretation services both virtually and in-person. A full 100 hours of training was completed for the Vaughan residents aspiring to become part of the RivInt team in the City of Vaughan. Support for the interpreters training was given by the City of Vaughan Economic Development team.

"I would like to express my sincere thanks to you for providing simultaneous interpretation service to our Anti-Asian Racism Forum.

Your excellent listening and speaking skills, and of course with your beautiful voice, have left a deep impression on us. Your professional service made the event so much more inclusive and allowed more people to join. Audience benefited."

"I wanted to give a 10/10 review for Arabic interpreterI was very impressed with their patience, support, and kindness towards the family and myself. They did a fantastic job providing interpreting and providing assistance with the client's paperwork for our session. They went out of their way by staying later to best help the family." - Social Worker, CAMH

"Thank you very much for interpreting the United We Stand Anti-Asian Racism Forum. We were so impressed by your work, it was authentic, elegant. You made the event successful by interpreting to people with language barriers." - Public Health Group

"Great interpretation provided!"

LEADERSHIP AND OPERATIONS



EXECUTIVE COMMITTEE

Chand Kapoor

CHAIR

Elena Flom

VICE CHAIR

Meezan Kotylo

SECRETARY

Vinod Sharma

TREASURER

DIRECTORS

Angela Huang

Anu Saigal

Gukirat Randhawa

Khamy Ganeshathasan

Lubaina Fidaali

Lucy Cardile

Rahul Bhardwaj

STAFF

Sunder Singh

EXECUTIVE DIRECTOR

Yougeita Jagdesh

PROGRAMS MANAGER

Nabeela Hamid

ADMINISTRATIVE COORDINATOR

Ivonne Delgado

SETTLEMENT COORDINATOR

Kelia Davis

COMMUNITY MENTAL HEALTH & SENIORS PROGRAM COORDINATOR

Irina Koroleva

PROGRAM COORDINATOR, SOCIAL ENTERPRISE,
RIVINT INTERPRETATION AND TRANSLATION SERVICES

Anu Sharma

SENIORS PROGRAM COORDINATOR

Kadian Parker

ASSISTANT PROGRAM COORDINATOR, SOCIAL ENTERPRISE

Mark Kovats

ACCOUNTANT

COMMUNITY ENGAGEMENT

SUMMER STUDENTS:

Om Sharma
Laura Perucelli
Danielle Pablo
Aashirya Sharma
Erika Met
Joshua Johnson
Raima Ghani
Aliza Zameer

NEIGHBOURHOOD POD LEADERS:

Aashirya Sharma
Bibi Hack
Camila Iraheta
Christine Jayarajah
Debra Ramrattan
Fatima Juarez
Radica Sarju
Rahul Sharma
Raima Ghani



VOLUNTEERS

ROYAL BANK OF CANADA AND OUR COMMUNITY VOLUNTEERS – WE THANK YOU!!

ehcw strengthened their partnership with the RBC team instrumental in ehcw's food distribution program, both in North York and Vaughan locations. The team inspired our youth and staff in the weekly activities for outreach to those who needed us the most. We extend a very special thank you to all the volunteers. They are the backbone of this organization, giving hours of their valuable time to the Centre with planning, development, organizing and implementing our programs.

ehcw is grateful to Chand Kapoor, CPA for providing free tax services for seniors and women with financial challenges, during the tax season.

COMMUNITY VOLUNTEERS

Aashirya Sharma
Abasiono Eyoh
Adriana Carolina Ordonez
Amina Rashid
Angela Lanna
Anna Passarelli
Barbara Brijcoomar
Beatrice Conforti
Brenda Paola Jimenez
Nolasco
Brightness Eyoh
Carmela Morelli
Carol Sealey
Chris Cristostomo
Cristina Marra
Cristina Paraschiv
Crystal Joseph
Deborah Dyanand

Delina Beyene
Denise D'Souza
Elizabeth Portmann
Elsa Lizano
Elvia Gliosca
Fatima Juarez
Flori Pauletto
Grace Esposito
Haya Rishikanth
Janelle Henry
Jessica Joseph
Jessica Thomas
Joe Esposito
Jonathan Pipim
Karanvir Rehal
Keshubhai Chaudhari
Krisanapreet Kaur
Kuldip Parmar

Lucy Pupulin
Lulya Tsegay
Maggie Garzon
Manuel Deocampo
Maria Longo
Marvin Catanus
Maya Arrigo
Meron Yohannes
Mona Bissoondial
Morya Yohannes
Nagi Harmina
Nahid Khan
Pat Ramkhelawan
Paul Le
Paula Liegghio
Pia Dal Bello
Rita (Zumba Instructress)
Rizalina Pineda

Rosa Graziosi
Sabrina Freaidoon
Seeddhi Shah
Shawn Joseph
Sherina Khan
Shirley Ciossich
Sohrab Freaidoon
Sukh Alang
Tavon Tulloch
Tiara Tulloch
Tolani Mercy
Tonia Bonofiglio
Virginia Douglas
Yazmina Flores
Zhonya Russell



SUPPORTERS 2022-23

The Elspeth Heyworth Centre for Women extends its heartfelt thanks the funders, supporters and partners for supporting the delivery of pertinent programs and services to the community members. You have made a difference in the lives of many people.

FEDERAL

- Canadian Heritage
- Service Canada

PROVINCIAL

- Ministry for Seniors and Accessibility
- Ontario Ministry of Children, Community and Social Services
- Ontario Ministry of Community Safety and Correctional Services
- Ontario Ministry of Health and Long-Term care
- Settlement Services Branch - Ministry of Labour, Immigration, Training and Skills Development

MUNICIPAL

- City of Toronto
- City of Vaughan
- Toronto Employment & Social Service
- Toronto Public Health

FOUNDATIONS AND ASSOCIATIONS

- BIA – Gerrard India Bazaar
- Black Creek Humber Summit Cluster
- Food Banks Canada
- North York Cluster
- North York Food Harvest
- Ontario REALTORS Care Foundation
- Ontario Trillium Foundation
- RBC Foundation
- Second Harvest Food Bank
- TD Bank
- United Way Greater Toronto
- York University



DONORS AND SPONSORS

DONORS AND SPONSORS

- Bleed the North
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- City of Vaughan
- Delta Family Resource Centre
- Elementary Teachers' Association
- Food Not Bought
- GEMS Security System Inc
- Global Medic
- Khalsa Aid Foundation
- Laura Mirabella
- Moorelands Kids
- Nahid Khan
- Purse Project York Region
- Second Harvest Food Bank
- Shopper's Drug Mart
- The Redwood Shelter
- Toronto Community Benefits Network (TCBN)
- Toronto Public Library
- Toronto Star Santa Claus Fund
- Vaughan Chamber of Commerce
- Vaughan Rehab Centre
- Vegfresh Inc.
- Walmart, Vaughan

SUPPORTERS

- Member of Parliament, Hon. Francesco Sorbara
- Member of Parliament, Hon. Judy Sgro
- MPP Michael Tibollo
- Mayor, City of Vaughan and Vaughan Council
- Councilor Anthony Peruzza – Ward 7
- Consulate General of India, Toronto
- Toronto Police Division 31
- Vaughan Chamber of Commerce
- RCT - Renewed Computer Technology

MEDIA OUTREACH

- 105.9 The Region
- Ahamdabad Mirror, India
- Canadian Bazaar
- Dainik Bhaskar – India
- Divya Bhaskar – India
- Elliott Raben Productions
- Elvira Caria
- Oneness Educational Foundation
- PIE News – England
- Prime Asia
- Rangla Punjab Radio
- Sher-e-Punjab
- The Forum
- Tirchinazar
- Toronto Star

COMMUNITY PARTNERS 2022-23

- 211 Toronto
- Access Alliance
- AILIA – Association de l’Industrie de la Langue
- ANIDA Food Bank
- Art and Creative Skills Collective
- Aryssah Stankevitsch and Sales Force
- Assaulted Women’s Help Line
- Barbara Schleifer Commemorative Clinic
- Belka Enrichment Centre
- Black Creek Community Farm
- Black Creek Community Health Centre
- Black Creek Humber Summit Cluster
- Brands for Canada
- CAFCAN
- Canada Revenue Agency
- Canadian Anti Fraud Centre
- Canadian Bankers Association
- CAYR
- Centre for Addiction and Mental Health
- Chand Kapoor, CPA Professional Corporation
- City of Toronto, Parks, Forestry and Recreation
- City of Vaughan, Recreation and Culture
- Concerts In Care
- Consul General of India
- Crises & Trauma Resource Institute
- Delta Family Resource Centre
- Ernestine’s Women’s Shelter
- Family Services Toronto
- Fanshawe College
- FOCUS Black Creek
- FOCUS Rexdale
- Forouz Badiyan
- Gem Security System
- George Brown College
- Hospice Vaughan
- Housing Help Centre
- Humber River Hospital
- Interval House Shelter
- Jane and Finch Community Legal Clinic
- Jane/Finch Community Centre
- JRCC Furniture Depot
- Knitting Rochs
- Lumacare
- METRAC
- Metropolitan University
- Midaynta
- Mixed Company Theatre
- Next Steps Employment
- New Circles
- North York General Hospital
- North York Harvest Food Bank
- North York Sikh Temple
- Northwood Neighbourhood Services
- NPower Canada
- OCASI
- OCCI
- Oneness Education Foundation
- Ontario Realtors Care Foundation
- Purse Project York Region
- Redwood Shelter
- Peel Regional Police
- Regional Municipality of York
- Renewed Computer Technology
- Rexdale Legal Clinic
- Royal Bank of Canada
- San Romanoway Community Services
- Sandreen Porter
- Scotiabank
- Second Harvest Food Bank
- Seneca College
- Service Canada
- Shakespeare in Action
- Shopper’s Drug Mart
- Sistering
- Skills for Change
- St. Joseph’s Health Centre Toronto
- Sunlife
- Toronto Community Benefits Network
- Toronto Community Housing Corporation
- Toronto District School Board
- Toronto Employment and Social Services
- Toronto Housing Connection
- Toronto Paramedic
- Toronto Police Services Division 23, 31 and 32
- Toronto Public Health
- Toronto Public Libraries - Jane and Sheppard
- Toronto Public Libraries - North York Central
- University Health Network
- University of Toronto
- Up With Women
- Valeria Mitsubata Photography
- Vaughan Chamber of Commerce
- Vaughan Community Health Centre
- Vaughan Economic & Cultural Development
- Vaughan Fire & Rescue Service
- Vaughan Food Bank
- Vaughan Libraries
- Vegfresh Inc.
- Victim Services Toronto
- Vita Nova Foundation
- VPI Working Solutions
- Woman Abuse Council of Toronto
- Women’s Centre for Innovation and Change
- Women’s College Hospital
- Woodgreen Community Centre
- Wordswell
- York Region CYF Situation Table
- York Region Paramedics
- York Region: Injury Prevention, Healthy Aging
- York Regional Police
- York University

YOUR GIFT CAN CHANGE SOMEONE'S LIFE

TO MAKE A SECURE ONLINE DONATION, PLEASE VISIT WWW.EHCW.CA

CHARITABLE REGISTRATION NUMBER: 139096135RR0001

Your support is extremely valued! Donations of all sizes allow us to continue to support newcomer women and their families in gaining life-enhancing resources, developing their skills, meeting other women and building collective capacity. As ehcw is a registered charity, your generous donation will be eligible for a tax receipt.

The Centre offers donors a number of options to continue to support our important work in the community:

MONTHLY GIVING

Our monthly giving program is a safe, secure, and convenient way to put your money to work, automatically, each month. At the end of the year you will receive a tax receipt for the total value of all your donations.

ANNUAL GIFTS

You can make general gifts to support the work of the Centre at any time throughout the year. Gifts will receive a tax receipt subject to CRA regulations.

HONOURARY OR MEMORIAL GIVING

Celebrate a special person in your life by making a gift in their honour, or in their memory. The Centre can arrange for a card with your personalized message to be sent to anyone who you would like notified of your gift.

CORPORATE SUPPORT & FOUNDATIONS

To learn more about the Centre's work and opportunities for contributing and longer term giving, please contact the Executive Director, Sunder Singh, at 416-500-2748 for more information.

BEQUESTS

These are gifts made through your will and are the most common form of planned gifts. You can give a specific piece of property, a sum of money, or a percentage of your estate. It's important to choose the planned giving option that is best for you. The Centre recommends that you consult an attorney and/or financial planner to help you decide and make the necessary arrangements for you to begin your legacy.

GIFTS OF SECURITIES

Donating appreciated stocks, bonds and mutual funds is the most tax effective way to make a gift to a registered charity. Whether you donate cash or appreciated securities, you will receive a tax receipt that is eligible for a tax credit.

GIFTS

Gift cards and care packages

FINANCIAL STATEMENTS

ELSPETH HEYWORTH CENTRE FOR WOMEN

Statement of Financial Position

March 31, 2023

| | 2023 | 2022 |
|--------------------------------------|---------------------|---------------------|
| ASSETS | | |
| CURRENT | | |
| Cash | \$ 108,027 | \$ 197,191 |
| Short term investments | 1,000,000 | 800,000 |
| Accounts receivable | 42,674 | 41,798 |
| Prepaid expenses | 16,524 | 8,504 |
| Government assistance receivable | - | 28,811 |
| | 1,167,225 | 1,076,304 |
| CAPITAL ASSETS | 2,719 | 5,296 |
| | \$ 1,169,944 | \$ 1,081,600 |
| LIABILITIES AND NET ASSETS | | |
| CURRENT | | |
| Accounts payable and accrued charges | \$ 30,836 | \$ 24,261 |
| Loan payable | 35,000 | 40,000 |
| Harmonized sales tax payable | 11,475 | 3,604 |
| Deferred operating grants | 87,928 | 169,872 |
| | 165,239 | 237,737 |
| DEFERRED CAPITAL GRANTS | 1,346 | 2,237 |
| | 166,585 | 239,974 |
| NET ASSETS | | |
| Unrestricted operating | 3,359 | 1,626 |
| Internally restricted reserves | 1,000,000 | 840,000 |
| | 1,003,359 | 841,626 |

FINANCIAL STATEMENTS

ELSPETH HEYWORTH CENTRE FOR WOMEN

Statement of Operations


Year Ended March 31, 2023

| | 2023 | 2022 |
|---|------------|------------|
| REVENUES | | |
| Fees for services | \$ 307,258 | \$ 304,416 |
| Less : Interpreter fees | (176,677) | (181,954) |
| Net fees for service revenue | 130,581 | 122,462 |
| Grant | 742,720 | 598,849 |
| Donations and fundraising | 38,160 | 68,171 |
| Donations-in-kind | 174,315 | 413,857 |
| Other Income | 34,139 | 20,205 |
| | 1,119,915 | 1,223,544 |
| GOVERNMENT ASSISTANCE | 5,950 | 150,394 |
| EXPENSES | | |
| Administration | 47,499 | 55,427 |
| Fundraising activities | 1,570 | 2,240 |
| Program supplies | 225,035 | 455,818 |
| Professional fees | 30,626 | 10,783 |
| Occupancy | 64,740 | 54,001 |
| Salaries and wages | 592,977 | 503,051 |
| | 962,447 | 1,081,320 |
| EXCESS OF REVENUES OVER EXPENSES BEFORE AMORTIZATION | 163,418 | 292,618 |
| AMORTIZATION | | |
| Amortization | 1,684 | 2,567 |
| EXCESS OF REVENUES OVER EXPENSES | \$ 161,734 | \$ 290,051 |






ehcw
Elspeth Heyworth
Centre for Women

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Centre canadien
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